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00:06

Okay, if you're back, I'm back. We have Karen Rhonda here from the Montrose green community gardens. And you can connect with someone from the community garden it 5261305 I believe, probably machine and you can even name number if you're interested in volunteering. And remember, that's a three hour shift once a month on a Sunday afternoon sometime. And the garden is located in the Montrose. So if you're nearby, that'll be real convenient. No, thanks. No, thanks. I have my limit tonight. I've been offered food. Um, one of the things that we talked about before, I like the sign language. One of the things Yeah, you see him when he gets going. One of the things that we talked about when when we talked about doing this was why do you do it? What what what is it that prompts you to do this on a day to day basis that to put this together to go out there and dig around? And and to reach out to the community and say, Here we are, we need to help? What what prompts you to do this?



01:12

Yeah, I'd love to answer that. I do it and I started doing it. Because I saw that if people were in relationship with the earth, and sustained by it, then they're gonna protect and guard the earth and not allow it to be wasted. So I did this initially to get people in relationship with our planet. Because really what more natural way to have people realize our dependence on the earth and to take the food from the earth that we grow ourselves. And why else I do, it is out of a stand that people are fed, with all the empty lots in Houston, enough food will be grown so that Houston wipes out hunger. And it's the most basic need that people have. And when that need is met, then people can be free to make a difference themselves in their families, or their neighborhoods, or their communities or their jobs. And when kids are full and fed, they can concentrate on school and enrich themselves in the place they live. And that's the future of our cities, you know, having people be fed. So they don't have to do whatever other troublesome things they're up to, to get food. And I also do this to train myself, because now I'm an urban farmer. But you know, I mentioned New Mexico, Oregon, and I'm gonna farm there one day, and this is kind of like my ag one on one course. And also, I'm committed to contributing to my community, wherever that is, and to having people be a part of the community. And they can have that out of participating in the garden. So by working in the garden, volunteers get related and learn how to grow their own food, and they make a difference in their own city, Anita, and that's what lights me up about doing the garden. And what keeps me going when it's



02:53

hot. And sweating is Diane would say, Cool, hey,



02:57

I totally support what Karen just said, I very much am a big believer in service to the community and feeding, helping to feed the homeless and hungry out there. And it's really funny, but the way I came into this is totally opposed to just wanting to get into it. Because I had known about gardening, I had never gardened anything in my whole life. And what happened for me was is my whole life I'd had really bad allergies. And through a very long process after doing years of shots and a lot of different things. I just really wasn't willing to live a life like that anymore. And it started going on my own path through more and more holistic means of trying to get healthy. And I went to a great place in Chicago called the Himalayan Institute, where I studied vegetarianism, and macrobiotics and yoga and a lot of things in juice fasting, and I really learned the importance of organic fruits and vegetables. A lot of people the reason why they have allergies is because we live in a world especially when you live in a big city, where there's pollution, there's pesticides on our fruits and vegetables. You know, a lot of times one on the run, we don't tend to eat, you know, the best food we could find. So all these things over years and years build up and our immune system breaks down. And that's how we develop allergies. That's how we develop all the diseases that we can potentially get. And so what happened for me is, is I started getting over my allergies. And once I had totally gotten rid of them, I wanted to teach other people that so I started being a holistic nutritional counselor. I started teaching juice fasting, and started teaching classes through leisure learning and how to get rid of allergies. And I know the importance of organic vegetables and I also know that there are a lot more expensive than the pesticide ones at the store. So I thought well, how great would it be to learn how to do that so I can teach people you know how to have them for themselves how to grow them. I mean, everyone who lives in a house has a bad yard, a small little plot of land could make for an incredible amount of fresh vegetables. So that's kind of how I got into it. Karen had the idea. And I just saw how it could really fit into my life really well.



05:13

Great. Well, that's sitting here talking, we had a caller a while ago that asked about how to get in touch with you and the words out of his mouth was, I'm interested in organic gardening. So I'm sure there are people out there who are interested in learning more or participating for a myriad of reasons that you just gave, or maybe just selfish want to get out and get sweaty kind of reason. Anybody would be welcome. I'm sure. You made me feel real welcome. And I'm glad to add you to the people that I know and friends that I'm I have and I'm looking forward to coming out there to welchen Whitney, to work at the garden. Some Sunday afternoon. We were talking earlier while you guys were listening to the song about me coming out there tomorrow. After a show tonight, I don't think so. But soon I would love to come out there. I'm one of those people who would do it for a myriad of reasons, but mostly just to get dirty. Because what's something you just can't do in civilized and polite society is get dirty? That's right.



06:19

Gardening is very, very satisfying. After you work out you're out in nature, even if it is in the middle of a city street. You just feel so great. I mean, it's so incredible to watch something go from a seed to a whole plant that yields 15 different pieces of vegetable.



06:37

Well, I I've personally liked getting dirty because I like the feeling of shower after I get dirty. There's to me, there's just no no feeling like it. What I'd like to do is go to a song to have Can we go to something or we're gonna go to our PSA or new gay and lesbian switchboard PSA, then we'll do a station ID. And we'll come back at you and visit a little bit more with Ron and Karen. And then I want to do a couple of things. One of the things we're expecting is some people to call about 115 No, but one o'clock any minute. And later we'll talk about lesbian say sex, maybe we can keep Rondon Karen around to talk about lesbian safe sex. So we'll see you in a few minutes.



07:25

This is a point of pride a minute of gay and lesbian history. In December 1981, the gay and lesbian switchboard of Houston went online to give out information and referrals within our community. Over the years hundreds of volunteers spent 1000s of hours answering questions or providing a sympathetic ear to some people who just wanted to talk to another gay or lesbian person. The switchboard acts as an information center for gay and lesbian visitors to Houston and a referral source to organization social groups and medical and business professionals call the switchboard at 5293211 Any day from three until midnight for more information or specific questions. 5293211 This has been a point of pride, a public service announcement from the gay and lesbian switchboard of Houston proudly on the line for you since 1981.



08:26

streets without fear.



08:30

In 1987 over 650,000 lesbians, gays, their families and friends converged in Washington DC for four days of lobbying, celebration protests and remembrance. It was the largest civil rights demonstration in the history of this country. On April 25 1993. We will march again. This is Deborah Bell, the National organizer of the 1993 march on Washington for lesbian, gay and bi equal rights and liberation. Join us in the nation's capitol as we take a stand against discrimination and make a call for justice to find out more call 1-800-832-2889 You know, Bobby



09:38

We can't seem to get along the way we did before. I dreamed I saw Lucinda Williams walking towards me on the sidewalk

towards me on the sidewalk.



09:55

As she approached I could hear her singing for my portable radio And I was happy these big red big red, Big Red



10:21

dreams and echoes Wednesday evenings from 10 till midnight here on KPFT Houston



10:31

Okay, we're back. Did we do a station ID or is that my job? Oh gosh, I don't even have the paper. This is KPFT World Radio after hours no, not World Radio.



10:41

This is KPFT Houston.



10:43

Okay, Houston. That's that's an ink thing or trademark thing. That's why we have to say it that way. We're old radio all radio



10:50

stations have to say where their their their call letters and the city that they're in some time between five and five after the hour to an FCC ruling father went the TV beep Wow, that's it's one o'clock, isn't it? Right?



11:06

That's right. It's one o'clock. That means in 15 minutes, we're gonna go to this way out. But in the meantime, I want to finish up here with Karen Rhonda, we talked a little bit Am I on? I can't hear myself because I don't have my Okay. Okay. Okay. Karen Rhonda, because I told him how long it would be before we actually started talking about lesbian safe sex, and they had to be up pretty early. So we're gonna let him scoot out of here and invite them to come back sometime in the future. Is there anything last thing you'd like to say before we say goodnight and read your promo info before you leave? Anything else?



11:45

11:15

Yes, thanks for asking, we want to tell you about the exciting project that we have going on tomorrow. And tomorrow, we are going to be putting in a watering system for the garden. And this is something that we have worked long and hard to get. We've been getting donations, we've had a lot of different great sources for donations. And two of the sources have been the enchanted Garden Restaurant in West Alabama, and Whole Foods Market on Sheppard. And these, both of these businesses show they're committed to making a difference in Houston by allowing us to put our jars in there. And we thank them very much. Between those two and a couple of other individuals, we've been able to get the about \$250 that we needed to put in a watering system that will make a huge difference for the amount of time it takes for us to get our, our garden taken care of. Especially during the summer. We're going to be out there tomorrow from 930 to one. And we're hoping to get a lot of volunteers. So please come by and lend a hand or just come by to say hi and put your name on our list for some future weekend to get involved. And we hope to see you out there



13:03

great. I hope to be out there. We not



13:09

actually if not tomorrow sometime soon. Yes.



13:11

I would like to come out there if it weren't Yeah, if it weren't if it weren't for doing the show. And after I met the show I I wind down at the local at the local Charlie's restaurant till about five and then a crash it's about six o'clock and by the time I get up it's well after one or two so so I take it pretty easy on the days after I do the show. It kind of shortens my weekend because I sleep away most of Sunday morning but it's fun and it's fun to sit here and meet people like yourself. These these women are from the Montreux screen community garden and you've been listening to Karen and Rhonda you can reach the community garden at 5261305 Remember that song on Sundays three hour shift once a month over in the Montreux so whilst and Whitney come on by. Okay, um, I want Did you did you? Did I tell you what I wanted? No, you didn't. I didn't tell you what I wanted. I would like to play Elton John. Oh, the one that's a



14:12

little ad lib talking here while I get it out and then put it



14:15

in. Did you hear the latest? Have you heard the Branch Davidian jokes? No, no, no, no, no, no, no, no, no, no, no, no, no, no, no, no, I thought that was you did that last night on esoteric adventures? They were Yeah. Well, that's the show you should listen to the branch of

Indian jokes. There's something I wanted to read out of a book that I really enjoy. It's called lesbian look lists. I book a look at lesbian culture, history and personalities by Dale Richards who wrote one of the finest lesbian books. It's called the woman, the woman the lesbian. Darn. I can't remember the name of it. She wrote a fine but yeah, she wrote. Yeah, really? That's an idea. I could read. I could check in the back. But this book is a book of list of just about every possible lesbian list you can manage to come up with and some of the great ones are five lesbians who married gay men. 18 actresses who appeared and drag a that's cool and drag Barbra Streisand didn't Yentl, Julie Andrews and Victor Victoria, so it's an interesting book and what I wanted to read to you was 10 lesbians in the fight against AIDS. There's Katelyn Ryan. She's the co author of AIDS and public health challenge. There's arnaz writer she co edited the book age the woman, the women carrying Norse northward Z, North worthy. One of the many women fighting the battle for AIDS at a local level. She ran for San Francisco AIDS Foundation food bank for five years. Suzanne Gage, is a feminist healthcare advocate since the 70s. She's the co founder of the women's Aid project in Los Angeles. Carolyn Jonas has been an activist for 20 years. She's involved with act up. And Elizabeth Harrison is the president of the American Association of Physicians for Human Rights. Oh, I'd like to meet her seventh and eighth our Chateau Morton and Skye Renfro. These two women raised \$8,000 for AIDS organizations in the first year of the MS leather contest. Dana Garza. Garza has been fighting the aids since 85, when she started local support groups for people with AIDS. She's headed AIDS education programs and created bilingual hotlines for AIDS information. And Virginia, you Uribe, founder of Project 10. She's been working for six years to get accurate aids information and public schools. She does workshops for teachers and about agent about homophobic stereotypes. So there are 10 lesbians who are in the fight against age and in a few minutes, we will we will discuss some of that some of that subject with age and women and safe sex and lesbian sex. Right now we're going to go Jimmy's already back here as matter of fact, he's tapping his foot. And we're gonna listen to the one by Elton John, and this is for Chris.



17:29

Okay, that was a sped special dedication, the one by Elton John, this is Jimmy, you're listening to after hours a continuing tradition on KPFT Houston, 90.1 FM. You know, I think I've talked about this before, how the programmers here all work together. Well, you know, I've just got a whole bunch. I've got three things here. I want to play tonight that programmers from other programs have here and KPFT have given me and said, hey, you've really got to play this on after hours because this is the type of thing that your your listeners need to hear. The first thing I want to do is buy a group and because it's a group called really read a Houston group, it's an album that they put out quite a while ago. It's called teaching you the fear and I want to play the title song because it's got special attention for the gay and lesbian community. So really read teaching you the fear



18:37

all right, really, teaching teaching you the fear. Oops. That's like I said, that's an older one of their older ones. I think they've got some some newer stuff out, you might want to check that out. Some good stuff coming up is this way out. And this week, we're probably we're gonna play at all. It's got an eight minute news wrap and it's talking about all kinds of things and including cake kGA why has temporarily temporarily gone off the air and we want to hear about that. And I've got several segments, short segments that are of interest to us, including one

that has a queer duet of enough is enough. Remember that old two by Katie Lange and erasers Andy Bell. So I'm anxious to hear what that sounds like. And there's another segment talking about Margie Adam coming out of retirement and performing and recording again. And of course there they talk about the march on last March on Washington, where one of the CO anchors of the festivities is Kay Kay Clinton that that will be That'll be exciting that she's gonna you know if anybody knows about Kay Clinton and her comedy, it's a really keep it going. Then it's going to end up with the producer of the recording together proud and strong the official anthem of the March on Washington. So lots of short, interesting segments for this way out. So let's get to it.



20:39

A Wilmington police officer who arrested one of the Marines testified Lance Corporal Patrick CARDONE asked How bad is that bag that they took to the hospital? Maybe we'll get lucky and he'll die and back here. I listened to his to Andy Bell and Miss Katie Lange.



20:53

There will be a million gay and lesbian people in town at this concert Saturday night. I expect to lift the roof right off.



21:01

People assume that as a feminist I'm going to do a lot of anti male humor. I don't really know him that well to make make jokes



21:23

Welcome to this way out the international lesbian and gay radio magazine.



21:26

I'm Hal. And I'm Greg Gordon. Yoga status stymies un consensus early ese T may not catch the worm and unicorn comeback sparks March concert,



21:37

all that and more because you've discovered this way out.



21:54

I'm Cindy Friedman and I'm Brian unit with news wrap a summary of some of the news in or affecting the lesbian and gay community for the week ending April 10 1993. United Nations

Committee on nongovernmental organizations has granted roster status to the international lesbian and gay Association ILGA. The Association had applied for the more powerful consultative status, which would have allowed Elga to speak at meetings of the Economic and Social Council. While the roster status they weren't granted allows Olga only to submit written statements. Although the committee is long practiced consensus decision making, it was unable to reach consensus and was forced to vote on applications by ILGA and Human Rights Watch. Hilgers roster status was supported by Bulgaria, Chile, Costa Rica, Kuba, France, Greece, Ireland, Russia and Sweden. It was opposed by Iraq, Lesotho, the Sudan and Oman with Oman's representative orbita she claiming that ILGA quote stood against all moral and ethical values, close quote. Ethiopia, Libya and the Philippines abstained.



23:08

Minnesota has become the eighth of the United States to extend the civil rights protections to lesbians and gays. Governor Arne Carlson signed the bill into law on April 3, and it will take effect on August 1. The measure adds sexual orientation as a protected category under Minnesota's existing Human Rights Act, which covers areas including employment, housing and use of facilities. However, legislators added a variety of amendments and exemptions. The law does not provide for same gender marriages. It does not provide for affirmative action quotas. it exempts youth organizations, such as the boy scouts from having to accept gays and lesbians in paid or volunteer positions where they would provide counseling or serve as role models. it exempts rentals in owner occupied duplexes and rooms in single family houses, and it entirely exempt religious organizations and church run schools. The state Chair of Governor Carlson's independent Republican Party has warned that Carlson's support of the measure could hurt his chances for a party endorsement next year. The same party's Kandiyohi County Convention voted to censure its state Senate Minority Leader Dean Johnson for making an impassioned floor speech in support of the measure. However, since the center vote, Johnson said his calls and letters have been running 10 to one in support of gay and lesbian rights.



24:24

By a six to two vote, the town council of Crested Butte, Colorado has adopted a policy that includes sexual orientation among the classes protected from discrimination in employment, housing and public services and accommodations. The measure was a direct response to and in direct violation of Colorado's controversial amendment to which 70% of Crested Butte voters were against amendment to now on hold pending an October court hearing would prevent any legal recognition of gays lesbians and bisexuals as protected minorities



24:58

for Denver, Colorado Bay Satellite radio station kGA y, which made its debut in November as North America's first all day, all gay radio station has temporarily left the airwaves, new program director of Viki days signed K gay off the air this way,



25:14

we aka gay have made a major managerial decision And what we're going to do is take a lot of

we and gay have made a major managerial decision. And what we're going to do is take a lot of people's advice, and we're going to do go down for about 10 days. We're going to stay off the air for about 10 days, we're going to be relocating under new management, new ownership. We're just going to start all over honeys. And when we're back on the airwaves, we're going to be staying on Galaxy three, I mean, you Galaxy three transponder 24. At 8.2 megahertz. We're going to revamp kaigi and come back as an all out, break them down at house gay radio station. So we'll see you then we're going to go off the air catch you on the rebound. Bye bye.



25:52

one of Canada's most famous couples, Pierre volnay. And Todd Leyland announced this week that they have ended their relationship. Although they're no longer seeking to be legally married to each other, they still plan to continue their court battle to establish legal recognition of same gender relationships in Canada.



26:17

The Canadian province of New Brunswick has extended the full range of benefits previously available to its employees marital partners, to both unmarried heterosexual and same gender domestic partners. The action came in a march 17th memo from the provinces in short benefits manager that redefined common law spouse and took effect April 1, the Confederation of Regions Party has promised to fight the change in the legislature on both financial and moral grounds.



26:44

Craig Pridgen became a vocal gay and lesbian rights advocate after being beaten in Wilmington, North Carolina by three Marines. Those Marines were tried in civilian court this week on charges of assault against Pridgen and two other men. Another charge of assault against a female was dropped. Mark Boyer filed this report.



27:04

One of the alleged victims testified under cross examination there was no doubt in his mind the Marines were the ones who beat him. Cray Pridgen also denied telling anyone that he wanted to get into a fight to gain national media attention. Bridgen also denied instigating the fight. A Wilmington police officer who arrested one of the Marines after the incident testified Lance Corporal Patrick CARDONE became belligerent during his arrest. told us I can't believe I just want to homos. Officer TL green also said CARDONE asked How bad is that fagot they took to the hospital. Maybe we'll get lucky and he'll die. The officer told the court CARDONE said if the President hadn't put the homos back into service, none of this would be happening. Mark Boyer Wilmington, North Carolina.



27:50

March 19 was an international day of protest against the murders of gay men in southern

Mexico. Observances were held in the Mexican state of Chiapas, the site of most of the recent murders, and in Mexico City. demonstrations were also held in Helsinki, London, San Francisco and Los Angeles. La read Latina lesbian, almost throughout the continent, the America sponsored the Los Angeles event, in which demonstrators first rallied in a Latino neighborhood and then marched to the Mexican consulate. There under the eyes of police in riot gear. Demonstrators left a pink coffin and fake blood with a written demand for intervention by the President of Mexico.



28:26

You've heard about the St. Patrick's Day parades in New York City, Boston and San Francisco. But how about the one on the OED sawed in Ireland, gays and lesbians were accepted matter of factly in the main parade in Dublin, where Ireland's President Mary Robinson encouraged tolerance and inclusiveness.



28:46

And finally, you've probably heard by now that Mattel's new Kendall wears an earring but that's only the beginning. The Advocate reports that French designer Billy Boy is offering to anatomically correct male dolls called Rosie Rosie and jedrick, whose fashionable wardrobes include tuxes lined Italian suits, bomber jackets, and ripped biker jeans, complete with accessories from genuine leather belts and shoes to temporary tattoos. But fashion carries a high price tag. Novelist Joe Keenan had an idea about just who might want to shell out anywhere from 760 to more than \$1,000 for the French dolls and why the main buyers are likely to be wealthy gay children, he said, who will then force their GI Joe dolls to take showers with them.



29:34

That's news wrap for the week ending April 10 1993. follows the news in your area and informed community is a strong community



29:43

news wrap is compiled and written by Cindy Friedman. For this way out. I'm Brian newness



29:47

and I'm Cindy Friedman.



29:54

A major European study is raising doubts about early use of the AIDS drug AZT on acent. dematic patients, I'm Deirdre Kennedy. Preliminary results of the Concord study by English and

French researchers suggest that AZT may not delay the onset of full blown AIDS when taken in the early stages of HIV infection. The theory flies in the face of most American researchers who believe that early intervention with antiviral drugs will slow the onset of AIDS by increasing the body's CD for lymphocytes, a key white blood cell that fights infection, thereby prolonging patient's lives. Dr. Paul Volberding, director of the AIDS program at San Francisco General Hospital says the Conchords study probably won't pull much weight with the medical community. Since it was designed in 1987 in 1988, and used AZT in a very limited manner,



30:45

they did something that seemed reasonable at the time, which is to take the only available drug and use it for basically forever. Now, we've learned since then, that any of the drugs that we have, first of all, work only partially against the virus and work only for a period of time



31:04

is EEG has proven most effective when used for three to five years. According to Bob reading, who says the Anglo French researchers use the drug for too long. He says the patient should use a ZTE as long as it's working then switch to DDI or DDC or use the drugs together. Both DDI and DTC have been shown to boost the body's CD for cells. overdoing intends to keep treating patients with AZT in the earliest stages of infection. It's standard practice in the United States to start ADT treatment when a patient's teeth or lymphocyte count drops below 500. The average number for a healthy person is about 1000. But even in the United States, there's still some confusion over how soon to start the drug.



31:46

There are some studies that has supported the use of AZT routinely in people with under 500 CD for cells. There is another study being published now that shows a clinical benefit in people with greater than 500 CD for cells. And then there's the konkret study, which suggests that waiting until people become symptomatic is a better strategy. And until we know more, I think it's probably smarter to continue to recommend treatment at 500. That's in a sense, splitting the differences. Some of the different studies that have been reported,



32:22

the results of the Conchords deady are still only in the preliminary stages. A letter from the Concord researchers can be found in the most recent edition of the British Medical Journal, The Lancet and in San Francisco, I'm Deirdre Kennedy