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## SUMMARY KEYWORDS

monogamy, relationship, monogamous, commitment, polyamorous relationship, polyamory, polyamorous, sleeping, love, people, person, sex, gigi, talk, jealousy, lover, monogamous relationship, sexuality, committed, cheat

## SPEAKERS

Jay, Jimmy Carper, Gigi, Michelle

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### Jimmy Carper 00:09

The following program contains language or images of a phrase or a sensitive nature which may be considered objectionable by some listener discretion is advised. Oh yes you tuned into after hours are continuing tradition on KPFT Houston 90.1 FM. The crew of after hours is ready to bring you news, interviews and music geared for gay, lesbian, bisexual and transgendered people. Hear it after hours, we may be diverse, but we have one thing in common. We are all out of the closet and urge everyone to come out of their closets. That means standing up for yourself, taking responsibility for your own life and being proud of who you are. Realistically, we know not everyone can do that because of a job or frame of mind. That's okay. We're here for you too. So sit back, relax, and enjoy this week's edition of after our. Hello, Houston and welcome to after hours queer radio with attitude right here on KPFT Houston and keos College Station. Bryan. I'm Jimmy Carper. And with me tonight are

### Gigi 02:20

Michelle and TG

### Jimmy Carper 02:24

from finance. It's a binary night, folks.

### Gigi 02:30

Yeah. Do you have a special show lined up tonight?

### Jimmy Carper 02:33

Oh yeah, we got last night. We've got Jay in the other room trying to figure out how the hell

G

Gigi 02:42

we're gonna do polyamory. Yeah. And

J

Jimmy Carper 02:47

what's probably Amarin

G

Gigi 02:49

it's when you have more than one lover.

J

Jimmy Carper 02:51

Oh, okay. Okay. Okay, and

G

Gigi 02:55

talk a little bit about just the whole polyamorous bisexual. We're also gonna talk a little bit about what's coming up at BiNet.

M

Michelle 03:07

And we're gonna just kind of talk about different relationship patterns in general like the differences between polyamorous and monogamous relationships what are what are reasons for people having each

J

Jimmy Carper 03:20

monogamous? I hear that you tried to get somebody to come on as is very pro monogamous and couldn't find anybody.

G

Gigi 03:33

It's very difficult.

03:37

So didn't want to stay up that way.

**J** Jimmy Carper 03:41

Oh, I see. Okay. Okay, so while we're getting together, let's go to a piece of music or two. I've got something set up right now that I've been playing for a couple of weeks. It's not out yet. I mean, this is this is from England. And it's new Boy George offers his forthcoming album called cheapness and beauty. A wonderful just, I mean, is that a great album name or what? And it's it's actually a cover tune. But I think you'll like his version. It's called one time Oh, yeah. That was by by living color. And oh, here we go. Here we go. Okay, we're on and before that, of course for George with fun time off of his soon to be released album cheapness. And

**M** Michelle 04:42

I was just upset to look at the album cover and see that he cut off all his hair. Yeah.

**J** Jimmy Carper 04:45


But he's still wearing a lot of makeup.

**M** Michelle 04:48

I guess it's okay then.

**J** Jimmy Carper 04:51

Yes. And speaking of androgynous before we get into what we're going to talk about. Has anybody seen wig stock? Yeah. Oh, it's great. It's great. And I went out and got the album. So we'll be playing selections later on. So what's the stuff about monogamy and

 05:14

polyamory? Yeah.

**J** Jimmy Carper 05:17

polyamory I can't get used to this word polyamory.

**G** Gigi 05:21

Well, basically, we picked it up at the last conference, we went up to a North Carolina term, because I never liked polygamy, polygamy or Well, yeah, I

**M** Michelle 05:35  
mean, that's kind of sounds like you're married to like five different people.

**J** Jimmy Carper 05:39  
That's a bad connotation. You're doing something bad.

**G** Gigi 05:42  
And all the other terms are so long, it's hard for me to pronounce them. I can do them, but I can't pronounce. But anyway,

**J** Jay 05:55  
polyamory really just means having many loves totally poly many and Amory meaning love. So that, that I think is more in tune with our philosophy of being able to love more than one person at once.

**J** Jimmy Carper 06:10  
Why don't we anyway? I mean, we love a lot of people in a non sexual way. Oh, yeah. So you're taking it another step forward?

**G** Gigi 06:20  
Yeah, boy, it's like that love is. And sex is an extension. It's where, you know, you become a friend with somebody. And with some friends, it can go a step beyond when all the chemistry is right. And it's like, it can be fun. I look at love relationships is deepening a friendship. And I've always been friends with all my lovers.

**J** Jimmy Carper 06:46  
That helps, you know, you know, that isn't an easy thing to say. But there are a lot of people who are in relationships who really don't want each other.

**M** Michelle 06:54  
Yeah. But the other side happened. Okay, then, like, what about, you know, the people who have like anonymous sex, for instance? I mean, they don't? Yeah, what about it? And I'm not saying there's anything wrong with it. But it's certainly possible to have, you know, a sexual

relationship without being friends with the person and I can't imagine doing it. But

**G** Gigi 07:19

yeah, well, I mean, I've had lots of encounters, and ominously. Sure. And, to me, I mean, there's different types of sexuality. You know, there's raw meat of things. There's romantic sex, and then there's, you know, get it offset. You know, the hardcore raunchy, do it till it drops, literally. And then, and then there's this whole gamut in between, I mean, there's s&m there's BND. There's, you know, I know many times I like to become a little kid in the bedroom and get out squirt guns and just play fun, you know. And polyamory

**J** Jay 08:11

is just another way to express love really, is kind of the thing is, at least for me, and oh, I'm Jay, by the way, I guess I didn't introduce my

**J** Jimmy Carper 08:25

headphones. Yeah, we have string, Michelle, Gigi. And Jimmy.

**G** Gigi 08:30

The other side of it, too, is that, you know, one person can't give you all these different types of sites. Or at least I've never found one person that can give you everything you know? And so what do you do start cutting all these little aspects out that you enjoy, because you meet someone you like, and they want you to be true to them? Well, what

**J** Jimmy Carper 08:55

most people do that I think

**J** Jay 08:59

depends on what you want. I mean, some people want just one person and just want that one special person in their life and to know that they are that one special person, special person, if you know, I'm saying, but for other people, I'm just, you know, thinking of myself. For me, it kind of makes me feel freer to be friends with other people even. And yes to love them. Not necessarily physically. But I'm just thinking, you know, the first couple of relationships I've had were monogamous, excuse me, and which is all well and good, but then, especially the first guy dated he was incredibly jealous. And I'd go and talk to people and just got to talk to guys and get out. Oh, what were you doing? What were you saying blah, blah, blah. And so I kind of felt myself putting a wall between other guys so he wouldn't get jealous or so other people wouldn't think or et cetera, et cetera. And now that I have this polyamorous relationship, I don't

feel that constraint. And so I feel comfortable hugging and even kissing other people and not thinking, what are other people going to think? Is this a sexual thing? Et cetera, et cetera? Sometimes it is, but you know, sometimes it isn't. Okay, so no more ways to love.

M

Michelle 10:28

So how would you answer the critics like critics who would say, Well, you guys are just trying to find a way around, you know, standard morality and that monogamy is the way it, it's the natural way and that, you know, there's people out there who will who will say to you that, you know, we get married and you're violating, like, the, the sacred way things are

J

Jay 10:53

sacred, or whatever, those people but one thing I would like to say is that, you know, for a lot of people well, I guess for most people, you know, monogamy equals commitment, right? You forsake all others and cleave into this one person. Um, but it's not necessarily true that non monogamy equals non commitment. So, you know, people think, okay, you know, polyamorous you're not monogamous, that means you're not going to be committed to anybody, that means you're just having empty sexual encounters. And that's not true. You can have a commitment with somebody, a, you know, a very deep commitment, and still want to have, um, you know, maybe she just want to have casual encounters on the side, maybe you want, you know, for a lot of bisexuals, they'll want a boyfriend and a girlfriend or something. So, you know, and you can have two commitments, you can have three commitments. I mean, if you think about how many friends can you have? You don't necessarily have to have one why, you know, just one lover, but

G

Gigi 12:03

one thing I find, it's it, you know, the number of people I see cheating that are supposedly in monogamous relationships. You know, I just see a real problem there. The other problem I see is that, you know, I see a lot of marriages where people are doing things out of sincere duty. And, you know, the love someone that got lost along the lines, and they do everything together. You know, that's like, what happened to life?

J

Jay 12:35

We're having to doing something because you enjoy it. Yeah, person. That's another thing. Yeah.

G

Gigi 12:40

And, but to me, I mean, the way I got into polyamorous relationships was that, you know, well, first of all, I am ADHD, attention deficit hyperactivity disorder. And this, it's real hard for me to focus sometimes. And I'm also I also have some dyslexic. And one thing that I discovered was that I have a different way of seeing the world. And I have a different way of expressing myself.

And I found that, you know, when I was really trying to, you know, I tried monogamy a couple of times. And I found it was so narrowing. And I always seem to get people upset, because, you know, I'm pretty expressive things pop out before I realized that said it, like, Ooh, look at that guy. And it's like, you know, I was really trying my best, you know, that's still look at people. But I was honest about it. And it seemed like, you know, the jealousy factor, I never could understand it is like, you know, I thought I was, I like people to experience life. I like to experience life. And it was just really difficult for me to understand how a lover could be that, you know, after a while, it felt like they possessed my genitals. I had no longer did that all of a sudden, my body was not mine anymore. And to me, sexuality is a spiritual experience in part, or it can be when you connect with the right person. Like, we have this. When, whatever it is, we get out of touch. I thrive on it, you know, it's like whether it's sexual touch or intimate touch, or just friendship touch. It's like, I don't want to restrict that. It helps me a lot. And I think that's one of the things that kind of led me towards polyamorous relationships. The other thing is that I am very androgynous. And it's like, I find that I like people that are best have both male energy and female energy. It's sometimes hard to find that one person, one of each. But one of the most spiritual woman masterful experiences I've had was when I had a male lover and a female lover in the same bed at the same time. And it was like, all of a sudden, it felt like they were making love to each other and channeling it through me. And there's this male energy, and they were making that to me. It's just all this energy started moving. It's just an experience. It's hard to describe. I mean, it's

M

Michelle 16:06

interesting. Actually, I had an experience kind of like that a few weeks ago, where there was like, I'd never really done anything like that before. And I ended up I mean, it wasn't really, I wouldn't really call it like a very, you know, a passionate experience was more a very sensual kind of experience. And I had, I was with a man and a woman who were married for about eight or nine years. And I mean, it was like, you know, it has really changed a lot of a lot of my views on things just because I've seen, I saw how much they loved each other. And still, you know, we could have, I could be with them for this one night, and we can have this experience. And it was, I mean, it was really nice. And then the very next day, I watched this, I saw this Geraldo show on the radio on on TV, and there was this, this this man, you know, he's like, Oh, you cheated on me this, you that and all these people are fighting over? Over, you know, and she's like, Nah, you know, I cheated. You cheated on me, you cheat on me, and that they're just, it seems like they're wasting so much energy because their partner, like, did something for pleasure while they were away. And instead of like, enjoying that, being happy that their partner had this pleasure, and then they like, Oh, you did this? And I wasn't there. And then, yeah, we're gonna think what what do you think of these emotions come from? When people do that is jealousy? I can I can relate to the jealousy. Because I mean, I feel that too. Sometimes. It's like the fear of that you're gonna lose this person. I mean, it's a very real fear that like low.

J

Jimmy Carper 17:36

It's not exactly something that they did. It's a fear within yourself.

J

Jay 17:40

It's you more than the other person.

G Gigi 17:44

But I think that's partly stems from we live in a society that is so geared towards monogamy and marriage, and commitment. And supposedly, everybody's going to practice this. And the thought is that, you know, the viewpoint from that direction is, well, people are going to leave me and go to somebody else. It's either or that you can't have.

J Jay 18:14

Yes, once again, the either or, yeah, she's one of the,

G Gigi 18:18

but with polyamory, you can have both. It's not like you have to leave anybody. You can have everybody you want. But the other side of polyamory is that everybody assumes that there's no commitment to anybody. That's true. Yeah. And

J Jimmy Carper 18:35

themes. That

G Gigi 18:36

way, it seems that way. But there, the commandment is just based on more of what love really is. It's not based on who's going to poke who, when and where it's more based on how you feel about another person, and that you trust them and you're going to be there for them. And that you're going to make a commitment. And it has all the elements that are really important in any relationship, that you're going to communicate with them that you're going to and I think it opens the lines of communication even more, because you're honest about everything up front.

J Jimmy Carper 19:16

Now on the other side of the coin, funny we should be talking about this monogamous and polyamorous situation. I went to a wedding wedding this evening. Oh, wow. Man, two men, James and Charles, who wanted to they're very, they have deep religious views. And actually, they have been a couple for nine years. And they are completely devoted to each other and wanted to have this ceremony and you know, and Charles is a crossdresser a gay crossdresser. So, Charles was in the wedding dress and James was one of the groom's persons was a female. I mean, it was it was a wonderful event once the groom was crying from the very beginning and all through. But I've known these people for a long time, and they have deep



religious views. And they, they do want this commitment to each other. And they want to, I mean, they want to have the ceremony to show all their friends that they really mean it and all this kind of stuff. So there's got to be a place for that too.

G

Gigi 20:36

Oh, I'm not against monogamy, and I'm not against marriage. I'm all for it. But I think there should be more than one option. Ah,

J

Jay 20:45

yeah, I think the thing is, at least for me, I get kind of cynical, I get very cynical, actually, if you had said something to do about it earlier, that a lot of people who advocate monogamy and say, oh, yeah, you should get married and have just your husband and just your wife and that's it. Then they go out and they sleep around all the time. I mean, good heavens, guys, televangelists who've been doing it for heaven's sake. But um, and the thing is, that's the only quote unquote the only option we have is to be monogamous. And so these people who can't really fit into it, then they're going on and they're, you know, they're cheating. And that's the thing I have nothing against monogamy. I think it's great. If you want to make a commitment to somebody fine, just do it. You know, if you want to make commitments, you're only going to be with that one person. And that other person is going to make a commitment to you. That's wonderful. That's beautiful. And you know, I think it's I think it's fabulous but all too often what happens is someone says yeah, sure, and then they go out and cheat. And so that's why I choose to be polyamorous because you know, I think well, I don't know could I make that commitment? You know? Maybe yes, maybe no? But this way polyamorous if I'm upfront with it, I think you said that some up front with from the beginning then, you know, there's no problem. I mean, at least not that I see of course I don't know that's that's that's my take on the thing. I have nothing against monogamy. It's just I don't like when people say yeah, let's be monogamous and go out and cheat. I don't know.

M

Michelle 22:32

televangelists. The thing I don't like most is that it's not it's not that monogamy exists. I mean, I feel that monogamy is definitely a viable option for people and then it's a very you know, wonderful option it's an option I might choose in the future but I just don't I just don't necessarily believe that we should make that the only choice I mean that people and people who are polyamorous who have relationships and are upfront open and honest about having multiple relationships. I mean, they're not harming anybody they're not you know, it's not like because they're I've heard people say like, they're, you know, polyamory is destroying the moral fabric of our society. And I mean, that's just the All they're doing is just simply loving each other. And I don't really see anything wrong with that or how there can be something wrong with that.

J

Jimmy Carper 23:23

We have someone who's holding on and wants to talk about the pro side of monogamy. No, no. When I left when I tell you press number one

when here when I tell you press number one

 Michelle 23:48

Yeah. Hello, hello. You're on the air now,

 Gigi 24:00


we lost them all the lights are off.

 Jimmy Carper 24:02

Okay. Okay. The lights are supposed to go off when you nothing. Okay, let's we try calling back. And we'll try that one more time. Again, no.

 Gigi 24:18

Okay. Anyway, on the other side of polyamory that I've discovered is that I mean, to me, sexuality is it's always been something non possessive. It's something in the way I've always defined it. It's an extension of friendship. It's a way of sharing. And that's kind of an important concept. I mean, it's not that you give in it's something that you consume it and it's all gone. It's not that you You have can take it anywhere. It's not something you can store away someplace and hoard. It's something that's free and sharing.

 Jimmy Carper 25:12

Okay, let me share with another I'm sorry, I'm sorry, I didn't mean to interrupt you back. Yep. Let's try this one more time. Okay, two

 Jay 25:20

buttons lit up. What do I do?

 Michelle 25:30

Although we sound all professional

 Jimmy Carper 25:40

Leslie, yes. Hi, you're on after hours.

G

Gigi 25:46

Wow, this is great. This is the first time I've ever been on the radio. Okay, and basically the point that I just wanted to make in that, I think that a lot of young gay and lesbians are getting this mixed message, where a lot of older people are telling them that it's really cool to have one relationship and stay in one relationship. And then there's like, a mainstream culture or whatever, that's pulling them different ways. And trying to tell them that having sex with a lot of partners at once is okay. And I don't really think that that is necessarily bad for them. But I think that it, it also raises a lot of like, emotional questions like, well, am I sleeping with this person? Because they're giving me something emotionally? Or am I just sleeping with someone because they're not giving me what I want in this relationship. So I'll go find somebody else that can supplement that part of the relationship. Terrific point. And also, and also, I really think that in order for people in order for especially straight people, I mean, even gay people need to get this message, that that we need to like, be less. I mean, this is gonna sound, this is gonna sound horrible, because I don't really mean to offend anybody, but for anybody, but for straight people to get the message that we are, like normal people, and that we do have, that we do have relationships that lasts, I think there needs to be a trend of more relationships actually laughing, or the stereotypes that continue to plague and continue to, to say that we're less than human because all we do is sleep around, then I think that the the message needs to be sent out, that staying together is cool. And that, and that being a couple is cool.

M

Michelle 27:48

Absolutely. I mean, there's, this is one of the things I feel is a major problem within the gay community is that so many young kids come into the gay community, they don't know where to turn, they don't know, they're scared, they just been thrown out by their parents. And basically, the only thing they see that they can have is sex. And they see that, and they just end up, you know, having 10s and 10s and hundreds of lovers and it's just, but it's just empty sex. The we're talking about is more of

J

Jimmy Carper 28:19

having a you do get something from from different partners. The other the other side of that is, is that since we're not allowed to have legalized relationships, you know, like marriage or anything, it's kind of hard to get the point across. I've had a relationship with one man for 17 years.



28:41

I'm very, very, very proud of you.

J

Jimmy Carper 28:44

It's like, how did I have to how do I how do I let people know this? You know, because I



**G** Gigi 28:53

write but I also think that it causes a lot of confusion with, like, your psychological. So to to be having sex with people all at the same time. I think it raises a lot of questions. Something to the tune of if you're not with the one you love, love the one to win. I think part of it, I think that it raises so many questions that you're actually having sex before you can think about all these questions, and you can process all these emotions.

**M** Michelle 29:25

Oh, no, that's, I mean, that's definitely a trap that you can fall into. I mean,

**J** Jay 29:29

I was gonna say that I thought you raised a very good point about I think one thing monogamy does tend to do is, you know, I don't really want to force people to stay together, you know, despite everything but you know, when when you get married, and you have this legal bond, which is one thing that heterosexuals have over us. Well, that Well, I was gonna say,

**G** Gigi 29:52

when they happen to have it over us, we wouldn't really have to do

**J** Jay 29:55

No, I mean, I'm saying Do they have a legal bond of marriage that It read gays and lesbians don't. But you know, when you have this bond that, you know, you're going to stay together, then you tend to work your problems out. Whereas I think, you know, as you were saying a lot of young people well, and old people too, I mean, let's, let's be realistic here. Um, they tend to okay, they're with somebody, and oh, yeah, I'll love you forever, whatever. And then the slightest little thing goes wrong, hey, you fold your towels wrong. And then I'm out of here. And they don't try and work through their problems. And that that is a problem.

**G** Gigi 30:30

But are you saying that it would be better to have all these relations simultaneously than to try to work out the problems? And

**J** Jay 30:40

I'd like to clarify what I was going to answer. I was going to answer her and say, No, absolutely not. See, the thing is that, that polyamorous relationships aren't necessarily like that. I mean, I know my relationship, which is a polyamorous one, is not like that. And I'm deeply committed to Gigi. But um, you know, we also have the option of seeing other people. But that's kind of

what we're saying is that commitment is what's important, I guess, that I think we can all agree on commitment to somebody is, is very important. If you commit to somebody, you know, then then you should stay committed. But monogamy is not necessary. That's not the only form of commitment, I guess, is what I'm trying to say. But I do agree that commitment is very important. And you should stay together and work your problems out if you are going to stay committed to somebody.

G

Gigi 31:29

Let's go say for clarification, there is a difference between polyamorous relationships and swinging or just going around? Because you don't have that sense of commitment with someone. Yeah. But But how is it different though? Because wouldn't the two people or the three people or whatever that you are involved with? Wouldn't they have problems with? Like, like, sharing you? Are the

J

Jay 31:58

if I if I make Can, can I get personal guarantee? Sure. Okay, Gigi, and I have a relationship a polyamorous relationship, right? We are very much committed to each other. You know, I love him, he loves me and I sound like Barney. But and, and, you know, if we have any problems, you know, we talk, and we agree to stay together and work things out if anything major comes up. But at the same time, I know that, that I would really like to have a girlfriend too. You know, and so maybe I'll have a girlfriend and have a serious commitment with her, and Gigi, and then that'll be it for me. Or maybe I decide, you know, gosh, this, you know, hip chick shirt is cute, let me go swinging or whatever, you know, maybe I can go out and have a one night stand. And Gigi understands that I'm not rejecting him. I'm not saying there's anything lacking in you, maybe I'm just bored, you know, Gigi is in New York or something like that. But um, you know, so if there really has to be an open, you know, connection here, like the

G

Gigi 33:11

other side to sit when Jay goes out and makes love with another person. She's bringing in a whole new set of experiences back to our relationship afterwards, that we would not have otherwise. And it brings in a whole new dimension. To us. I mean, it's like, you know, I know I've learned a lot of for better loss of better words, sexual techniques, fun things to try out. Because I've been able to sleep around with a varied number of people and try out a lot of different types of things that I wouldn't never have experienced in a monogamous relationship. And it's like, you know, unfortunately we don't we live in a very sexually repressed society we don't get I mean, our sex ed is very mechanical. Boy meets girl they stick it together and but they don't really get into love romance, the playing squirt guns swinging on the swing set, or anything that you want to do. That's fun. Yeah, and it's like, you know, there's things I've picked up just by being with people and doing it that you don't really get out of a textbook. But you really don't feel any emotional regrets or, or, or just, you don't feel uncomfortable knowing that your partner is sleeping with someone else. None of that when you when you agree to become a couple that you're not totally committed to each other that you're actually have Share it like, Well, I mean, I guess a way to put it would be that my girlfriend and I, we are committed to each other. But it would make me so angry if I found out that she was sleeping with someone

else. Because she has. It was like, it's like she has made a commitment to me. She is saying that she wants to be with me. And I think it would be like a slap in the face to know that maybe she didn't really want to be with me, if I found out that she was sleeping with someone else. I don't think that I don't think that I'm not saying that a polyamorous relationship is necessarily wrong. I'm just saying I don't really understand the psychological aspects of it. Being able to let your partner go and sleep with someone with this something so sacred in itself, and then say, well, well, I'm really glad that you did that. Thank you for bringing that into our relationship. I don't know if I if I could actually be that receptive

J Jay 36:05

to it. It ain't easy. But I, I must say, I used to always think that I wanted to be monogamous to and I always thought that's, you know, what I wanted is this commitment. And, and then I met Garrett and, and I met Gigi and you know, so we started having this polyamorous relationship. And I tell you the first time I found out that he had slept with somebody else, I mean, here I am trying to be all open. Yes, I did feel jealous. But the thing is, I wasn't I wasn't jealous, so much. I was just afraid of losing him. I was afraid that he wasn't going to want to be with me anymore. And so that's part of our commitment is that, you know, yes, he does want to be with me, I do want to be with him. It's kind of the old adage, you know, if you love somebody, let them free if they come back, and they're yours. If they don't, they never were. And you know, so so your commitment with your girlfriend says that. And I'm assuming here that that, you know, you're not going to be sleeping with other people. Or, or even

G Gigi 37:07

or if one of us did. That would be like breaking, breaking, I guess a vow or a commitment. It was it would be more about breaking commitment and, and being able to patch the relationship back together in spite of that. But I think that's I guess a difference because up front we had agreed to be polyamorous Yeah. Whereas y'all have agreed upfront to be monogamous.

J Jay 37:35

But it's, you know, so. So that's kind of that's kind of the difference, I guess. And

M Michelle 37:40

I guess, I guess the point that Lisa was I'm trying to make is that is that there's so many different ways to have relationships. I mean, you can have a monogamous relationship, you can have a polyamorous relationship. And I mean, definitely, I mean, if I've never really been in a polyamorous relationship, but I'm sure if I was I'd have a lot of jealousy to get over. And I don't know if I, maybe it's not for me, maybe it is. And we're not trying to say that polyamory is necessarily for everybody or that it's like, something you should have to do or that it's better than being monogamous. We're just trying to say that it's like it's a valid lifestyle for certain people who happen to enjoy that particular kind of relationship.

G

Gigi 38:21

Like one thing on jealousy. And I think, one it's an interesting dynamic because a lot of times what's causing the jealousy isn't because somebody slept with somebody. It's because timing was bad. You agreed to be with somebody and they got hurt because you're like somebody else relationship. Or because you're, I think a lot of jealousy is based on fears and fears. It's not really based on behaviors as far as sexuality. Thankfully, don't think that sex is tied to commitment at all.