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## SUMMARY KEYWORDS

cross dressers, called, crossdresser, wives, transsexual, cross, dress, people, heterosexual, feel, montrose, talk, met, male, organization, surgery, woman, conference, aimed, dressing

## SPEAKERS

Nancy Rodriguez, Jimmy Carper, Sarah Dipalma

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Nancy Rodriguez 00:01

The transsexual is the person who feels so compelled to be a woman, that their life is in disarray, because they have not found this femininity. They're on a path toward femininity, in everything they think everything they do. And there's a disequilibrium without it, the quest stressor is satisfied to have the periodic dressing. They do like to pass, they do like to move out in public once they are adjusted to the idea that they don't really want to live their whole life. Now, there's a third group, the the person who chooses to dress all the time but does not want the surgery. Right. And then there are some we're now calling the non operative, T SS. And those are the people who really, they're not that different from a transgendered, except for their feelings. They feel like a woman they feel they were born a woman, they feel out of step because they are are not moving in society in a female row. Now, you know, if you are ATS, Sarah, you probably have a better answer. You may want to add to that. But that's the way I perceive it just from the observation of the people I've met. And I do think that there are some mistakes being made, because people are not aware enough of the differences. And I think it's tragic if a person does go the surgery route, and then suddenly finds that this was, in fact, a mistake. I had a friend named Dorothy who did that once. Five beautiful children and wife who loved him. And he was really not a TS, but he thought he was a very, very high paying position. divorced his wife said goodbye to his kids, and became Dorothy. He is now driving a truck in men's clothing. Pretending to be a man again. Isn't that sad?

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Sarah Dipalma 02:08

Yeah, I'd say on the show, I spend a lot of time talking people out of surgery, I had essentially chosen that I decided that I'm not going to have the surgery because I have a lot of I have a lot of questions about the way surgery is done. They have left me unsure. There are people who, for whom surgery is is the answer. But I think the actual number of people for whom is the answer is much smaller than they then would commonly be believe in. So I spend a lot of time on the show talking trying to talk people out of surgery, unless they're utterly convinced, because as you pointed out, there are no refunds at this deal.

N

Nancy Rodriguez 02:44

Absolutely. I have something I've talked about called the pink cloud. But first, you have to remember the white cloud when you first fell in love, the person you had fallen in love with at no fault, at least you could not see any. As you move into the relationship, you suddenly find, hey, this person is human, and they are full of false views. And then there's the P cloud. And this is the person who has become a crossdresser. And it feels so good. For the first time in the human life, femininity is expressed. And it is fulfilling, and it is wonderful. And there are no faults in sight for this lifestyle. Absolutely no fault inside. Everything is glorious, and everything is wonderful. So that happened, you know, you get caught up in the P cloud. And you say, Okay, if it feels good for this amount of time, or the rest of my life would be euphoria. So they just run right on over to Galveston or wherever they go and meet their doctor and start the program. So yeah, I do think care needs to be executed openly.

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Sarah Dipalma 04:04

I tell people, I fell off your pink cloud today, I had to get up and put on my makeup at 5am.

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Nancy Rodriguez 04:11

You had to wear high heeled shoes for a week at a conference works every time.

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Sarah Dipalma 04:16

Actually, I'm glad you brought up the conferences because that's something I wanted to talk about. We talked about it a lot of the local organizations on the show a lot. So I think our listeners are fairly aware of local organizations. But they may not know about some of the conferences like Oh, southern comfort or the Tea Party or I know that was just one in St. Louis. They may not know about the kind of conventions where they can go to meet other cross dressers.

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Nancy Rodriguez 04:41

Well, let me talk first about one that is for women.

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Sarah Dipalma 04:45

Oh, very good spice. I think it's going to

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Nancy Rodriguez 04:49

hit that conference this summer. If this is the spouses and partners, international conference for education, and cross dressers are invited But the tract our program, arrangement is basically geared for women who are trying to learn who their husband is, and what their

relationship is all about, and how they're going to make it work. This year, the conference will be July 24, through 28. Just very close to Philadelphia, it's 11 miles from the Philadelphia International Airport, at Wilmington, Delaware at the Hilton there. And if people would like information about how to register for this conference, they can write to spice or to me, Peggy Ron, PO Box 5304, Katy, Texas 77491. They didn't get that I'm sure they can call the station and you can help them out with it. But spice is a wonderful conference, not only for men, but also for their wives.

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Sarah Dipalma 06:03

I think that's great. I think that's a great idea. One of the shows that we plan to do here in the future is I'm trying to get several parents of transgender people on the show. I met,

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Nancy Rodriguez 06:15

for the first time the mother of a female to male crossdresser. This year, she is a delightful person. And she was just so much in the dark at first about what all of this is about. And she had so many fears, so many unanswered questions. She's searching for truth. She has gone to a number of conferences. Conferences are wonderful. And she went away actually enlightened. She was at the international law conference held here in Houston.

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Sarah Dipalma 06:46

Well, I know who you're talking about, because I met her also. Yes. Well, in the few minutes that we that we have left, I want to talk to you, I want to give you a chance to talk about your books. Now. I've read a couple of them. But in the few minutes that we'll get left to talk about your books. And you might tell folks where they can get them here locally to

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Nancy Rodriguez 07:03

the same address that I gave for spy steel box 5304, Katy, Texas 77491, you can write for a book list. pm publishing distributes 33 titles. I'm not even sure if you knew that Sara but we have an extensive book list. The ones that I personally have written, we've talked about one of them already. There's one called cross dressing with dignity. This is the result of a research study 830 cross dressers responded to an open ended survey in which they could write poor their whole lot stories that to me, and I put those together into a book. And the most recent book is called cross dressers and those who share their lives. It's hardback with a lot of pictures in it. And a lot of gadgets for how to tell children, how to involve your family. And then I have another book that is in my book on unconditional love. And I think this is important in this field because people need to learn to love in order to accept something so different from what they have expected life to be. And it's called Love calendar, the secrets of love. It's a little inspirational book, not too different from a daily devotional that people read daily. And if you will read it every day and follow the plan that is in it, you will have unconditional love. You will have a heart that's ready to accept lifestyles that are different and unusual and misunderstood.

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Sarah Dipalma 08:42

Well, I really want to thank you for coming on the show. I have been looking forward to doing this for a long time. You know, it's a funny thing that gender community is really in many ways. It's a fairly small world. But somehow your path and mine continually missed one another. So it was a pleasure to finally get to meet you at the law conference.

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Nancy Rodriguez 08:59

I certainly enjoyed meeting you and I have heard so many people tell me the impact of this show. So it's an honor to be a part of what you're doing. And I consider this to fall out of my day, perhaps maybe even my year. So I really truly thank you for inviting me and I look forward to hearing from some of your people and maybe we will see them at the spice conference.

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Sarah Dipalma 09:24

Oh, I certainly hope so. Thank you very much.

A

09:26

Thank you.

S

Sarah Dipalma 09:29

And we are back.

J

Jimmy Carper 09:30

That was Peggy ride. You're listening to her on after hours queer radio with attitude on KPFT Houston and KEOS College Station Bryan. And how long has pinky red been writing books? Because it seems to me that I've I've seen one or two copies of her books and Inklings.

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Sarah Dipalma 09:53

I know it's been a while. I'm not sure because I got the book. My husband wears my clothes years ago. Oh, yeah, and I don't want to make Peggy fields sound old. Peggy I'm sorry, I'm not trying to date you Renee Roma's. I honestly don't know, I'm looking at this book that she sent me, which is called cross dressing with dignity. And that's dated 1990. But my husband wears my clothes came along.

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Jimmy Carper 10:16

So I seem to recall seeing that a long time ago.

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Sarah Dipalma 10:20

And I really don't know, Peggy. And I

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Jimmy Carper 10:23

was really impressed at the time that it was a local woman,

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Sarah Dipalma 10:27

yet pay as she has really worked at gaining the trust of cross dressers. And one of the big thrusts of what she does is trying to help them feel better about themselves. This is a survey at the back of her book that she did with 817 cross dressers in one of the things that she asked them is, what is it you most fear, and the number one thing they feared was loss of their marital relationships or which made sense. And the second thing was, it was simply afraid of being afraid. Just the journal. There was so much guilt, and so much shame. Sometimes I think it's hard for gay and lesbian people to understand that, and I haven't really talked about it much. But if, if you're a heterosexual male, you've bought into a lot of stuff in the first place.

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Jimmy Carper 11:20

Oh, yeah, some of that healthier you're supposed to, yeah, you're supposed to look,

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Sarah Dipalma 11:25

some of it's healthy. Some of it's not, but you've bought into a lot of stuff. And there's a lot there are a lot of shoulds in must, you know, a heterosexual must do this, they should do this. Okay, so there's these the strict set of rigid rules that you're supposed to go by, and theoretically, that's what makes you a male, in their own view. Now, then you find out that, well, gee, actually, you know, I'm kind of attracted to women's clothes. Mm hmm. Oh, boy. There goes the balance of what you thought you had. And often what happens is crossdressers start out very small. They think, well, I'll just do little things, I'll buy some panties, and no one will notice. And no,

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Jimmy Carper 12:08

I've talked to a lot of heterosexual cross dressers at the gay and lesbian switchboard, because, you know, when when guys call for help, like, crisis hotline, that's, oh, you cross dress, you must want the gay and lesbian switchboard. And so even though I'm not talking to do a gay man, you know, I've talked to a lot of men about cross dressing and the feelings and all of that, that go on with it and the stuff that you're talking about. Yeah, and here's here's a, here's where the game was being switchboard is helping out heterosexual men.

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Sarah Dipalma 12:44

Yeah, it's they know this, because cross dressers don't really, first of all, they're scared to death. Sure, who wouldn't be and they don't really know where else to go. And what happens is, these people are so consumed with guilt, they start out with maybe just a set of peonies. And, well, that's not quite good enough. So maybe they get some lingerie, or maybe it's a whole outfit, and maybe a hole. Maybe it's I mean, the whole point here is they're trying to find some spot where enough is enough where they can get a control over. Right,

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Jimmy Carper 13:15

but it seems like plateaus. You know, you go from from hose or panties and on up to the whole outfit, and makeup and wig,

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Sarah Dipalma 13:25

once you start to feel this loss of control, because if the cross dressing is owning you, then it's theirs, then it's real fear. It's real fear. You know, that's why is that where the purchase come about? That's why the purchase? Yeah, because there comes a point you say that the cross dressers will say, That's it, I can't stand it, I'm never going to do it. And again, there are too many risks. I know cross dressers who have burned 1000s of dollars worth of clothes. And they say it's going to go away. I'm going to control it. And it doesn't, it doesn't,

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Jimmy Carper 13:55

especially if you're just starting out and you don't pass very well. That's right. So

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Sarah Dipalma 13:59

what Peggy is about is Peggy's about trying to say to these people, you don't have to go through all this stuff. No, you know, you can learn to feel better about yourself in that's what her books about my husband wears my clothes is largely aimed at the wives of the cross dressers. Cross dressing with dignity is aimed very much at the CrossDresser themselves. It's a book primarily about self esteem.

J

Jimmy Carper 14:21

And it's amazing that I know when I talk to cross dressers that I say, You know what? They asked what can I do? Where can they go and come to Montrose? Sure. Have lunch at Charlie's shop at any of the shops on the curve along along lower Montrose here. If you're going out at night, go to cousins.

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Sarah Dipalma 14:44

Yeah, and I'm not gonna say to you that you're not going to get noticed or laughed at first. I think you almost have to say

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Jimmy Carper 14:50

yes. But you'll be accepted in the Montrose Yes, you

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Sarah Dipalma 14:54

will and you'll get better too because it's a because you only get better with the practice. Now one of the questions that I get a lot is people, especially wives will say to me, Well, is this a progressive thing? If my husband crossed dresses, does that mean? He's gonna want a sex change? No, no, no. And that's a good point to tell us to start talking about this. Sex of course, is your sex is your biology. Gender is all the things that is expected of you because of your biology. That's

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Jimmy Carper 15:23

the important. Yeah, that's the behavior right there the behavior, right? How you're supposed to act.

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Sarah Dipalma 15:29

It's all those supposed do's and shoulds Big Boys Don't Cry, girls wear pink, all that all that. Okay, now sexual orientation has nothing to do with any of that. Totally, totally different deal. And

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Jimmy Carper 15:42

like women, you're gonna like women? Yeah, I

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Sarah Dipalma 15:45

get lots of questions about this. If you are a crossdresser, how can you be a crossdresser and still be heterosexual or you're a crossdresser. You don't want to change your biology. Not like being a transsexual no transsexuals want to change their biology, cross dressers don't, they simply want to dress apart, and then put it away. And I don't really see any wrong with that. So any anything wrong with it? As long as they're being honest in their relationships about it, where I start to have a problem with it is if it's deceptive to the partner. And of course, that's where the partner has a problem. You know, many,

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Jimmy Carper 16:18

that's the big problem. Because if you've lied about this, what else have you lied about?

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Sarah Dipalma 16:22

I thought I knew you. And you're this different person. Right? Whoa, that's a problem. Now, there's an organization called try. Yes, it's called, it's called the Society for the second cell. And I've really tried very hard to understand what they do. And I think I get it, I guess, maybe it's just alien to me, so that it's an alien concept. To me, that's why I have a problem with it. What they do is they say to crossdressers, look, there's a feminine side of you, and a masculine side of you. So your second cell is, in this case, the feminine side, okay. That's why they're called the Society for the second self. And if you can find constructive ways to vent that without having to destroy your life and destroy your family, then that's what we ought to do. Okay. And it's pretty good concept as far as it goes. The thing is, it starts to become schizophrenic. I know quite a few people will try a sorority, and they will have actually refer to their themselves as the second person, you'll be talking to a male. And the male will say, Suzy did this and Susie did that. They're talking about their feminine persona. Yes. That confuses the hell out of it. You know, I guess I understand why they're doing it just confuses me.

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Jimmy Carper 17:39

as well. You know, Sarah, you've always said, you know, when you're when you're talking to a person, if they're dressed as a woman say, ma'am, they're dressed as a man say, Sir,

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Sarah Dipalma 17:52

he had one of the best things to try as does as they do with wives, is they work, they will work very well with spouses. One of the problems that I have with triads, and I guess they probably already know, I'm gonna say about this, is that the Triassic is still for heterosexual crossdressers only in their wives. Okay. Now, what they'll say to me is, well, but when we, when we interview people, and when we screen people to commit, we never asked if they're heterosexual or gay, and that's true. They don't. But there are there's nothing in their organizations aimed at welcoming gay crossdressers either. And it just seems to me that if I'm going to get all over PFLAG and say you need to do an outreach for transgenders that are that are be a two way street. That's, that's that's the extent of my criticism.

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Jimmy Carper 18:39

The switchboard we've always considered that heterosexual crossdressers will be interested in try Yes. And homosexual or gay or cross dressers will be interested in the JCTC. Well, that's right.

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Sarah Dipalma 18:53

Into the differences and to be forever try. Yes. Has made a look strides. Yeah,



**J** Jimmy Carper 18:58

they have made a lot of strides. And it is the gay community that helps try us along. Yeah, and I'm wondering about you know, that they come to the to the Montrose even when they can't pass and they're still accepted.

**S** Sarah Dipalma 19:12

I think you've got a good point. I wonder if they know that when if they realize it? Well. That's interesting, a great point.

**J** Jimmy Carper 19:19

switchboard are talking to heterosexual cross dressers all the time.

**S** Sarah Dipalma 19:24

And how do they handle them?

**J** Jimmy Carper 19:26

Same as any other call.

**S** Sarah Dipalma 19:28

I mean, do they? Do they feel knowledgeable? Do they feel comfortable handling? Sure. They do. Good? That's interesting. So yeah, learn something new here. Good. One of the things that we will I wanted to talk about with cross dressers also, is I get a lot of calls from people and what they want to know well, if I go out cross dress, what kind of liability my under what kind of problems can I have? So that's a good time to talk about that. Okay. I was just at the TAs meeting today, Texas area, transsexual support, and it's very much the same kind of an issue. If you're going to go out cross dressed, the thing to do is to go to the Department of Public Safety, go to them dressed in your feminine persona, and have them make an ID for you. As you look. Now, there, here's the reason, the police, if you happen to get stopped for something as mundane as a traffic ticket, or a dress in your dress, the officer is going to get real upset with you. It is required that you have an ID that looks like you. Ah, so if you say to the to the officer, officer, here's my license. I am a crossdresser. And here's what I look like cross dressing. The officer looks at the ID, it has the same name on both places. And the officer says I understand now. And that's it. Yes, because it's not illegal to cross dress correct. And they're not going to call your wife, they're not going to call your job. There is nothing illegal about your what you're doing. On the other hand, if you officer stops you and you've got an ID that doesn't look like you, the officer is going to say, I wonder what's going on here. Now, they may start looking for things they wouldn't look for otherwise. So for your own good, common sense safety, go and get an ID. Now, people say I can't tell the officer I'm a crossdresser. Why not? I'll

come on honey. This is a big sister city, Houston police. No, there are cross dressers. Oh, come on. Dee McKellar goes down and talks to the to the to the to the the police get a nice Parker has been doing it for years. People just trust me people HPD knows crossdressers exist, and they have better things to do with your day than to hassle you.

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Jimmy Carper 21:43

And there's a police substation. What a block and a half away from cuties. Yeah.

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Sarah Dipalma 21:48

Because I'm scared to tell them. Look, you're in your trouble if you don't tell them. Yes. Now, the next question is, what happens if I get arrested, maybe you've got a warrant that you didn't pay? First of all, if you know, you got those kinds of problems, don't go out crossdress because cops are going they're required to run your license for what's called once in warrants. Okay, and the computers that come back. So yes, this person has a warrant, it could be for something small is an unpaid traffic violation, right, and you will find your butt in jail. Now you're gonna problem because you've got ID that says male, you may be cross dressed. But you get an ID, this is male. Now in Houston, the Houston Police Department has a policy that they will not throw you in the mail tank, they will throw you in a separate holding cell, you may be there with other gays, or you may be there with other cross dressers or transgender people or whatever, but you're not gonna get tossed into the male tank. Okay. On the flip side of that, if you get picked up in the county, you're out of luck. Oh, the county does not have that policy. If you're cross dress, and you're male, you're going you are going into the mail tank in the county. That could be unpleasant. It could be extremely unpleasant Bourbon County Jail. It's a hellhole. Yeah. So so if you know you have a warrant, or if you think you've got some kind of a legal problem that could lead you to jail. Don't go across dressed. Now there was you know, there are organizations for example, try yes is one of the best things about try Yes, you can go there in your male persona, change into your clothes, have a perfectly wonderful time with these folks. Get back in your male clothes and go home.

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Jimmy Carper 23:34

That is a good idea.

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Sarah Dipalma 23:35

This is so there's no risk. You can go and vent what your your your need, and feel perfectly safe doing it. For that matter. Gulf Coast transgender group will do the same thing. They make this they because there are people who are scared. Sure. Now, what about your own personal safety? What are your chances of being under attack? Same as any woman same as me gay same as any woman. One of the things that's very interesting, I tell this I'm it's meant to be humorous story not to put down. We were at the Texas tea party. And the Texas tea party has Oh, perhaps I guess they had a 500 cross dressers there. Now you have to understand most of these cross dressers through their they cross dress in public almost never, almost never. So this is

J Jimmy Carper 24:21  
not exactly your passing. Right now

S Sarah Dipalma 24:23  
we're in a big hotel in in San Antonio. And the people were very nice to us. But they got several complaints from the people in the hotel, the other guests, not because they had cross dressers there. But because these cross dressers who were basically really men and dresses, didn't have the nuances of women. They were sitting there their legs wide open wearing skirts. Ah. Now, one thing I'm going to point out to you if you're a crossdresser and you want to pass take some time to learn some of these things. Because people notice they notice this stuff I notice a woman in a dress with her legs open they know Notice they sure do. If you're afraid of attack, you might want to think twice about going out in public even in the Montrose q patrol does a great job, but they can't be everywhere. That's right. You know, they can't be replaced. Yes, there are risks in doing that. Now, let's say that you go into a cross dressing organization for a while, and you've decided you're not a crossdresser. Let's say you decided you're a transsexual, okay? There's an organization for you call the tech, tech tats, Texas area, transsexual support. And I was just at that meeting today. They do excellent programs, about hormones, about legal documents and all those kinds of things. But I would really encourage you to start out with an organization like GCTC first, and find yourself before you go to a place like tats, not because there's anything wrong with tattoos, but because they are in fact, all transsexuals, they are aimed at surgery for the most part. And the pressure is going to be in the aim of the program is going to be at surgery and about hormones. It may be unwanted pressure, if you're not sure. Yeah. It's unintended. So I'm just passing it along as a suggestion. One other thing I would say to cross dressers is this. If you are worried about your thought your wife you can go to the Montrose Counseling Center. Yes. The monitors. Oh, absolutely.

J Jimmy Carper 26:17  
Why yes, right. Yeah. go without saying. Yeah. Because, yeah, because there are our therapists there that that are sympathetic to

S Sarah Dipalma 26:28  
you. Yeah. I just had somebody call me on the phone the other day, and the person was, that was his biggest concern. Well, my wife will divorce me. Well. If you don't tell her and she catches you, I guarantee you she's going to divorce you right. Montrose Counseling Center is on Richmond Avenue, I believe it's 700, Richmond, 700, something 700 And something Richmond,

J Jimmy Carper 26:48  
it's a two storey building parking underneath,

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Sarah Dipalma 26:50

I have talked to the counselors down there, I've had an opportunity to meet many of them, they are informed, they are not judgmental, they work on a sliding scale. They will not judge you, you do not need to be afraid to go there. I would recommend it. I understand that's a key issue for people. And it may it essentially becomes marriage counseling. Sure, fine, that's a good place to go. If you really think you're a transsexual, they can help you also, there are some things they cannot do. They cannot help you get hormones. So if you're transsexual, are you looking for that, they can't help you with that, because they don't have people at the PhD level, or who are actually doctors who can prescribe this sort of thing. You have to go to the gender clinic, you have to go to a gender clinic. But there are other things they can help you with long before you ever get to that point. So you can still save money and they can still help you. Yeah. But I wanted to point that out, because that's a resource in our community. They'll help you just be honest with them. And then tell the truth. This is in case you don't know KPFT 90.1 In Houston, and you're listening to KEOS 89.1 FM College Station, Bryan, and

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Jimmy Carper 28:02

it's after hours queer radio with attitude. We're going

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Sarah Dipalma 28:06

to go to some music. And when we come back, we're going to go to our second interview. And the second interview her name is Brenda Thomas. Now bring the Thomas runs a group called Helping crossdressers anonymous Ah, yes, she is also she's also a past national member of the Tria sorority, she is the editor of their magazine called femme mirror. And Brenda is another one that I have a lot of empathy for Brenda, because Brenda is a leader, she takes a lot of flack, just by the fact that you're a leader, you're black. What I respect about Brenda is that she handles it with class. So I have, I just thought I'd throw that in for what it's worth. So we're going to go to some music. And when we come back, we'll go to the interview.

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Jimmy Carper 28:47

What is this piece of music

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Sarah Dipalma 28:48

we're going this piece of music is on track eight. This is a beautiful piece. And it seems to me we're talking about cross dressing that just made a lot of sense. The song is called in secret. My next guest is is the director of an organization called Helping cross dressers anonymous. Now we've talked about this organization on our show before, in every time we talk about it, we get phone calls from people who saying who asked us, was this like homosexuals anonymous, and they're going to try and cure cross dressers and explained to Well no, that's not the way it works. So I thought that perhaps it would be a good idea to bring in the director of helping crossdressers anonymous and let her explain things. And so with that I introduce Brenda Thomas and Brenda, welcome to our show.



29:37

Thank you. Good evening.



Sarah Dipalma 29:39

I'll bring us Let's start out by by telling folks a little bit about you give them a little a few of your credentials.



29:47

When you stop here, the credentials answers. I'm a substance abuse counselor. I've been cross dressing for 35 plus years that I'm consciously aware of A member of trials have been for several years. And that's about the extent of my credentials.



Sarah Dipalma 30:08

Well, now you've been nationally involved in the trial sorority, haven't you?



30:12

Yes, I've been nationally involved with trials. I've done several things in conjunction with AFGE, and editor, the Fatmir. Few other things,



Sarah Dipalma 30:22

okay, we're throwing some alphabet soup around, we'll explain that to the we'll explain some what those terms mean to our listeners here in a few minutes. Let's start off by talking about helping crossdressers anonymous, I had a caller, a person who called me the home at home the other day, who was it turns out was just perfect, I think for this for this program. And then when I explained gave him the name, I can almost hear him cringe and said, Well, no, it's not like that. And I hope he's going to call you explain to people why this group is organization is named the way it is.



30:54

The A lot of it is pattern. And it's based on a 12 step program very similar to a and a CODA and the rest of them. And it was set that way for a purpose. For those who may with 12 Step programs, they will be aware that the purpose of those groups is to arrest and behavior. And we feel kind of the same way not the behavior of cross-dressing. But the behavior of the self defeating guilt and shame that society seems to want to heap upon us and say, we've got to live with all this stuff. And we really don't have to.

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Sarah Dipalma 31:36

Okay, so you're not trying to cure the CrossDresser at all, what you're trying to do is to help them deal with the guilt and the feelings of the shame that often come with this,

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31:44

right? And we're actually trying to arrest that total behavior. There's no need to feel a shame, there's no need to feel guilty. What we do is not illegal, it's not immoral. There's basically nothing wrong with it, it's, as you can see, in our brochure, what we claim it as is an outward manifestation of an inner feeling, which is natural and normal.

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Sarah Dipalma 32:07

Okay, and so I wanted the listener to understand that now. Because every time we talk about this your organization, we get the same kind of phone calls, and we go through them again, it's no, no, no, they're not going to try and cure you, they're going to try and help you through things, so that you'll feel better about yourself afterwards.

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32:24

Right, that's, you know, that's what it's all about. I did have a friend call me the other day, somebody I've known for a long time, who wanted to know if we, she could use the same call set philosophy to actually quit. First, come to me and want to quit. And I told her, basically, no, I don't know. In all the research, I've read all the research, I've done, everything I've looked at, tried to follow through with I can't think of a single case of anybody being quote, cured of this on record.

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Sarah Dipalma 33:02

Okay, now, regular listeners to this show have heard me talk about being transsexual and, and so they're familiar with what a transsexual is, because we've discussed it explained to the Crown has explained to the audience what a crossdresser is, because they may have, they may have seen things on Geraldo, so they've got the wrong

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33:21

I'm gonna do the best I can, okay. Because I myself, and I'm gonna get in trouble for this one. Identify primarily as, I think, as a transsexual. This revelation came to me, in my readings, there's a lot of things about cross dressing and things that cross dressers say that I don't actually understand. To me, it goes, it goes well beyond just the dressing. But basically, what a crossdresser is someone of one stacks, who wears clothing of the opposite sex, for whatever reason, it could be male to female, female to male, it doesn't make any difference. But that's

the basic understanding of it. What I've had to do over the years, because of the way I grew up the time period I grew up in I mean, in 1950, we didn't even know what word to look up in the dictionary. If we had him, it probably wouldn't have been there anyway. So I've had to deal with a lot of stuff. And I've had to deal with on my own. It wasn't until about seven, eight years ago, 10 years ago, maybe that I even got involved with knowing that there was physically talking to other people who did this and knowing that there was national organizations and knowing that we're some kind of help out there, for those of us that struggled, so I've had to deal with it. And of course, in the 60s when it was really prevalent in my head, there was no place to turn. If you wanted to pursue surgery you were looking at 50 to 100 I'm hours. And nobody had that kind of money, at least nobody that I knew. So I had to figure out how do I survive myself? How do I maintain my sanity? How do I integrate this thing where I can be a human being?

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Sarah Dipalma 35:16

Now? Okay, so I'm trying to think how I can explain this to the to the listener. So a crossdresser is a person who dresses in the clothes of the opposite gender, but it's not necessarily aimed at surgery. It's just something they, they do for whatever reasons, that chick

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35:32

is shoved in they do for for whatever reason, and I think they probably fall under the general heading of being a transgendered individual, I think which is a major umbrella which covers cross dressers drag queens, female impersonators, transsexuals, we all feel a certain degree of femininity amongst within ourselves. And this is our way in our mode of expressing it and still being able to maintain our sanity. Somebody was saying the other day, and I read someplace that they said it was a real joy for them because they can switch genders at will. They didn't have to be stuck in one place on the road.

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Sarah Dipalma 36:19

Now that you and I both know, Sharon Stewart, and Sharon Stewart Cole calls herself by gendered and that's exactly what she means is that she would switch anytime she chooses, and it's perfectly okay.

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36:29

And that's the article I was referring about. I just happened to reread her article the other day. And I remember reading that and I thought that was really interesting. And yeah, the term bio gendered, transgender, dual gendered, they've all been tossed around. And I guess whatever fits each individual, as much as we hate labels, you know, whatever label you want to hang on your shellfish is okay with, if that's okay with you, right, the

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Sarah Dipalma 36:53

labels just I mean, I, they're just words. Let's talk a little bit now about the Trius sorority, we have gotten a lot of calls about the Trius sorority and people want to know more, what is it?

have gotten a lot of calls about the Triune Sorority and people want to know more, what is it? How does it work? And on this show, we have not often been able to talk about the spouses, the spouses of cross dressers especially. So that's it's in that context, they want to talk about the Triune Sorority once you talk about that a little bit. Okay.



37:23

Basically try to get a national organization dedicated to and they use the word heterosexual cross dressing, there's a lot of flack comes out of that, primarily in I've been in the six years I've been trying us I have probably done 30 or 40 screenings, and I don't ever remember anytime when we've ever asked anybody Are you heterosexual. The philosophy is it's a support and education group for cross dressers, wives and family geared towards family orientation. And somebody who fits that mold is welcome to join us and somebody who doesn't fit that mold is not going to join because they're not going to get anything out of it. My wife who God bless her soul, she's an angel supports me, encourages me to a degree, provide her Don't go overboard. But she's there with us at our at our meetings. In fact, we believe in the dedication of promoting a full healthy individual, whether that be the female side, the male side, or both, educating people on learning how to integrate this whole thing how to put balance in their life so that it doesn't overload them either on one end or the other. When I leave this show tonight, I'm going to meet my wife at one of Triacetin boys are as functions we do this once a month where we get together at our normal daily attire. Shall we still can remember that? Yeah, there were still man and we still have family it shouldn't we want to get together and be able to enjoy that aspect as well as we get together enjoy the CrossDresser.



Sarah Dipalma 39:06

Okay, now one of the things that comes up every time we talk about cross dressers, for some reason people find it much easier to deal with the idea of a transsexual, I guess they can sort of put us in a little niche and say, Okay, I understand what that is. What a lot of people don't understand is why that person will for example, why a male person would want to dress in female clothing. And that goes to the to the question of the motivation. I realize it's different for every person, but that is something we try yes talks to quite a bit.



39:36

If I could answer the question as to motivation, I can tie you into the radio station. There's probably as many different motivations for cross dressing, as there are motivations for people buying any kind of clothing. I don't know what them I have thought and thought and thought for years and years. Here's why. Do I do this? What's my motivation for doing this? I quit trying to figure out why? Because I couldn't come up with an answer. Nobody that I've ever met, nothing I've ever read, has anybody come with a definitive answer? There seems to be according to the latest research and surveys, some sort of a, and I'm not a doctor. So if I get this wrong, give me a break. There's a hormonal wash that the fetus goes through. During a pregnancy. This seems to be the determining factor of the gender and the sex of the individual that comes out of the womb. Too much estrogen, too much testosterone can cause an imbalance one way or the other. And this is what a lot of people are leaning towards today. And this is where some of the research has gone on, or some of that theories, whether it's right or not, I don't know. All I know



is that something that I have felt all my life, most everybody I've ever met, started at an early age. Before we even knew what the word sex was all about. Before we knew probably there was an actual difference between men and women. So I don't know where it comes from.

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Sarah Dipalma 41:13

Here. Let's talk to the wives a little bit. We get a lot of calls from wives who say, you know, I, I was I found my husband discovered that my husband's stashing PTTs somewhere you know, or I came home and found my husband in enclosed and it was shocking to me talk to the wives a little bit what how does trying to relate to wives.

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41:37

Dr. Phil Ah, wonderful wives they they have a national convention every year called spies, spouses and partners, international conference in education and it is a non cross crushing advantages primarily for the wives. Even though there are some men's programs going on at the same time. It's to help wise cope, is to help them understand and is to help them deal with it. The best advice I can give to any wife if she catches him is to sit down in a non judgmental way and talk

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42:12

to me