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## SUMMARY KEYWORDS

call, talk, years, purging, wife, transition, station, fear, number, transgender, houston, cross dressers, meeting, crossdresser, hear, dressing, friend, tats, phone, leave

## SPEAKERS

Sarah DePalma, Jimmy Carper

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00:02

We talked about beginners coming. And I've been member trials now for 10 years. 11 years.



00:11

12 1314



Sarah DePalma 00:13

Oh, come on Virginia, Princeton. Yeah.



00:18

Everybody knows Virginia.



00:21

Ex facilitator, ex treasurer, ex newsletter editor. But nobody, I've never seen anybody badmouth somebody a newcomer for the way they looked or the way they didn't look,



Jimmy Carper 00:33

that's really important. And



Sarah DePalma 00:37

fragile tech point. Yeah.



00:39

Yeah. It's, it's real, good support from that standpoint of view. And we've had you speak about why we've had wives as facilitators of that group, more than one?



Sarah DePalma 00:52

Well, let's, let's talk about some of the letters that we get what's good start with begin? Well, I remember one of the letters that we got here was from somebody up in spring. And I think the wife, I think the wife had talked to you or maybe it was to me, I forget now. But it was a situation where she basically she caught the husband cross dressing in there, done that. Well, that's as good a place as any to begin Sure. Because so many crossdressers start out, it's something that they think is private and hidden. And either they get caught, or perhaps almost intentionally get caught up just to get it out of their system. But one way or another. Now we have a situation where this the wife and says, What do you do? And in my close, so why don't we start at the very beginning and talk to those folks out there, whether we're in spring or in Pasadena, and talk about those very starting crossdressers.



01:47

I've been there, I was caught. 1966 Why my wife came home unexpectedly one afternoon. And the next day back baggage and to my two children was gone. It's a real tough place to be because most of you will get caught. Don't have the answers for why they do a chip. That's right. They don't know. And like you say a lot of want to get caught. They do it on purpose. Don't where they know to get to get it out. And it's very definitely the wrong way to get it out. Sounds very scary. The wrong way to get it out. It's very scary. Yeah.



Sarah DePalma 02:32

And shame extraordinaire. Yeah.



02:35

And unfortunately, they don't, and they don't have the answers. They're not comfortable enough to sit down and talk about it, and bring the issue up and discuss it. And they're not comfortable with themselves. That's one of the reasons that I started HCDA because people didn't have the answers. They didn't know where to go. They weren't comfortable with themselves. And if you're not comfortable with yourself about who you are, how in the hell are you going to tell somebody else? What your



Sarah DePalma 03:01

How do you get them out of the bedroom where they're processing by themselves? How do you get them out of there to the HCDA.



03:08

We our policy is very simple. Everybody's welcome. Dress code is your comfort zone, too. If you're not comfortable dressing yet. Just come as your male self, we don't care. Just come in, talk about what's going on and to see the transition in people. Helen was here last week. Helen lives in Corpus Christi. I remember the first night Helen walked into an eight CDA meeting about four years ago, scared to death, just scared to death was living in Houston, on the verge of divorce from her wife because of the cross dressing and everything else. And Helen's wife is a wonderful lady. I've met her several times, and she's a dream. Once Helen got comfortable with who Helen really was, and went back home and talk to her wife. The cross dressing wasn't a problem. It generally most of the time is not the problem. We just most men think it's the problem. But it's not. Once they get talking about issues, the frustration is doesn't even come up. They're just so many other things. Because I know I was there for a while I was married for 13 years. 11 years before I told my wife and I had the best defense in the world. I was an angry sumbitch excuse my language. That was it. Whenever things didn't go my way. I got mad. Here's my defense. I didn't have to make any excuses. I just got mad. Boom that was it. And it's amazing after I worked up the courage with a lot of help and a lot of people to tell her what was really going on. autolyse been wonderful. I don't get mad anymore. I don't have to because I don't have anything to hide anymore. You're not hiding from him.



Jimmy Carper 04:55

That's the big thing isn't the highest lot the hiding and the lying It's what gets the wives.



05:03

It's the unknown. The wives fear of the unknown that what's going to happen? I'm



Sarah DePalma 05:07

going to lose my man, right? Am I a lesbian?



05:11

Yeah. And the CrossDresser the husband goes, well, what am I? Should I stay married or what? And so it's a big standoff. And the only answer is communication.



Sarah DePalma 05:23

And so many of the guys immediately once they're caught, the wives immediately start to think, oh, on the person, he's going to have the surgery. And I you know, and it's like, it's not

like that. How did how do the husbands How did the new crossdressers How did they find try?  
Yes,



05:42

well, different ways. I first found out about it through God I remember it's been so long ago back in the 70s. Some way I came up with the the address for caribou Croft and she said, Oh, you're in luck. There's a new chapter in Houston farming. And girl starting to Chapter Judy's Daniels good friend of mine now she says she found it address in Playboy. So when she was trying to write um, she called Playboy Playboy Yeah, my boy gave her the address.



06:15

Wow. So not



Jimmy Carper 06:16

way do you know that many people call the Gay Lesbian switchboard? Yeah, cuz because they have already called crisis hotline and crisis hotline doesn't know what to do



06:28

not like should we've done two presentations for crisis hotline. I've been in a both of which we still have people refer to us. Yeah, another way that they find out is was it in 1991 or 90 when holiday? We did the Holiday Inn fame here in Houston and Bonnie Ganga AHA fit an article for the Houston Pope. Excellent.




Sarah DePalma 06:50


People what that is because I know what the audience won't was holiday holiday





06:53


and famous Trius his annual get together. For those that are familiar with the Texas tea party or southern comfort or California dream is on the same orders that it's sponsored by Trius. This year, it's going to be in Houston. Thank you very much. Nice November 10, to the 14th the Westchase Hilton Hotel. And that hotel has been absolutely wonderful, just as people are great over there. But it's a chance to come to seminars all day long. Losing at the vendors there all day long. A lot of different events are going to the theater one day going out to the museums one day and Saturday night will be a blowout just a blow up blow out party. But Barney did that article 90 or 91. And we're still getting phone calls from people who have read an article stuffed at some boys and have now finally dug it back out and decided to call try us and find out what's really going on. Great. And the other way to find out is it my website [www dot Regnet t.com](http://www.dotRegnett.com)

 Sarah DePalma 08:01  
been sitting on this article all this time amazing. I mean, I think that is really is an amazing it shows you the level of guilt and frustration. Yeah, they'll get there.


 08:11  
They'll say the article they'll save magazines for years and years. And they finally get the nerve up

 Jimmy Carper 08:17  
to right or call is that when they realize they're not going to grow out of it. That's


 08:21  
when they finally finally realize that they gotta confront it. Yeah. And do something else besides hide in

 Sarah DePalma 08:28  
the closet. They can run but they can't hide Yeah. Now there it is. You can

 08:31  
you can find try. Yes, in the gay and lesbian Yellow Pages, and also in supporting organizations and outsmart and in their supporting organization. Index, whatever

 Jimmy Carper 08:43  
you want to call it smart into it. Yeah.

 Sarah DePalma 08:45  
One of the interesting things about cross dressers that seemed This is how many times they may go through a process called purging before they finally look for help. The

 08:55  
young numerous numerous times



08:57

yeah, transgender people Sarah.



Sarah DePalma 09:01

I've said that before that I went through it also. But once tell the audience about purging tell them that is



09:08

purging and it's spelled bu R G ing



Sarah DePalma 09:12

or how to burn clothing and



09:15

different different types of purging than Calista Flockhart is alleged you can you can



09:19

bury it and be purging. That's right.



09:22

It has lots of it takes on lots of forms and most people the guilt just gets overwritten. They get overwritten with guilt and they throw everything they've gotten in the garbage can. They bury it out in the backyard? burning fire and it's a shame and anymore we tell people look when you get to that point, put in a box, tape it up and give it to a friend.



Sarah DePalma 09:47

There's they're so ashamed and they start swearing they swear to everyone I'll never do this anymore. I'm gonna give this up.



09:53

Yeah, well, when the two times that I did I, perhaps there was some shame guilt Whatever in .. .. .

there, it was a simple case of, okay, something else has happened. And I'm not going to do it. Both times it was I was trying to initiate a get going a heterosexual relationship. And okay, I'm not going to do this, I don't want this person to find out. And the other, the other thing you can do with is give the clothes to Goodwill. I was I was decent enough to do that some somebody, somebody got some use out of the clothes that I purged with. But bottom line is, it ain't gonna go away.

S

Sarah DePalma 10:33

Well, it just all comes out of the shame and the guilt. And I think in some cases, the fear that the spouse is going to find out isn't it for your



10:41

spouse finding out leaving find out for your neighbors finding out for your family finding out? I mean that you know, where the fear doesn't stop it just, you know, it just goes on and on and on.



10:52

Back Back when I was your lat long before I came out at all, we I was so afraid of people finding out that the the only place I would go to even look at any transgender publication was at BookPeople. Over in Austin. I was so afraid of being seen here drive all the way to Austin. Well, I wouldn't deliberately drive over there. But I would I would go



11:17

you know, that's nothing. We got one that drives down from Dallas once a month to come to our meetings. So they will see the cover at HCDA. And let me tell you how far this person goes to be sacred it. He goes and rents an automobile in Dallas, or in the Dallas area someplace, pays cash for drives down here in the last step is here's the first time he parked in front of the building. Most of you Park 810 to a 10 blocks away two miles away and walk up to the building.

S

Sarah DePalma 11:49

Amazing. Brandy, how often do the wives actually walk? I mean, I know that's the big fear is that they're going to tell the wife they're going to the wife is going to find out whatever we're in the big fear is that the wife is going to say, Well, I'm out of here. How often does that actually happen? I'm guessing about half



12:04

the time. Oh,



12:05

no way. No way. I'd say five 5%. If she didn't leave the first day, she leaving? I'm following you. And I have to say that for a fact, if a wife finds out about the cross dressing, she didn't leave the next day or the next within the next seven days. She's not going anyplace. Now she may leave later. But the question will not be the issue. Because it's an issue. She's gone immediately.



12:32

I went seven years in a marriage. And then finally we split up and really when it was split up, it wasn't a crossdresser



Sarah DePalma 12:40

was it a dishonesty issue? No, it was just a normal married life. I was gonna say I don't I don't mean to pry. It's just that so often what I hear is it wasn't the cross dressing did it was the fact that he wouldn't tell me that he was doing it. The fact that he was somebody different than I thought I married was what caused the divorce. I



12:57

think it was her fear that I would divorce her and go to switch her fears turned true.



13:06

I have a friend in in just outside of Austin, who is 64 years old being a crossdresser since she was 14 and been married for 17 years. And just about a week and a half ago her wife found a publication of hers lady light magazine, and then started digging through the closet and found all of her clothes. And she left her and I went and comforter and so forth. But I think the big deal there was the lying 17 years of lying instead of being upfront it wasn't the cross dressing.



Sarah DePalma 13:34

Well, I have to say that if you know I spent 15 years lying I don't think I'd be able to cope with it. I think I'd end up with the hours breakdown Exactly.





13:43


It's it's tough to deal with and and I've been married 11 years when I tell my wife I wrote her a nine page legal size tablet letter and left it with a one night to read when I wouldn't be I wouldn't be home because I couldn't bring it out myself and say I need to tell you this.




 Sarah DePalma 14:02  
We're hanging out from it. We got to do a station break in then we need to remind people it's marathon.


 14:08  
Commercial Free and listener sponsored Houston's 90.1 KPFT the sound of Texas of Pacifica network station KPFT Houston K US college station.


 Jimmy Carper 14:20  
And you are listening to after hours queer radio with attitude. And we are the sound of Texas


 Sarah DePalma 14:27  
and it is marathon I don't hear the phone's ringing out there. Damage

 14:33  
after the performance we gave they're not ringing

 14:37  
that damn phone.

 14:39  
I mean, we can do a table dance but it's radio you won't see anything.

 14:44  
Randy should she get naked for 100 hours?

 Sarah DePalma 14:49  
I mean the truth. You know I first of all, I hope you're enjoying this discussion tonight. And then secondly, let me remind you that this is the only radio station probably anywhere in the state where you're going to hear a discussion like that. Oh, kidding. You know, I mean, it's this discussion alone tonight is worth, you know, five bucks. Really? Yeah,



Jimmy Carper 15:08

I've been doing this show for over 11 years. In fact, in September, it will be it has been the 12th anniversary of this show. And big shows that that I think are really, really good. I saved the tape, because I tape it on VCR tape. All of those tapes are your shows. Yeah.



Sarah DePalma 15:35

Really good. Well, you know, I just tried to think in terms of what will the community want, and what will they want to hear? And it's funny, Jim, because I'm at the stage now that you talked about where people will come over to me and say I, I transitioned become a sub because of something that you said, you know, or I found an organization through listening to the show. And that feels pretty good. I mean, that's kind of nice to think there are not many things you can do. We can reach out and actually change someone's life. No kid, in this show does that but not only this show? I mean, I've listened to the show from hatch, the folks from hatch, who I think are just terrific, very can be when when Gigi gets going sometimes she gets into some really interesting stuff. bisexuals that I never would have thought of or never would have known in, you know, really were asking for what for \$35 you get a bumper sticker. But realistically, think about bumper sticker for 30. We really need that video simulcast go on there. You're if you're out in the bars, right now you're spending more than five bucks for your warning for your single No kidding. If you contribute five bucks a month to KPFT. You know, hey, that's



Jimmy Carper 16:46

60 bucks, 60 bucks, you can get a t shirt for that.



16:50

We won't spend it on booze. That's no spending on



Sarah DePalma 16:54

your microphone.



17:00

It's being held up with the Diet Coke. It needs caffeine.



Sarah DePalma 17:07

Truthfully, when we talk to you about about its marathon, maybe it's important to know where the money goes. And we joke a lot about the studio. But the fact is that the towel truly is falling

down.



17:19

Do you know am I microphone really Islam



Jimmy Carper 17:22

that our annual in fact a two year budget for this radio station is the cost of a 15 second commercial during the Super Bowl. That will cover us for two years. I



Sarah DePalma 17:40

think it's just unbelievable. I would have probably



17:43

covered radio Montrose for 100 years. No kidding.



Sarah DePalma 17:47

Yeah, so the truth of the matter is when we say to you look send money it the truth of the matter is the money will be well spent and you were keeping the station on the year we receive no government funding Not anymore. Not Not one penny. We are part of the Pacifica radio network. And if you've listened to some of their programs, you know that they are really very progressive.



Jimmy Carper 18:11

Pacifica was started by a gay man because he wanted to read poetry over the air how this station was started by




Sarah DePalma 18:17


Ray hill right I mean literally I'm not joking. That's the station was started by Ray Hill Hi Ray. You know openly gay man if ever there was




18:32


you notice that right off the edge

 Sarah DePalma 18:34  
very observant Hello I'd say we I know Katrina isn't there yet I'm an Aggie I really wanted to


 18:46  
be I use my dad is I I didn't go to college


 Sarah DePalma 18:49  
now he's in cross-dressing nowhere but college station


 18:52  
there my my elbow my Alma Mater was very highlighted in the in NC double A's this year they learned how to bind these pronounced named gun Zega

 Sarah DePalma 19:04  
so I mean really and truly this the phone is the phones are not ringing boys and girls this is this station needs the support whether you whether it's this program or picking in swing that's right or picking the swing or you know some of these some of the

 Jimmy Carper 19:19  
blues programs man we have got blues nailed down at this stage starts right after this show and continues until 6pm On Sundays though.

 19:29  
We got to have somebody out there coming out of some bar drunk enough to pick up the phone and get out his credit there

 Jimmy Carper 19:35  
you got to have that number is 713-526-5738

 Sarah DePalma 19:42  
or 526 K PFGJM K jam KPFT



19:48

let's not forget the shows that you know lead into hours I mean, whenever early on Saturday night I'm always listening to my as well as



Jimmy Carper 19:55

the acid jazz show. Yeah, man that and those those guys Eyes are playing all over the city. Yeah, the other nights of the week.



Sarah DePalma 20:03

We're only asking for five bucks a month. If that you know if that's too much for you. We'll take \$35 Yeah, I mean, for heaven's sakes, boys and girls pick up the phone or EFT



Jimmy Carper 20:13

man, that is so cool. It just sign up once and they take what, three or four or five bucks out of your checking account? Once a month.



20:22

Let's go from \$1 million.



20:24

That's it for 500 a month.



Sarah DePalma 20:27

Yeah, that's it. It's so cool. Yeah. So And seriously, yeah, give us a call and keep KPFT going keep keep this program going.



Jimmy Carper 20:36

And I want I want to say that in the it's certainly in the past, and I look forward to the future. After hours has led the way in the midnight to 6am. Grouping. All across the board, we have two leadership members, which means two people have pledged \$500 and paid



Sarah DePalma 20:58

it and actually paid it and paid it. They just talk about it.

**J** Jimmy Carper 21:02

And we got actually this year, both of them.

**S** Sarah DePalma 21:06

That's right. So give us a call. You know do I know you probably get tired of listening to people pitch for money. But it's either this or listen to 20 minutes to commercials.

**J** Jimmy Carper 21:18

Yeah, and let's say Don't Don't think that you're getting off with Free Radio on commercial stations too. Because every time you buy that cola product, you're paying for that commercial,

**S** Sarah DePalma 21:31

it's either we do this, or Spice Girls or we start doing or we start doing we really will save you money. Which would you rather have? You know, now that we've put in perspective offering called Big ROI,

**J** Jimmy Carper 21:48

I know I've got 90.1 number one on my car radio. Number one that's first button, and I've got classical music and I've got rock music and all of that but I'll tell you, I I go from one station to another and every time a commercial goes on, comes on, man, I'm punching that button and normally gets back to KPFT. And I leave it there.

**S** Sarah DePalma 22:11

We've got big boy out there waiting to talk to you. We've got

**J** Jimmy Carper 22:16

I think Jim's out there. And

**S** Sarah DePalma 22:18

we've got G we've got Jim tonight. Adventure. We've got plenty of health Beth and Beth Richard is here. She can get out there and pick up the phones if she needs to bet give us a call



22:33

she's afraid to be in here with us. She wants to go pick up the phone and with good reason. I might



22:39

come on back you know better. Safe and you know that



Sarah DePalma 22:43

Grand Slam philam Allah. Yeah, so it's 526-573-8526 KPFT. Make the phones ring we can say nice things about you on the year. Now okay, yep. And we go a piece of music.



Jimmy Carper 22:55

That's right, and we'll be right back. Whoa, whoa, okay, that wasn't exactly what I had planned to play because the cart says chop, slurp. Chop chop, ie.



Sarah DePalma 23:13

My favorite one is the one about the about the buzzsaw and the kittens. Oh, yeah. How bad that we piss people. Oh, yeah.



Jimmy Carper 23:20

It's like sending money. You know, we've got these kittens and that you hear the buzz saw going in the background? That's wonderful.



Sarah DePalma 23:27

Yeah, I just love it.



Jimmy Carper 23:31

But we still are actually we do have somebody to thank we have Debbie to thank who called in with her pledge of support. Thank you, Debbie. Yes, for after hours and KPFT. Thank you very much. And she just started listening. Well, thank you that we didn't scare her off. No, that's really fantastic. Because most people listen for maybe a year or so before they before they donate.

S

Sarah DePalma 23:59

Yeah, wow. Well, our panel is assembling themselves, their selves. Maybe this is a good time to talk a little bit about the difference between transsexuals and cross dressers for a minute. I have a very simple philosophy and how to tell a crossdresser apart from a transsexual, okay. A transsexual was willing to get up at 5am every day for the rest of their life, put on makeup, put would deal with pantyhose for the rest of their life and think that this is well. It's bliss, but this is a good thing. cross dressers says I'm willing to do it on Saturday night. And that's as much as I'm willing to do.

A

24:40

Another one, there's another quick one. Yeah, the CrossDresser puts a bra on when he comes home from work. The transsexual takes her bra off when she comes home from work.

S

Sarah DePalma 24:49

Exactly. You know, it's it's so funny Brandi I'm telling I'm preaching to the Savior. It's so funny. Used I remember when I first started now in the transition process, I think Well, you it was almost exciting that in a while I was gonna put on my pantyhose in my bra and now it's like, God, I can't wait. Go home eat this crap off.

A

25:08

Yeah, get some comfortable clothes. Yeah.

A

25:12

It's called sensible shoes. Yeah. Get

S

Sarah DePalma 25:14

into some Reeboks and into some denim and leather. You know asleep. Yeah. Went from lunch ready to sleep his moccasins right. moccasins. Yeah, went from lunch rate is sleeping in T shirts. I mean, boy, it doesn't take long. You say Hey, this is not what a shirt

A

25:30

who uses T shirts? Okay.

J

Jimmy Carper 25:34

Hey, we're getting some good, good Zena



hey, we're getting some good, good zoned



25:38

backup, you mentioned about this show helped you transition?



Sarah DePalma 25:42

Not me personally. I've had other people tell me that.



25:45

Okay, well, that's why I was late. I was trying to stop a crossdresser from transitioning.



Sarah DePalma 25:51

Or they'll tell us that I mean, don't get the person's name. But no, no, no,



25:55

no, it's it. You know, everyone's while you run across somebody that wants to transition that you don't think should. And your years ago, I read an article by a good friend of mine. And it was in the Trius quarterly publication fin Mira about she's to us and she was trying to talk everybody out of transitioning. And I couldn't understand it then. But now since I'm transitioning, I understand



Sarah DePalma 26:22

what it's telling the audience that we are assuming the audience knows what transition is.



26:26

Transition is like, you know, going from crossdresser to full time living as a woman and working as a woman. And just as soon as I get my name changed, I can work as a woman.



Sarah DePalma 26:38

Well, it's not necessarily going to a woman it's a full time process of changing from one gender to the



26:44



20:44

gender. Yeah, we don't have it for margaritas. So help me here.



Sarah DePalma 26:49

I just don't want to leave the guys out. You know, but okay, so Oh,



26:53

by the way, that's that's one of the thing about the HCDA. Again, like a lot of lot of groups just for whatever reason, it tends to be more male to females, but there are females but males they're welcome. In EVE female males out there feel free to come by some of them



27:10

are the wife the life of the party. Oh, yeah. Yeah.



Sarah DePalma 27:13

Well, something I know that we I get a lot of mail on and something want to ask about. And that is once you've made the decision to get out of the bedroom, and now you've made up your mind okay, I want to attend any organization whether it's HCDA or whether it's a try? Yes. What can they expect? What happens when they come to one of the meetings



27:36

when they come to try this meeting? Yeah, first off, they're scared to death everyone and knock on the door that some I've had a friend I still got a friend have had I got one for it. And I got more than one friend. A friend of mine has been going out dressing for the longest but when we had a unit, not a unity banquet and awards banquet try us. She got dressed, she got nerves suburban and drove to the banquet place and sit in her suburban could not come in could not come in. She could not get the gumption to open or suburban door and walk across the parking lot to the front door.



Sarah DePalma 28:13

And you can't imagine the fear level. And I mean, it's that stung a year.




28:17

Yeah, yeah. The last fear I remembered was picking up the phone to call my insurance company to tell them hey, I want therapy and I want to go on hormones. I broke out in a cold sweat. That's the last fear I've had. But it's still there. It's it's a fear fears and everybody Sure.

Like my two months ago, after unity banquet, I had a fear of coming here to the station. And on the radio. You're kidding. Yeah. I've never done it. Oh, but afterwards with all my friends here. It was just like another HCDA meeting say

 Jimmy Carper 28:46

yeah, yeah, that's that's that's kind of that atmosphere that I want to create.

 Sarah DePalma 28:51

Jimmy and I haven't eaten a crossdresser since last month. But so so when they come those pictures are posted on the web. So they come to the meeting, and they're scared out of their mind. They decide that they're going to come to traders meeting what happens there?

 29:08


Well, first off, we try to make them welcome and get somebody hopefully get somebody with him to talk. And, you know, get them to share their reasons for being there and let them you know, once they get talking, they get comfortable. Just like we're doing here, we're talking we're comfortable, too comfortable sometimes. No, not at all to get them talking about it. That's the problem. That's the that's the thing to do. Sometimes it's a problem. If you just you know, if they come and you don't talk to them, they're not coming back.

 Jimmy Carper 29:40

You know, all of us in the queer community have had that fear. The fear of first time as a gay man walking into a gay bar or gym. The first time we went to a bisexual meeting, you know, it's that fear of walking in. But, man after you're in there It's like home baby. This is where I belong.

 30:03

It's like the first day on a new job.

 Sarah DePalma 30:06

It really Yeah. Except that the fear level is so much higher. Well in I remember the first time that I went to try this meeting. That's actually how I met Jane Ellen Fairfax. I bet she didn't won't remember that. Oh, because Jane Ellen Fairfax was one of the first people when I walked in the meeting to walk over to me and say, Hello. And I still remember that jabber channel and doesn't even remember that

 Jimmy Carper 30:25

but goes, cuz she's the type that would do it to almost everyone.

S

Sarah DePalma 30:30

We Oh, Jane, Ellen can almost overwhelm you because she is so outgoing. Oh, yeah, and so tall. And she's so friendly, she can do most, she can almost smother you in her friendliness without meaning to. On the other hand, it felt good enough that it came back a second time. You know, it at Trinus didn't turn out to be the right place for me, but it was a good start. And I thought that it was, I always think it's important for people to know, if you've made the decision now that you're going to go from the bedroom, or wherever it is that you've been cross dressing. It is such a huge jump to go from your the privacy of your home to a public setting, I can't even begin to describe the gap that there is and to make that leap is a stunning. It's an incredible act of courage. And I think it's always important for people to know what happens if they go, what can they expect will they be well received. I remember the first time that I went to a GCTC meeting, there was a young woman there that just looked terrible, was obviously her first or second time out, she had a wig that just didn't work at all, makeup was a terrible mess. And not one person said it was anything other than supportive. Good every person walked over to her and said, Look, we're really glad to have you here and told them very gently about the makeup classes that they had and this and that. And that person now is a school teacher that has crossed that is done transition. So it's amazing how things have changed. And but I think I think it's important they come in in a CDA meeting, they don't even have to come in female clothes do that. They can

i

32:11

go whatever their comfort zone is. And I saw the room taking a phone call in the other room from somebody who just called in, it's a typical story. He's sitting out in his garage, when he called drivers in the house of sweep looking for someplace to go someplace to come visit somebody to talk to whatever. I think it's probably a real important this point we give the phone numbers. Yes. All the goodies around. My wife has a real problem with people calling my house asking for Brenda so let's not do that. Yeah, she doesn't really mind too much. But she'd be free to not call the house and ask for Brenda so I'm gonna give you my pager number. You can be you can catch me 24, almost 24 hours a day. But I'm only home about two nights a week. But my personal pager number is 281-520-3610

J

Jimmy Carper 33:09

Would you repeat that please

S

Sarah DePalma 33:13

let them write it down for

i

33:15

me wait 15203610 And I agree with my cell phones with me. So I can call you back anytime

me wait 15203610 And I pages with my cell phones with me. So I can call you back anytime.



Jimmy Carper 33:25

It doesn't make not in the next five minutes, but



33:29

not in the next five minutes. But I will call you back. Generally if I'm at work, it might take me 30 or 40 minutes to get back to you when I can get a break to make a phone call. But because I'm not home every night I'd rather give you that number than the home number. And you can also catch us on the catch me on the Internet at WWW dot Brenda t.com Brandy give the number for trial.



Sarah DePalma 33:53

And let me tell your friend his website is darn good. Yes. Award on it. It did. I'm not surprised. It's a very user friendly site.



34:02

It was it's ranked I got this award for a place called links to go and they ranked sites by the amount of people that visit them. And my site turned out to be the 12th rated transgendered site in the in the world Wow pretty darn



Sarah DePalma 34:20

pretty darn good.



34:22

Awesome in the world. Totally. I was



Sarah DePalma 34:25

that's called having influence



34:26

blown away but it's been up for five but what now? Five, four years, three years, four or 534 years 95 And then come put it up



34:34  
678



34:37  
Push, push and a quarter of a million



Sarah DePalma 34:40  
and that is gravy. How about try? Yeah.



34:43  
Try as you can call me at my home 409-856-6759 slower 409-856-6759 I work nights and sleep during the day so if you can please try to call All later in the afternoon, because sometimes when you call around 12 o'clock noon, I go hmm.



Jimmy Carper 35:09  
I wouldn't even answer it. Yeah, I



35:11  
do because I got teenage kids and you never know what they're gonna get into.



Sarah DePalma 35:15  
Do we have the Do we have the number for GCTC? Because I don't have it on me.



35:21  
to it, I just gave it to somebody and it didn't bring it back in with me. But we'll





Sarah DePalma 35:24  
find it and what about tats?





35:27


tats. I'm not sure what the phone number of that is right now. If you want to get in touch with somebody with tats, or or GCTC, you can send send email to me. My email address is text katrina@aol.com. Me, that's t XKTRIN a@aol.com. Or you can also send an email to Vanessa, and her email address is moonflower@aol.com. But she spells and Randy's giving you the giving instruction on how Vanessa spells Moonflower and I was about to get to it. She spells it m o n f l o w r r to Rs yes to moonflower@aol.com Vanessa is president of GCTC and tats where I'm a board member of both. Bottom line is via email to one of us. We can either put you through to someone else who can help you or actually give you the information. Good. Email is a wonderful thing. The internet's a wonderful thing. That's basically how I found found the courage to come out I've got on AOL, talk with folks and the transgender chatroom there that led me to the Texas tea party. And somehow along the way I became a lawyer

 Jimmy Carper 37:02  
like getting

 37:05  
seriously, I was doing that. I came came to a crisis point while just after I started law school because I I'd heard several times. But I realized, you know, can't do that again. It was that too expensive pressure started building up. I thought it was gonna affect me in law school. I thought now I gotta do something about this. And I got got through both, both transitions from male to female and from human to lawyer. Okay.

 37:31  
I resemble that remark.

 Sarah DePalma 37:36  
And Brenda, you got the number four.

 37:38  
I got the number for GCTC. It's 713-780-4282.

 Sarah DePalma 37:47  
That stands for Gulf Coast transgender community. I

 37:50  
believe that'll put you through to Jackie Thorne. If at one point GCTC number was was Jackie

believe that I put you through to Jackie Thorne. It at one point core number was was Jackie Thorne,



37:55

Jackie recent recipient



Sarah DePalma 37:56

of a Lifetime Achievement Award



Jimmy Carper 37:58

and richly deserved it.



38:02

Gets his numbers not in here. There's also another group to Houston crossdressers Social Club. Right. And I don't have their number, but there's a link on my website to them. At their website.



Jimmy Carper 38:16

Let me ask a question. Go ahead. How do you feel what do you say to people who say what you do is a choice?



38:25

Is being gay a choice is being wider choice? No. is having red hair a choice? No. It's just it's the same thing. But



Sarah DePalma 38:32

in my case, having red hair is a choice. Lifestyle.



38:42

Choice being transgender is not what I tell people



38:48

it's not a lifestyle. It is something with with most people who Crossroads are fully transition. You



know about it early on. Maybe you can't put your finger on it exactly what's going on. I tell people this sometimes it blows them away. Sometimes they can't. When I explained to it, that it's like being gay that you know, early on. I knew when I was three or four. Couldn't I didn't have a word for it. How many years ago was that? Two. It was the last year



39:22

celebrating your seventh birthday?



39:25

That's in cat years.



39:32

Maggie couch. I love it. Yeah. Meow meow meow. Um, yeah.



Sarah DePalma 39:38

I do give her another one. Another question too. And this is because we do get so many I get so many emails from transgender kids, while I say their kids, but they're 1617 years old. Did any of these groups have a minimum age limit? I mean, do you have to be 18 or above? Does anybody know?



39:55

That's an illegal question.



39:56

It's a real good idea to keep it to 18 Just as much, as much as I would love to do something for the ones young I, I've occasionally gotten some emails from folks who are under 18. I will do one courtesy answer and replied saying, I can't help you because you're under age. And that really



Jimmy Carper 40:19

hurts does



40:22

try us as a requirement of 18. Or if they're under 18, they have to have a parent with them, if

they want to come to meetings. I'm like cat, I've had 1000s of emails from people that are under 18 years of age and I just, I do the same thing. I like to help them.



Jimmy Carper 40:39

It must break your heart. Because you know what, these kids are Google



40:43

issues. Yeah, there's just nothing I can do. And I don't know where to send those kids. Really don't I have you know an answer. I got apologize. Granola. I heard you talking about hatch and what a wonderful organization does and I know what it is?