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SPEAKERS

Sarah DePalma, Dee McKellar, Speaker 3, Elizabeth Richards, Speaker 1

 Elizabeth Richards 00:01

It's nothing dead about this radio. You ready? Okay.

 Sarah DePalma 00:06

Hi. Hey, Dee you there?

 Dee McKellar 00:07

Yeah, I'm here.

 Sarah DePalma 00:08

All righty.

 Dee McKellar 00:09

Hey, information on HCDA.

 Speaker 3 00:12

Thank you.

 Dee McKellar 00:13

All right phone number 4058000 Ask for Tom

 Sarah DePalma 00:24

Okay.

 Dee McKellar 00:26

And but but you don't have to call. It's an informal group. If you just show up at the meeting, we meet Tuesday nights between 8 and 10. At Suzanne Anderson's office.

 Sarah DePalma 00:40

Oh right there in Westheimer.

 Dee McKellar 00:42

239, Westheimer.

 Sarah DePalma 00:44

Everybody. They all be all find that with their gay flags and the blue and white signs.

 Dee McKellar 00:48

Well, I think the flag blew down in the wind in the wind a week ago to [INAUDIBLE] a dirty bookstore.

 Sarah DePalma 00:55

Yes, Suzanne, we'll put that flag back up and hurry, I guarantee.

 Dee McKellar 00:59

Anyway, we're there every week. And there's no dress code or anything. Just come and talk about what's bothering you.

 Sarah DePalma 01:08

Cool. I forgot that you were then you went to HCDA. Thanks a lot. I appreciate that.

D Dee McKellar 01:12

Okay.

S Sarah DePalma 01:13

So KD, thanks.

E Elizabeth Richards 01:14

So Dee I do a reasonable job of explaining it? Or do you need for you?

D Dee McKellar 01:17

Yeah, okay, cool.

E Elizabeth Richards 01:19

I mean, I figured since you know, better than either of us, why don't you explain it? But if I've done a good job, if everybody's happy, great.

S Sarah DePalma 01:27

Okay, Dee you Thanks a lot.

E Elizabeth Richards 01:28

Take care.

D Dee McKellar 01:28

Bye.

E Elizabeth Richards 01:29

Bye.

S Sarah DePalma 01:30

See, we do have listeners out here. They're paying attention. So okay, now there I am. Because

See, we do have listeners out here. They're paying attention. So okay, now there I am. Because we're a nonprofit station. I don't guess we can be giving private therapists names. But there are private therapists that do a good job. And I would think that if you contacted the Montrose counseling center, they could give you referrals to private therapist here in the city.

 Elizabeth Richards 01:51

If you contacted those three support organizations, I'm [INAUDIBLE] sorry, I did it again, contact those four support organizations, I bet they could help you with referrals there too.

 Sarah DePalma 01:59

I would suggest though, that you interview the therapist a little bit.

 Elizabeth Richards 02:04

Daunting.

 Sarah DePalma 02:05

You know, you have a right to go in and ask questions of the therapist, find out what their qualifications are, find out what they know. Are they going to attempt to cure you? What background do they have? Are you the guinea pig? Do you know? I mean, how-.

 Elizabeth Richards 02:21

I'm going to be teaching them?

 Sarah DePalma 02:22

Yeah, you know, ask some questions. If you're gonna pay 85 to \$110 an hour for some kind of therapy. You have the right to ask some questions before you say yes, I want this as my therapist.

 Elizabeth Richards 02:33

Well, this is a relationship between two people. It's not one sided. You don't sit there and listen to the therapist and keep your mouth shut. She didn't hear she didn't sit there and listen to you. This has got to be a working relationship. And if you can't work together, you might as well find that out before you spent the money.

 Sarah DePalma 02:47

That's right. That's right. All right. Let's give a couple of political organizations a one of them is the organization which I chair, and it's called, It's Time Texas. And It's Time Texas is a transgendered political lobbying organization. And if you've been regularly listening to the show, you already know what we do. So I'm not going to spend a whole lot of time on it. But if you'd like to reach us, our address is 6726 Hendon H-E-N-D-O-N. And that's Houston, 77074. Ok, so that's 6726 Hendon, Houston, 77074. And that's for Its Time Texas.

 Elizabeth Richards 03:27

Remarkable. She never had to look at that sheet to get those numbers out.

 Sarah DePalma 03:30

I can't imagine why. Now, the other political-. Well, it's not really political, but it's the other large transgender group here would be the International Conference on Transgender Law and Employment Policy. You're not going to remember that. So just write down ICTLEP. I-C-T-L-E-P. Okay. ICTLEP. That's the group that is headed by Phyllis Frye. And they can be contacted at 5707 Firenzy. F-I-R-E-N-Z-E-Y. That's Houston, 77035. Now, when we say- tell you, if you're going to call the International- if you're going to call the conference on Transgender Law, please don't call they're expecting to get free legal advice.

 Elizabeth Richards 04:15

It's not what it's there for.

 Sarah DePalma 04:16

That's not what it's there for. If you if you are looking for information for referral for an attorney, they can certainly try and help do that for you. But they they can't give legal- they can't give free legal advice. If you'd like to hire an attorney from them, it's a little different. But the what the Transgender Law conference does is once a year they put on a conference as implied in their title. And they bring in people from all over the United States and literally from all over the world. I was gonna say that and they discuss issues of travel relating to Transgender Law and employment issues.

 Elizabeth Richards 04:52

Or more than discussed. They they are trying to set policy-

 Sarah DePalma 04:56

Well they're actually helping formulate it. That's-

 Elizabeth Richards 04:58

Yeah, yeah. And they've done some really wonderful things.

 Sarah DePalma 05:01

We went, we went to Austin on behalf of the name change law, a law that would help to speed up the process for legal gender change identification. and ITCTLEP actually drafted the bill. But then It's Time Texas did the lobbying because ITCTLEP is a tax free organization and can't do that. So you can see how the two organizations can work hand in hand on this. Yeah. So I again, I just thought I would pass that along. The Transgender Law Conference, does a lot of research work. They do a lot of work on behalf of the community, but please don't call they're looking for free legal work. That's not what they do. Okay, let's talk about some national groups.

 Elizabeth Richards 05:37

Okey dokey.

 Sarah DePalma 05:38

Okay. Now the first one I want to talk about is Renaissance. And since Beth is a former member of Renaissance, I thought you might want to do the talking.

 Elizabeth Richards 05:47

Oh I can talk a little bit about that. Okay. Renaissance is it's a group that began as just a local group and it's kind of spread. They've they've gotten friends in various places, and it's more or less now national group. They're a support and educational and social group. For anyone in the transgender community. You don't have to be transsexual, crossdresser, whatever, they'll just, you know, they're accepting of anybody. They keep a fairly reasonable library of information. And they're, they're perfectly willing to share it. So you've got the numbers in front of you want to let people know how to contact them.

 Sarah DePalma 06:24

Yeah, I wanted to talk a little bit about the person about JoAnn Roberts.

 Elizabeth Richards 06:29

Okay, JoAnn Roberts was the one of the founders of Renaissance. Kate Bornstein was another one of them.

S

Sarah DePalma 06:37

I didn't know that.

E

Elizabeth Richards 06:37

Yes, she was. She lived in Philly at the time when Renaissance was founded. And she is one of the original members.

S

Speaker 1 06:43

I'll be darned I learned something new all the time.

E

Elizabeth Richards 06:45

Yes indeed. And I think there were five original members to begin with. And Joanne has been very, very active in the transgender community for several years. Now. She's, in fact, gotten so active in it that she quit her day job and began a publishing organization called Creative Design Services, and they publish books, tapes, magazines, just about anything that you could need as far as information they've either got it or no who does.

S

Sarah DePalma 07:14

That's right now we started by saying we start at the top of show saying that with a lot of this information was available on the internet.

E

Elizabeth Richards 07:20

That's true.

S

Sarah DePalma 07:21

And Renaissance certainly has a webpage. That's one of the best ones.

E

Elizabeth Richards 07:26

Oh I'll tell you once JoAnn figured out that whole internet thing. Nothing stopping her, I'll tell you.

S

Sarah DePalma 07:31

Okay, let me if you've got the pin there, first of all, it's called Renaissance. And you can go to

the dictionary and look how to spell it. It's it's Renaissance, their mailing address is 987 Old Eagle School Road. Okay, that's Old Eagle School Road, Suite 719, Wayne, W-A-Y-N-E, Wayne, Pennsylvania 19087. Or if you want to call them, their number is area code 610-975-9119. Now Renaissance is primarily based in Pennsylvania, Delaware, Maryland, I guess in that general area

 Elizabeth Richards 08:15

The Delaware Valley was the first area and it spread out in that area.

 Sarah DePalma 08:20

And I was looking though I see now that they have they are affiliated with other groups.

 Elizabeth Richards 08:25

While they have they have I'm not sure exactly their terminology, but they have different chapters, which are actually part of Renaissance. Lower Susquehanna Valley is one that handles the central Pennsylvania region, Delaware, lots of different areas. And in addition to that, they have affiliates, which are groups that they work closely with. And that can be well, you've got the list of ages is among them, and all kinds of things. Once you once you go through that list,

 Sarah DePalma 08:52

You're one of the things that I want to say about Renaissance is if you if you get on the internet, if especially if you've got if you have access to the web pages, all you have to do is use your your pointer, whether it's Yahoo, or whatever one of the other pointers would be. And if you bring up Renaissance, it will go directly to it. I mean, you don't have to give all the HTTP stuff. Just use the pointer.

 Elizabeth Richards 09:15

Just go to my page, but I'll tell you about that later. Yeah.

 Sarah DePalma 09:18

And one of the things that I wanted is that they have what's called a who's who and resource guide to the transgender community.

 Elizabeth Richards 09:26

Yeah, it's a book they published and they updated every so often.

S

Sarah DePalma 09:29

Yeah.

E

Elizabeth Richards 09:29

But you're in there, Sarah.

S

Sarah DePalma 09:31

Yeah, it's been affecting I wasn't gonna bring that up. But yeah. But also they are the thing about Renaissance is that they have some terrific publications fact based.

E

Elizabeth Richards 09:45

Yes, they do. They have like I've seen library there. They've got a number of like white papers, just little sheets, maybe two, three sheets that are very factual and cover a lot of the pretty often asked questions. They might be some thing to give to a family member who's got some questions about that sort of thing. They cover quite a lot of bases with that.

S

Sarah DePalma 10:06

JoAnn Roberts is going to be a guest on our show next month.

E

Elizabeth Richards 10:09

Looking forward to it.

S

Sarah DePalma 10:10

I really am, too. I had a chance to meet you when when we were in Washington, DC. And she surprised me I had, you know how sometimes the rumor mills are, I had been led to expect something akin to the dragon lady.

E

Elizabeth Richards 10:24

Ah well I remember once seeing a description of her in the Philadelphia Inquirer on the occasion of the IFGE convention in Philly, where she was described as a main line matron, the main line being like the hotsy thots. He suburbs of Philly. So

 Sarah DePalma 10:39

She's, she's actually very nice. Yes. And she's one of the transgender pioneers in this country. I mean, they're really.

 Elizabeth Richards 10:45

She's really been at this for several years now, and has really stormed through a lot of the things that we take for granted now.

 Sarah DePalma 10:52

Also, if you are a helping professional, if you are a therapist, and you are looking for information, they now have that sort of information available for you.

 Elizabeth Richards 11:01

That's true. Yeah, she works very closely with Dr. Bill Staten. And who is he's been he's been involved in all kinds of the organizations that that work with the therapists all across the country. He's actually the person who are these new therapists who got to figure out how to deal with this. They go to him for the training. And he was the one who as JoAnn's therapists, oh, those many years ago suggested, hey, why don't you put together a support group?

 Sarah DePalma 11:26

Yeah.

 Elizabeth Richards 11:26

And so she did and did it in his office space. That's where they meet. She read off at Old Eagle School Road address, and it was just nostalgia all over again. And so they've they've got the connections into that aspect of things as well.

 Sarah DePalma 11:42

You know, a related organization sort of, is AEGIS.

 Elizabeth Richards 11:46

Well, Aegis has a very interesting history way back when you wanted to find out about transsexual information. Back in the 60s, you contacted a group called the Erickson Foundation. And they have since folded up their doors and they passed all their resources off to I can't

remember the name of Sister Mary Elizabeth's organization now, but she held on to that stuff for many years, distributed information all through the mid 70s, and even into the 80s. And I think it was in the mid to late 80s, where she passed that information off to AEGIS because she was getting too much involved in the AIDS, information distribution and couldn't do it anymore. So AEGIS has now picked up all the archives that have been around in the transgender community all the way back to the 60s. It's probably the longest stretching single archive anywhere in the world on the subject.

S

Sarah DePalma 12:35

I am preparing some research for Sheila Jackson Lee's office relating to transgendered hate crimes. Yeah. And Dallas Denny who runs AEGIS, I had asked her if she could please upload me some information. Instead, she sent me four discs. I mean, she must have sent me most of the archive. And it is just incredible the amount of history and background that AEGIS has.

E

Elizabeth Richards 13:01

Oh yeah.

S

Sarah DePalma 13:02

I didn't know anybody was collecting it.

E

Elizabeth Richards 13:04

They've been doing it all the way straight through since the 60s in one organization or another that send it up as AEGIS.

S

Sarah DePalma 13:10

It's really amazing. Now one of the things that AEGIS does, first of all, they publish a terrific magazine.

E

Elizabeth Richards 13:15

It is excellent.

S

Sarah DePalma 13:16

It's called Chrysalis Quarterly, or Chrysalis or Chrysal. I guess it's Chrysalis.

 Elizabeth Richards 13:21

Chrysalis, yeah.

 Sarah DePalma 13:22

If you are looking for information, factual information about doctors, hormones, surgery, whether you should have it whether you shouldn't have it, who's doing a good job, who's a butcher? Yeah, the mornings.

 Elizabeth Richards 13:35

I mean, they got it all oriented more towards transsexuals than then the cross dressers, but they're supportive of that too. So there's really not an issue there.

 Sarah DePalma 13:43

Yeah. And they've they're very politically active. This is it's interesting. Dallas Danny is who runs AEGIS, very interesting when we were doing the boycotts of the Human Rights Campaign fund. At Dallas Denny was the first one to arrange a boycott in in Atlanta.

 Elizabeth Richards 13:58

Atlanta, yeah.

 Sarah DePalma 14:00

She's good friends with Becky Wilson's good friends with law conference. And yet she does. She does great work for the community. The address is it's PO box 33724 Decatur, D-E-C-A-T-U-R, Decatur, Georgia 30033. Now, I want to tell you a story about Dallas Denny and AEGIS just to show you exactly how this can work. We had a situation a couple of months ago where there was a transgendered person that was in jail and that we're going to put this person in the male jail.

 Elizabeth Richards 14:38

Oh, that would have been not so nice.

 Sarah DePalma 14:41

No, not so nice and cut her hair to a crew cut because that's what the rules were.

E Elizabeth Richards 14:46

[INAUDIBLE] I comes near my head mentioning crew cutter.

S Sarah DePalma 14:50

So I contacted Phyllis Frye at the law conference said Do you have any information about that we can use and Phyllis said well, no we don't. So I contacted Dallas Danny, and I sent her a fax and I said, Dallas, I really need some help. What do you have? In less than two hours Dallas Danny had uploaded a whole series of files having to do with transgenders in jail, and allowed us to go back down to the jail with hard information, say, See, you're wrong. Now, there aren't a lot of organizations that would respond that way or that quickly. Oh, yeah. And I was tremendously impressed with that. And, you know, it's, it shows something to about how our community has become cohesive on a national basis. When I can call from Texas get the leader of an organization in Georgia on the phone, and she can get me information in two hours. That wasn't possible two years ago.

E Elizabeth Richards 15:40

Yeah.

S Sarah DePalma 15:41

You know, and a lot of organizations didn't talk to one another.

E Elizabeth Richards 15:44

There's been a lot of movement towards communicating last couple years. I remember the Congress of Transgendered Organizations was founded about two years ago, in an attempt to bring them all closer together. That's only been one of the efforts that's that's helped in that. But there's been there's been a lot of growth. Now in all the organizations.

S Sarah DePalma 16:03

Oh, AEGIS does have a webpage as you might expect. And they also have a very good section on transgendered resources. I strongly recommend their magazine Chrysalis Quarterly. I really do. I think \$36 For year, yeah.

E Elizabeth Richards 16:18

Yeah it isn't cheap. I have not yet subscribed because of that. But every issue I've seen has been just excellent. Yeah.

S

Sarah DePalma 16:24

On the other hand, it's a glossy magazine. It's very readable, and the articles are very well written.

E

Elizabeth Richards 16:29

Absolutely.

S

Sarah DePalma 16:29

There are there by national resource people. So I- Dallas has not asked me to write for them yet, but since she's gonna be on the show next month, I'm gonna hint to her. I'd be glad to do an article for you just that would be that would make me feel pretty good. Okay, next one we want to talk about is IFGE.

E

Elizabeth Richards 16:48

International Foundation for Gender Education. Yeah.

S

Sarah DePalma 16:52

Now, IFGE is another organization that's made a big change in the last year.

E

Elizabeth Richards 16:57

They've been around long time and they've they've they've about a year and a half ago. We're in a position of transitioning their leadership, and it's really showed up this year that that's happened.

S

Sarah DePalma 17:09

IFGE, a lot of people may not realize that there are national get togethers. Absolutely. And IFGE sponsors several of those, I think that just had one in Atlanta.

E

Elizabeth Richards 17:20

They have they have their big one, and it's the biggest of the of the strictly well, okay, of the types of conventions there are. There's the ones that are sorry to say this, but more or less dress up parties in IFGE. Is that, and and well, no, they held they held a conference along with that, that that has a lot of good information. In fact, I saw a presentation there, document [INAUDIBLE] surgical techniques and the environment that he does them in as far as like, when you get checked into the hospital, when you get checked out of the hospital where you go from

there, that kind of thing. All that information was available as the conferences that were held at the IFGE convention. That's pretty big convention and that travels different cities every year. It's very expensive. I wouldn't have gone had it not been, you know, in my hometown, and I didn't require-.

 Sarah DePalma 18:09

I went to it when it was held here in Houston, because I couldn't afford to fly anywhere else.

 Elizabeth Richards 18:12

Yeah. Yeah. But there are people that thrive on that kind of thing. And so this is for them. Yeah.

 Sarah DePalma 18:19

It's got its own kind of social structure. One thing that they do, though, IFGE puts an excellent magazine called Tapestry.

 Elizabeth Richards 18:28

Yeah, it's well, it's not called Tapestry anymore.

 Sarah DePalma 18:31

No, what is it called now?

 Elizabeth Richards 18:33

It's right there.

 Sarah DePalma 18:33

Oh, it's not called Transgender Tapestry. Thank you.

 Elizabeth Richards 18:36

I actually, I think they're trying to phase out tapestry, and eventually it will be just called Transgender.

 Sarah DePalma 18:40

One of the things I like about Tapestry about Transgender Tapestry is in the back of the magazine, there is a complete listing of national and local resources for all kinds of stuff.

 E Elizabeth Richards 18:51

Well, the way the magazines laid out is the first part of it, which is probably about three quarters of it really, is articles, letters being written in the sort of normal things you see in magazines followed that by a huge listing of local support organizations when I was in Philly, and I needed to figure out okay, I'm moving to Houston, who do I talk to? They had names and addresses in there of the people in Philly to get at least contacts and I got the tax contact and called and sure enough, hooked up with people. And without that resource, it would have taken me considerably longer could have been done just would have been harder. And then the back part of the magazine is just covered in personal contacts. If you need somebody to talk to you want to start up a pen pal. This is a great place to do it.

 S Sarah DePalma 19:37

Yep. It's a well written magazine. Again, factually written. I've written several articles for this magazine the past, Phyllis has written several articles for them. They draw together people, the national figures from around the country, but also they do articles on local people. It's excellent. The other thing that IFGE does, I have GE has a person that is associated with them but called Dr. Sheila Kirk. That's true. And they put out some terrific videos, as well as books, as well as books. They really do. They put out some excellent videos. Again, if you're looking for factual information about hormones that I don't think about the one about how to work with your voice and make your voice.

 E Elizabeth Richards 20:19

Yeah, I think I'm not sure that's Melanie Anne Phillips, who's who does that and I know she sells them on her own. I thought that you could also get them through AEGIS and IFG, but I'm not positive about that.

 S Sarah DePalma 20:34

Let me be let me give you the the I have first of all the Transgender Tapestry is available in bookstores here in Houston.

 E Elizabeth Richards 20:41

Yeah, it's really well known it's you can find it in some bookstores not necessarily even the dirty bookstores. You can find it in mainstream like-.

 S Sarah DePalma 20:48

— on a crossroads books right over here carries the mind I've seen it in there yeah.

 E Elizabeth Richards 20:51

I've known an awful lot of people who think well you know, the only place I'm going to find information about this this horrid awful things and dirty bookstores no not true.

 S Sarah DePalma 20:59

Oh no. The the bookstore in Alabama that's in the theater I can't think of a crossroads bookstore bookstore also carries it anyway, it's not cheap the magazines 12 bucks an issue?

 E Elizabeth Richards 21:10

Well, it's glossy, it's thick. It's got you know, it's it's well produced.

 S Sarah DePalma 21:15

Yeah, it's worth the money if for no other reason than the resources make it worth the money. You can recontact IFGE at PO box 2292 Waltham math that's W-A-L-T-H-A-M. Waltham math, and their zip is 02154 or if you want to call them on their phone number is area code 617-894-8340.

 E Elizabeth Richards 21:42

I guess to contrast them a little bit with the Chrysalis Quarterly is where Chrysalis Quarter quarterly is much more aimed at the transsexuals the Transgender Tapestry is much more aimed at the cross dressers as well as the transsexual so it covers it covers the whole spectrum much more so than then Chris was quarterly does.

 S Sarah DePalma 22:03

Yeah, yeah. Now, we don't want the female two males to feel like they're left out. They're not and they're not. And one of the things that IFGE is is in and ages two is guilty of is that 99% of their information is going to be geared for male to females. They're trying to correct that. I've talked to Dallas Deany about it in the past, they know that's a problem. But as it sits right now, if you are a person that is female to male, transsexual, you're probably not going to find a lot of information through IFGE or through AEGIS. We have the solution.

 E Elizabeth Richards 22:40

That's true. And I think, Well, there's two solutions. One is what you're about to mention. I think that if you come across information, make it available that would help because it's hard to dig

this stuff up when you're starting from scratch.

S

Sarah DePalma 22:53

One of the peoples is one of the guests that I am taping in the next couple of weeks. His name is Gary Bowen, and Gary it runs the American Boys Network, which is a female to male organization. And Gary, it was I think we'll have some more resource information for us then. But in the meantime-.

E

Elizabeth Richards 23:11

There you go, turn tune in then.

S

Sarah DePalma 23:14

Yeah, in the meantime, there is an organization called FTM International. Now this group is run by a man named Jamison Green. Now, if that doesn't ring a bell with you, Jamison Green, wrote the law in San Francisco that provides transgender protection.

E

Elizabeth Richards 23:30

I remember that one.

S

Sarah DePalma 23:31

Jamison Green, I met him here at the Transgender Law Conference, a very, very impressive person. This is called FTM International. Now one of the things about FTM international that I like that's that's a little bit different. Is they are putting together a history in oral a history of FTM's very cool, which I think is Yeah, I think it's long, like seriously overdue

E

Elizabeth Richards 23:55

Well it goes all the way back to the turn of the century.

S

Sarah DePalma 23:59

They have an excellent bibliography section. And, more importantly, they can provide you with resources and how to find FM's in your area. When I went to I was getting ready to do one of the shows here, I called 11 FTM's here in city, Houston, they all turned me down. And none of them knew one another. Which I thought was fascinating. None of them knew the others existed, which I thought was kind of sad. And so now FTM International is trying to correct that.

Gary Bowen's group American Boys is trying to correct that. But they are more regional type organization, I think. So I would strongly recommend FTM International. I'm looking I know they have the address here. And I'll be darned if I can find it.

 Elizabeth Richards 24:46

By the way. If you mentioned Ingersoll yet?

 Sarah DePalma 24:48

No I'm gonna get to that next.

 Elizabeth Richards 24:49

I was gonna say last time knew the guy that was running FTM is from Ingersoll.

 Sarah DePalma 24:54

Oh, I didn't know that.

 Elizabeth Richards 24:55

Yeah.

 Sarah DePalma 24:56

Okay. FTM International. There we go. Their address is 5337 College Avenue number 142, Oakland, California 94618. So that's 5337 College Avenue. Number 142, Oakland, California 94618. And they are run by James Green. So yeah, Ingersoll is next. That what a leader. Next on the list? Is it? Why don't you explain a little bit about what Ingersoll is?

 Elizabeth Richards 25:30

I honestly don't know that much about it. I've seen them. They're based out of what is it? Seattle?

 Sarah DePalma 25:34

Seattle, Washington.

E Elizabeth Richards 25:35

Yeah, I've seen I've seen a number of people posting from that area who've got wonderful things to say about it. But I personally haven't had much involvement with them.

S Sarah DePalma 25:43

Ingersoll is primarily an information center.

E Elizabeth Richards 25:46

Yes, they are.

S Sarah DePalma 25:47

I don't think they do surgery there.

E Elizabeth Richards 25:49

They don't do surgery there. They do have a support group. And they refer people off to other areas.

S Sarah DePalma 25:55

Now, I was looking through here. And if you're getting on the internet, use get on the web, and ask for Ingersoll Gender Center on your pointer. And it comes right up just as smooth as anything. They have one of the best bibliographies of good books to read that I have ever seen. Excellent. I mean, it's just I've got eight or nine pages of books, you know, transgendered stuff that came up off the web?

E Elizabeth Richards 26:20

I'll tell you my grandmother, right? When I came out to her said, well, being the book is type C is what books can I read, and I didn't have lists like that. And I wish I did.

S Sarah DePalma 26:30

One of the books that I think is still available is called the Uninvited Dilemma by Kim Stuart.

E Elizabeth Richards 26:35

I've heard it's wonderful. I've just picked up a copy of I like it, I'm going to send it up to her.

S

Sarah DePalma 26:39

There are parts of it that I have some political problems with. But but as as the source book, it's excellent. Kim Stuart, the Uninvited Dilemma is that certainly one of them. And that that's right at the top of my list. But one of the things that as I was looking through your bibliography here, it just, I mean, anything you want to know, hormones. He's where to find other books, how to get a hold of organizations. I mean, the list just goes on and on and

E

Elizabeth Richards 27:07

Well, you know, that's something about all of this. It's this interconnected web, once you got one hook in, you find that they've got pointers to other stuff, when well, they've got pointers to other so pretty soon, it's not just one, you've got zillions of resources at your disposal, and you can't get started. That's the hard part. Well, I hope we helped you get started.

S

Sarah DePalma 27:27

Why don't you talk about your webpage? Because then from there, I don't want to go to some music.

E

Elizabeth Richards 27:30

Okay. Well, where do I start? For those people who are getting in with this Information Age stuff, which is getting to be more and more available every minute, it looks like and you know, I've beginning to see HTTP mentions, which is the Hypertext Transfer Protocol, which is what the World Wide Web uses on things like commercials on television I saw on what's that downtown Houston newspaper, The Chronicle. Yeah. That one, the local downtown one that's that serves the Houston. Oh, yeah. The Press. Yeah, the press had has now got our advertisements in it, where people are advertising their web page at the bottom. It's like, oh, this is getting to be entirely too common. Well, close friend of mine, Julie Case has a web server set up. And she has one of the most extensive web pages of information that I've seen anywhere. And you can get to her stuff@julie.pond.com. And then her name, Julianne, because it's a user, you put a tilde in front of it. So the whole thing comes out http colon, slash that says, hey, this next thing is a machine name. julie.pond.com/and, then oh, it's a user see putting a tilde and then Julie and slash and that's her to get to me, the only thing you do different is instead of putting that Julie at the end, you put the tilde and then you put B Richard all one word PRI ch ARD and I've got that very boring page when you first get in there that I give to potential employers with my resume and all that junk. But if you want to get to the interesting part, put in a slash out slash at the end of that. So now reads tilda b Richard slash out. And what you find there is a couple of articles and that coming out letter that I read earlier, and, and more full description of the kind of events that run around it. And also a large list of bookmarks that point to other people's pages. AEGIS is in there. See? Renaissance is in there. All kinds of stuff in there. Where are we going with this?

S

Sarah DePalma 29:36

I should definitely talk about the page and well, okay. And it has what are called links.

E

Elizabeth Richards 29:42

Yeah. Okay. The idea behind World Wide Web is that it's a library file. It's a file. It's not like a conversation or anything like that. And you can you can load that file into your computer and you have a special program that interprets it. And the this hypertext language stuff that it's written in, allows your computer to display, display it in a way that looks good to you. And among the text will be underlined sections that are highlighted. Well, those are places that you can click, it might say, and you can see the coming out letter on and the coming out letter will be underlined, and it'll be in blue where the rest of the text is black, you put your mouse and then you click, and suddenly, now you're looking at the coming out letter. Some of the cool things about it is it's, you've probably if you've got a computer, you've probably seen this kind of thing in the help files that come along with various programs. But the interesting thing about the web is it's not just on the same computer, it's not just part of the same file, you might click on that and get something off a computer in Australia, I mean, clear across the world. And you can you can find yourself bouncing around from one resource to another and learning things in minutes that that had taken you years before. It's just amazing. And, and being the information pack rat that I am, I every time I find something that I really enjoy, that's new, I grab what's called a bookmark of it, which means that I keep a local copy of the link the how to get to that information. And I've got a whole page for them includes things like activism, web resources, and local support groups and people who are on the net who are out. And like I said, got a whole a whole page full of stuff here. And with with the information I gave you about finding my page, you can get to these others. There's also other things on the net, besides just the web. There's something called Internet Relay Chat. Now I mentioned all this from the internet point of view of all the commercial services like CompuServe, Prodigy, Genie, AOL, all that stuff, they've got the same thing. But it's more limited to just their own users, whereas the internet is everybody. So the way the Internet Service Provider prices are coming down, now, you're gonna see more and more people having access to the internet. One of the things on there that I've really had a lot of fun with something called IRC Internet Relay Chat. What that is, is unlike where you get this static page that pops up, when you click this cool link pops up a little window. And you can talk with other people who are sharing the same channel. And what a channel is, is just a group of people. And there's one called pou- all the channel names start with the pound sign. That's what does it shift for think shift [INAUDIBLE]? Yeah. And so there's one called pound crossdress. Imagine what that's about?

S

Sarah DePalma 32:34

Let me see.

E

Elizabeth Richards 32:35

Let me see. So if you can find if you have access to IRC, and you know, ask your service provider about how to get on IRC. It's not that hard once you get on IRC, type join while you're all the commands start with a slash a slash join, which says, hey, I want to get on a channel and you tell it pound crossdress and soon you'll find yourself even at this hour, the night I bet

you find 2030 people on there gabbing away about one thing or another and these are people who pretty much know where to find stuff that says after all they found there. And if they don't they know somebody who does and there have been people there who I've seen four or five years running who hang out there and so they know the community pretty well. If you have access to IRC it's also live you type in Hello there return and all those people who are assigned to that channel see that Hello, their pop up on their screen at the same time.

 Sarah DePalma 33:32

There's also where it called newsgroups. Yeah. I'm sorry, go ahead.

 Elizabeth Richards 33:37

We quite get out of there. I wanted to mention the other one, which is pound transgen.

 Sarah DePalma 33:40

Oh, that's right.

 Elizabeth Richards 33:41

Yep. So there's there's crossdress, which is actually the older of the two. And that tends to be a little more chatty, and transgen, which is a little more, let's get down to business. Yeah. So depending on what you want, popping those two places, other things come and go. But those two seem to always be around. And like I said, there's people there 24 hours a day. If you've got a computer and you needed somebody to talk to you they're there. That's right, are there. newsgroups is is another main way of getting information around across the net. news groups are these bulletin boards you hear about you'll post a message somebody will reply to it doesn't happen real time and happens. Maybe overnight, somebody will pick up a message and have something to say and come back to it. There's there's a couple of them. Now there's alt dot transgender or is it transgender?

 Sarah DePalma 34:29

No, that's right alt transgender.

 Elizabeth Richards 34:30

Okay. Unfortunately, I don't have any use [INAUDIBLE].

 Sarah DePalma 34:34

Support transgender.

E

Elizabeth Richards 34:36

SOC soccer, soc dot support dot transgendered d at the end. And both of these are good places to get information too. And these are more of an exchange on a on a letter by letter basis.

S

Sarah DePalma 34:52

There's soc support transgender tends to be more serious, whereas the all transgender tends to be more chatty and crossdresser oriented. Okay, that That's essentially the difference.

E

Elizabeth Richards 35:01

I haven't had newsgroup support since I've been in Houston. So I haven't been able to get on there.

S

Sarah DePalma 35:06

I usually don't use it because I don't like getting flamed. But that's another step.

E

Elizabeth Richards 35:09

Well flaming is very prevalent in all of us men, these groups, it doesn't matter what you're doing, you're gonna see that and that's basically where somebody says, Well, I think a, and somebody responds back with well, you're crazy data. And so those are best ignored. You know, if you think a and somebody wants to flame you ignore them and wait for the real response, because it'll come.

S

Sarah DePalma 35:32

Well, I hope that we have helped. I hope that we have provided some resources that we have helped. I get so many calls and letters from people who say, well, but you have all this information and you don't share it. Not true. We have shared it. Okay, with that in mind, we're got about five minutes left here for about four minutes. I think we're gonna go to some music in Sarah. Do we have something queued up over there?

S

Speaker 3 36:04

[INAUDIBLE]

S

Sarah DePalma 36:06

— Yeah, you're on you are now.

 Speaker 3 36:07

Yeah. There's somebody in here talking had to kick them out. No, we really don't have enough time for a lot of music because I wanted to mention, Coronation.

 Sarah DePalma 36:18

Yeah go ahead.

 Elizabeth Richards 36:18

Very good.

 Speaker 3 36:19

Not only is Coronation back, we were back out today in the Martin Luther King March.

 Sarah DePalma 36:25

Yay.

 Speaker 3 36:26

And we got tremendous. I mean, the response was all positive. There was one woman that she was she was about to say, boo. And there was this woman beside her like, you know, that's not what we're about here. And it was just, it was great. Everybody was like, yeah, hey, you know, it all kind of stuff. And we were just out there with our big ol' banners and stuff. And it was great. I mean, I, I'm just still kind of high. From the whole ordeal of you know, being in there.

 Sarah DePalma 36:52

Well how do people reach QN?

 Speaker 3 36:54

Well, we're actually going to have a meeting on Monday nights at the Montrose clinic at seven o'clock. And that said, 215, Westheimer. And that's, well, if you go to the meeting, you'll find out more about, you know, QN, and stuff like that, and what we're doing, but we're also going

to mention that we're gonna have a take back the streets for a candlelight vigil for Fred Mangione the guy was that was killed in Katy. And-.

 Sarah DePalma 37:24

I was one of the people that work with Scott and arranging the first one for Paul Broussard.

 Speaker 3 37:29

So hopefully, we won't, you know, how should I put this, I mean, we're probably going to have some more take back the streets, hopefully, on different issues. Getting tired of, you know, always doing these memorial things. But I think it's important for us to go out there and show that, you know, we're mad, and we're not just gonna stand there, and let people get away with something like this. We're gonna-.

 Sarah DePalma 37:53

I'm working with Sheila Jackson Lee's office. She's talking about having congressional hearings on hate crimes. And I've been working with Sheila Jackson Lee's office to make sure that transgenders get included in that. And I think that that's probably going to happen. If it after hearings actually take place, that will be a big plus, that really will. I also, before we wanted to go, before we left, I wanted to say that the Lesbian Gay Rights Lobby is going to be holding meetings here in Houston, on the 15th, and the 16th, at Bering Memorial Church, and I will be there on the 16th talking about transgender issues, and how they relate to the LTR route. So I believe those meetings start at seven o'clock in the public can certainly, they're not just invited, like they would like really like you to show up for real. So please do.

 Speaker 3 38:40

But ultimately, I mean, let your voices be heard. Yeah. You know, if you're the person standing on the sideline, and you're always saying, I wish they do this, I wish I did it. Go up and, you know, give your info. And don't be the one who says I can't do that. Right. I mean, yeah, yeah. Even if you can't understand some people that are in the closet and this and that. But you know, you can give support in so many ways. Because I tell a lot of my friends you know, if you don't march with us today, well yesterday, you know, go out there and stand on the sidelines. You know, be supportive in any way you can. Here

 Sarah DePalma 39:12

Here you go. I agree with that. Yeah. That's been fun.

 Speaker 3 39:16

Well, thank you for having me over.

S

Sarah DePalma 39:18

Oh I sort of felt like this is the froggy and Beth show tonight with my with my horrible voice. But I'm glad that we did this. Hope we get to do this again.

E

Elizabeth Richards 39:25

I'm looking forward to it.

S

Sarah DePalma 39:26

And before we head out, we always go out with our traditional ending here. And this is a quote from Eddie Hoffman. Just remember when good behavior becomes repression. The only dignity free people have is to speak out. Good night, y'all.