

**BART LOESSER:** Well, a lot of people-- there's a whole issue about government conspiracy, especially the issue of the government has a cure and they're not telling us that scientists really are going the wrong direction. And this isn't really even the right virus to be looking for. There's all sorts of misinformation and rumors.

If it was biological warfare, it would have had been something that was developed in the '30s or '40s. And to think about it back then, genetic warfare at that time was so unbelievably in its infancy. It could be done today. I'd say, yes. It could be. But back in the '30s, it's highly unlikely. I'd say, because of the way this virus mutates and because it's so similar to-- this goes back to the monkey theory, the SIV, the Simian Immunodeficiency Virus.

Some forms of SIV are very familiar, very similar to HIV2. And there is one form, the chimpanzee SIV which is very similar to HIV1, which is the HIV we commonly know in this country. And so what it looks like is that they could have-- because it mutates so much, that it could have been a common-- the grandfather of all these viruses-- 50 years ago, 100 years ago, or whatever could have been something that didn't attack immune systems.

And eventually, they mutated to the point where these little keys that could attack the immune system, the way they do, were formed. And it came about in the '60s and '70s, especially in the '70s and '80s with the sexual revolution, that something that was sexually transmitted and transmissible by blood meant that it got spread like wildfire.

I do think, though, that is a possibility with the shared needles and things like that are going on in third world countries, that it'd be very easy to have something like this in someone's blood. And you share a needle or give someone a vaccine and spread it to a lot of people. I don't feel that that's the common reason why it's being spread today though.

**HOWARD** What do you think the common reason is or do you think the government is hiding something from us?  
**MCHALE:**

**BART LOESSER:** No, because our government's not the only one involved in this. That's one way to look at it. You can say, well, I don't trust our government. But look at it, every government in the world is trying to battle this disease. And they're not saying anything different than our government is.

**HOWARD** People argue the fact that 200,000 to 300,000 people die every year of heart disease. Why should the American  
**MCHALE:** government concentrate on AIDS?

**BART LOESSER:** Because the number isn't growing exponentially like it is with AIDS. It took eight years to get to our first 100,000-  
- no, 10 years to get to our first 100,000 cases. It took two years to get to our second 100,000 cases. And although it's probably going to start leveling off a little bit, not going as quickly as its spread, we're already well past the 350,000 mark. And we're going to be probably at the 400,000 mark within another year.

So I mean, it is growing exponentially. So the problem, you can't say, well, people are dying of cancer. Well, those numbers of people are pretty stable. The numbers of people dying of heart disease every year are stable. The numbers of people getting-- dying from AIDS related infections or even getting infected with HIV is increasing severely every year.

**HOWARD**

I've come across a lot of people who say, and I read this an article in the *Advocate* not too long ago. And they

**MCHALE:**

said, we're tired of talking about HIV. We're tired of it. It's been around for about 12 to 14 years now. We're tired of it. I'm 37 years old. I figure what the hell. I need some gratifying, enduring relationships in my life. So if I get HIV positive, I can live for another 12 to 14 years. That would be my average life expectancy. How do you explain that? Are people giving up on this?

**BART LOESSER:** Some people are. I would think, not everybody though, is saying, well, what the hell. Why not just die 10 years from now? Why do I need to live for 40 more years? Well, most people don't want-- I mean, it's like planning a suicide. I mean it seems silly to give up.

I mean, if you're negative, there's no reason to get infected, even if you have a partner who's HIV positive. But there's a lot of reasons why people do put themselves at risk. And that's why we at the AIDS Foundation have workshops to deal with all the different issues that are going on in a person's life, give them a chance to talk about it, share their ideas with other people, and find answers that work best for themselves.

**HOWARD**

But Bart, you didn't plan your suicide. Were you a victim of ignorance or were you a victim of uneducation?

**MCHALE:**

**BART LOESSER:** I was a victim of denial like everybody else. Just like I go in the schools today, I say, people are getting infected for the exact same reasons as I got infected back in 1983. I didn't feel I was really at risk. It was just those people in New York, San Francisco, those people who were having lots of sex. If I went out on a whole week, if I went out a couple of nights a week and met maybe one person, so I wasn't sexually active.

I didn't consider myself promiscuous. I had come out of a four-year relationship with someone who was HIV positive. So that didn't exactly help me either. But the whole point was I was in denial saying this thing can't happen to me. And I didn't protect myself. Today, people still don't protect themselves for the exact same reasons.

**SCOTT LEWIS:** We're going to try and take another phone call. Caller are you there? Well, we tried. Let me tell you what we're going to do, that didn't work. It is time for us to take a break. You are listening to *After Hours* a continuing tradition on KPFT Houston.

Its Scott Lewis and Howard Big Daddy McHale here tonight, with our special guest Bart Loesser. Tom is in the house. Melissa is in the house answering telephones. Matt's out in the lobby answering telephones. The Houston Alternative Lifestyles bulletin board, there's somebody representing them here in the house. We're just all in the house. We sound like it's a house party down here at KPFT.

I have some tickets to Jesse Colin Young. He's a '60s folk singer. He's at Rockefeller's tomorrow night. You must be 21 to enter, but I have tickets, I have a pair of tickets and then a set of three tickets. So if you want to call now at 526-573-8526 KPFT and I can give those to you.

Real quickly, we're going to do a double play of some Taylor Dayne. She was in town not too long ago, heard she was a big, old bitch, and just did a couple of songs and went home in her limousine, but we still love her anyway. We'll start out with, "If you were mine" and then do her latest single "I'll wait."

[MUSIC PLAYING]

I'll wait for--

You're listening to KPFT Houston, *After Hours*, a continuing tradition on 90.1 FM with Scott Lewis, Howard Big Daddy McHale. And our special guest tonight, Bart Loesser is in the house. We're taking your phone calls at 526-573-8526 KPFT.

Don't forget, it's our May drive. We need your money. \$35 for a mug. \$60 for a t-shirt. \$90 a mug and a t-shirt. And if that \$90 is on a credit card, *After Hours* is exclusively offering an autographed poster from Fem2Fem, just for listeners of *After Hours*. So switch you, bitch. Another song from Taylor Dayne, it's her latest single, "I'll wait."

[MUSIC PLAYING]

**HOWARD** I love that Taylor Dayne. Isn't she wonderful? She's got the most prettiest lips. Where are the monkeys?

**MCHALE:**

**BART LOESSER:** Oh, the monkey story.

**SCOTT LEWIS:** We're going to talk about the monkey story here shortly.

**HOWARD** And those pelicans, they've been following me all night long. That's a long joke.

**MCHALE:**

**SCOTT LEWIS:** That's a joke we're not going to tell on the air.

**HOWARD** Anyway, I know, Bart, you really want to touch on something tonight. And to our audience, I hope you're listening  
**MCHALE:** and you really want to call in and ask questions about this because the workshop that Bart is working on takes life beyond sexuality. It takes sexuality beyond life.

And what it does is that it takes us as human beings and explore things other than our sexuality or in depth with our sexuality because when we think about sexual beings, we think about orgasm. We think about selfishness. We think about love, for all different reasons. Bart, tonight, talk about the workshop you're doing that takes us beyond orgasm, that takes us beyond intimacy, or draws us into intimacy because I'm really having a problem with exactly what the workshop means.

**BART LOESSER:** OK, well, what I'm trying to do with this workshop is help people to grow as-- basically grow as individuals to learn to love themselves better and accept themselves, and most importantly, to know themselves. I tell people that, first of all, if you're going to be looking at any of these issues like why do I have sex?

What am I really looking for? What is it that will make me happy? How do I find the right partner? What kind of situations am I in that I meet people? These are all questions we're all looking for when we're looking at the question of love.

And so what the workshops are all about is how do we explore these issues within ourselves to understand what is it that's motivating us? And you can call us here to talk more about it at KPFT. Our phone number here is 526 KPFT. And we do have open lines right now. And we'd be happy to take any questions.

And especially since a lot of our viewers or listeners are young, we spend our lives, our whole lives learning to accept ourselves, to love ourselves, to basically learn to think we're OK. But to learn about this, you have to learn about who you are.

And that's what this workshop is all about. Who we are as gay men because it's specifically at this point a workshop for gay men, although I feel it's also just as important for lesbians. And I'd be very interested in seeing these workshops developed in that area, of course.

**HOWARD** What about for straight people?

**MCHALE:**

**BART LOESSER:** Oh, it's vitally important for anybody. I mean self esteem, and self acceptance, and understanding yourself are keys to learning to live, and explore, and grow in life, period. So many people don't know, like they say, I want to be happy. Well, what does it take for you to be happy? Well, I don't know. Well, these are some things you need to think about, get to know yourself.

**HOWARD** Do your workshops deal with any kind of a self esteem?

**MCHALE:**

**BART LOESSER:** Oh, self esteem is one of the key issues here, self esteem and self knowledge. You really can't have self esteem without self knowledge. I mean you have to really get to understand and know yourself.

And once you actually do, then you'll realize a lot of the negative images you have are wrong, that actually we all have incredible gifts, and talents, and things that we're born with to make a big difference in this world. But most of us never realize those talents or gifts. We never take advantage of it. And we lead our whole lives oftentimes thinking like, I'm never good enough. I really can't do that. I'm not even going to try because I might fail.

**HOWARD** Does your workshop touch on relationships?

**MCHALE:**

**BART LOESSER:** It's almost all about relationships. It's relationships, not only with other people but also the relationship that you have with yourself.

**HOWARD** So I mean, tonight, I was speaking to a friend of mine. We went to a party with Scott. You remember, Scott?

**MCHALE:**

**SCOTT LEWIS:** I remember.

**HOWARD** We were sitting down. And we walked out to the car for a second. And we were talking about how nice it is to be single. And how we don't have to make decisions in dealing with someone else. And I thought to myself, what a sad state of affairs if we have to really sit here-- do we have a problem with ourselves? Does the gay community itself have problems?

**BART LOESSER:** I would never say that there's any one right way to say that you could be happy single, or happy married, or happy in a relationship. You should be able to be happy with yourself first whether you're in a relationship or not. And that's where people are usually off-base. They try to find happiness in someone else, someone who can make them happy, some situation, job, or whatever that'll make them happy.

None of that makes you happy. And besides that, none of that lasts forever. The only thing that's around forever that you can count on is yourself. So you need to look into your own issues first before worrying about getting into a relationship with someone else. That's what people forget. Self esteem is vitally important if you want to find the right love that's going to work for you.

**HOWARD** OK.

**MCHALE:**

**SCOTT LEWIS:** We're going to take another phone call at 526-573-8526 KPFT. Is it working?

**HOWARD** Caller are you there? Caller number seven? Melissa hit the button

**MCHALE:**

[LAUGHTER]

**SCOTT LEWIS:** Oh, thank god for Melissa.

**BART LOESSER:** Oh, maybe they're not there.

**HOWARD** Melissa, that yeast infection, girl.

**MCHALE:**

**SCOTT LEWIS:** I tell you. We're taking phone calls at 526-573-8526 KPFT. You can call in with a question for Bart Loesser or you can call in with a pledge for our May drive. And we may or may not get you.

[LAUGHTER]

**HOWARD** I don't know what's going on. Do you remember seeing that movie, *The Poseidon Adventure*. And there was the  
**MCHALE:** Andromeda strain and the woman? And the woman, she saw that red thing. And she didn't know what was going on. And she went crazy. And right in front of us, tonight, callers, we seen like 20 red lights. And we don't know how to get you on the air. But anyway--

**BART LOESSER:** We will take your calls, we just don't know if we can talk to you.

**HOWARD** On a personal element, just for one second because we're waiting for calls to come in. Bart, what makes you

**MCHALE:** happy?

**BART LOESSER:** Honestly, being happy with myself, trying to get my goals met, my needs, which of course, fighting in the AIDS field and such. I'm frustrated a lot, but there are things that make me happy. I always say, I can either be in a relationship or not be in a relationship and still have the capacity for being happy. But that doesn't mean I'm happy all the time.

**HOWARD** No, no. Bart, what makes you happy?

**MCHALE:**

**BART LOESSER:** What makes me happy?

**HOWARD** Answer the question.

**MCHALE:**

**BART LOESSER:** OK. Cool, sunny days, beautiful days like that, when my work goes just right, when a presentation is met with people who ask great questions, and who say, wow, I got something out of that. I like being able to make a difference in people's life. That makes me happy. Basically, living my life the way I live it at this point makes me very happy for the most part.

**HOWARD** In the AIDS community, how do you consider yourself? Are you a teacher? Are you an educator? Are you an  
**MCHALE:** example? Are you a role model?

**BART LOESSER:** I would guess-- I try to be to some. I mean, whether I'm working with people in the drug abusing community, like in the drug rehab centers. I try to teach them about self esteem, and taking control of your life, and learning to be happy for once in your life.

And so in a way, I try to be a role model in that sense. But I'm also an educator trying to enlighten people a little bit, just get them to look at their own lives. I don't have answers. Nobody has answers for your life but you. And so all you can do is explore these things and find out what works for you.

**SCOTT LEWIS:** Caller are you there? We're trying to get this phone system work. And we don't know what we're doing down here, but we're trying. So that's all that matters.

**HOWARD** I hope this isn't another week where we can't take phone calls.

**MCHALE:**

**SCOTT LEWIS:** Try another one.

**HOWARD** Big Daddy is going--

**MCHALE:**

**SCOTT LEWIS:** Hit phone something else.

**HOWARD** Melissa, play something--

**MCHALE:**

**SCOTT LEWIS:** Caller are you there?

**CALLER:** Hello. Yes, I'm here.

**SCOTT LEWIS:** No. Try another one, Melissa, a different one.

[LAUGHTER]

Do a different one. We're just trying to--

[BACKGROUND CHATTER]

Caller, are you there?

**CHARLIE:** Yeah.

**SCOTT LEWIS:** And your name?

**CHARLIE:** Charlie.

**SCOTT LEWIS:** What was that?

**CHARLIE:** Charlie.

**SCOTT LEWIS:** Charlie, do you own that coffee shop?

**CHARLIE:** No.

**SCOTT LEWIS:** Oh, good, because let me tell you, those are terrible burgers over there. And the service is even worse.

**HOWARD** And the lettuce is wilted.

**MCHALE:**

**BART LOESSER:** Charlie--

**SCOTT LEWIS:** Charlie, you know you're on the air?

**CHARLIE:** Oh, yeah.

**SCOTT LEWIS:** You are.

**CHARLIE:** That's cool.

**SCOTT LEWIS:** OK.

[GIGGLE]

Did you did you want to make a big pledge or have a question for Bart Loesser from the AIDS Foundation?

**CHARLIE:** I don't know.

**SCOTT LEWIS:** Are you just sitting at home drunk, Charlie?

**CHARLIE:** No, I'm just sitting here bored of my butt.

**HOWARD** Charlie, do you know what planet you're on?

**MCHALE:**

**SCOTT LEWIS:** It's earth, third planet from the sun, Charlie.

[LAUGHTER]

**CHARLIE:** Am I really on the air?

**SCOTT LEWIS:** You're really on the air, Charlie.

**CHARLIE:** Cool.

**HOWARD** This is LA, honey. And you're in movies. Is there anything you want to ask or any comments you want to make

**MCHALE:** about what's going on with your life right now?

**CHARLIE:** Yeah, I hate being used.

**SCOTT LEWIS:** Used?

**CHARLIE:** And I hate today.

**BART LOESSER:** Why?

**CHARLIE:** Because people are so rude.

**BART LOESSER:** Well they're rude, but people are also nice, don't forget that. You have to understand that coming in touch with people in your life, there are going to be nasties. They're going to be good. They're going to be bad. You as a person have to weed through the bad. In our lives, Charlie, there are good and bad. And there are nasties and rudeness. As we come to grips, you understand that these people will go away, they'll come. It happens all the time.

**SCOTT LEWIS:** That's right, Charlie. You take care.

**HOWARD** Bye, Charlie.

**MCHALE:**

**SCOTT LEWIS:** Bye, Charlie. You just get all kinds of this phone system when you don't know what you're doing. Melissa can we try another one?

[LAUGHTER]

                    Melissa has no clue, neither do we. Hello? Caller, are you there? We tried. We tried.

**BART LOESSER:** Charlie's on hold.

**SCOTT LEWIS:** Try another one, Melissa. We're professionals, Bart. We're professionals. Hello, Caller. Are you there?

**TOM:** Hey, we struck it rich.

**SCOTT LEWIS:** All right, who's calling?

**TOM:** This is Tom.

**SCOTT LEWIS:** Tom, you're on the air.

**TOM:** Thank you. I wanted to--

**SCOTT LEWIS:** We've been trying like hell, Tom. Just bear with us.

**TOM:** I know. The Andromeda strain, the scientist who went into that coma, she was epileptic. And the red light put her in an epileptic coma. Anyway--

**HOWARD** Anyway what are you sitting home for at 1:20 tonight?

**MCHALE:**

**TOM:** Anyway, I'm just a night owl. I came home from a party.

**SCOTT LEWIS:** Were you at the Four Seasons party?

**TOM:** No, it was a private party.

**SCOTT LEWIS:** Well, so was the Four Seasons, don't get snooty.

**TOM:** No.

[LAUGHTER]

It was just a friend's house, but I was listening to y'all on the way home. And we've got a bunch of demons to overcome, in that I think, one of them is to prevent the spread of AIDS. Hey, we've got so many people in this country that are so lazy. They won't even use condoms if you give them to them.

**BART LOESSER:** That's right.

**TOM:** Laziness and stupidity is a wall. It's just insurmountable. And Mark was talking about goals. I mean, heck, yeah. We all need goals in our lives. Am I off again?

**HOWARD** No, you're on.

**MCHALE:**

**TOM:** All right, I mean, heck, yeah. We need goals in our lives, but look at how many kids are just dropping out of high school. Talk about I mean having a worthwhile goal is just finishing high school at least. They don't even have that for a goal. We're in trouble.

**HOWARD** Well, Tom I asked Bart earlier. And I want you to ask me-- I want you to answer this, who has the responsibility to  
**MCHALE:** teach and educate these children about AIDS and HIV? Who holds the responsibility?

**TOM:** I would say their parents first.

**HOWARD** They can't even discipline their children. I used to--

**MCHALE:**

**TOM:** I know. Yeah, that's my answer. The parents should first teach them the responsibility. And secondly, I would say the church before the school. But hell, there's lots of people don't give a darn about going to church anymore.

**BART LOESSER:** Well, you're right. It's a very complicated issue about how to deal with this. And in many times, what we really need to do is to reach the kids. But to reach the kids, we don't need to be reaching them at ages 12 or beyond when they're already considering having sex or already sexually active.

We need to be reaching them at much younger ages and teaching them about self esteem and personal responsibility, whether it's with drugs, alcohol, driving. We let kids drive only after they've had a very extensive course in driver education, yet we let kids have sex, and drink, and do drugs without hardly any education at all about those issues.

And also, we have almost no education about self esteem, which is really the cause of most of the problems that we deal with in our society. And like the caller before, talking about rude people. Most people are rude. Most people are mean. Most people are vicious, or greedy, or other negative things because of bad, poor self esteem-- that they feel they need to prove something to somebody else.

That's why you have gay bashers because of people who think they have to prove something to their friends or other people. It proves nothing, but they feel that they have to prove this stuff. And we learn to deal with self esteem and empower children, kids, as well as teens, and young adults to empower them to take care of their lives, period. We wouldn't be seeing a lot of the mess that we have today, including unprotected sex and this AIDS epidemic.

**SCOTT LEWIS:** Don't forget you're listening to Scott Lewis and Howard Big Daddy McHale on KPFT Houston 90.1 FM. This is *After Hours*, a continuing tradition. Our phone number is 526-573-8526. It's 1:24 in the morning. Does your mother know where you're at? Does she know that you're going to call in and give us a pledge for our May drive? It's \$35 for a mug. \$60 for a t-shirt. \$90 you get both.

And if you make it on a credit card, if we haven't given it away yet, we have exclusively at "After Hours" an autographed poster from Fem2Fem just for you. \$120, you get BBC bag. And \$250 contribution tonight would get you a day sponsorship, BBC bag, and a subscription to London Calling. We have another phone call that we're going to take right now. It's Charlie on line six. Charlie, are you there?

**HOWARD** Hello. Charlie hung up.

**MCHALE:**

**SCOTT LEWIS:** Well, Charlie disappeared.

**HOWARD** Anyway, how much have you pledged for the KPFT May drive?

**MCHALE:**

**CHARLIE:** Hello, I'm on the air?

**SCOTT LEWIS:** Charlie?

**CHARLIE:** Yes.

**SCOTT LEWIS:** Charlie, you're on the air. Do you have a question or comment for Bart Loesser

**CHARLIE:** Yeah, I was talking about relationship of Black men, and homosexual men, and the roles that they play if a Black man would be dominant or submissive. I'm not a homosexual or nothing but--

**SCOTT LEWIS:** But if they would be dominant. Thanks for your call, Charlie.

**BART LOESSER:** Well, I'm not quite sure how to approach that question because we can't really talk in terms of stereotypes. People are people. Individuals are individuals. Some people may consider themselves active, or passive, submissive, whatever. But some people consider themselves, hey, I'll do anything with anybody.

I mean the whole point is that it's each individual. It doesn't really matter what race they are, what their background is, male or female. People have to define themselves, their own sexuality on their own. This is the reason why we have that workshop is to help people to explore where they are with their sexuality. What motivates them to do what they do, or believe what they believe, or look for the type of partners that they look for?

It's really a way to explore who you are as a person, period. Whether you're gay or straight. But the workshop is, of course specifically, at this point, geared towards gay men. The classes are very small. There are only-- it's only 12 to 15 people. It's a small group. We go over four weeks of discussing these things. So it's like a support group, but a way to learn to get in touch with yourself.

**SCOTT LEWIS:** Don't you find that, as this young man that just called was identified himself as a heterosexual man, that people in the heterosexual community still define gay relationships as the roles that people play? That one's masculine and one's feminine.

**BART LOESSER:** Right. Well, the reason why-- and I think-- for someone who's gay, it's really hard to understand how someone who's heterosexual would think, except we were raised in that society. So it's easier for us. But it's very difficult, if not impossible, for someone who's heterosexual to understand anything outside of heterosexual terms.

And if you look at your typical, and again, this is stereotypical, heterosexual relationships, the male is usually the dominant, the aggressor. The one who makes the decisions. The one who-- is the one who makes the first move. Now that's not necessarily true today, but that is how it's set up in heterosexual society in general.

And the female is meant to be submissive, and passive, and let the guy do what he needs to do or wants to do, and just agree with it. Now things are changing drastically. I mean that's maybe how things were 30, or 40, 50 years ago. And even then, that was stereotypical. Today people do what they want to do.

But that also means that if you're a male like this heterosexual male. And you're very aggressive, assertive, whatever, and always the one who takes the leading role. And you meet a woman who also is the one who takes the leading role. Obviously, he may be threatened by that. He may not want a woman who's like that. And in the gay community, you find men and women, gays and lesbians, also either playing certain roles or just being themselves. You don't have to focus on any particular role.

**SCOTT LEWIS:** I've always tried to explain to people with that question or that attitude towards the gay community, that as 40 years ago, when leave it to Beaver was the standard. That June stayed home, and baked cookies, and saw the kids after school. And Ward went to work, and earned the living, and disciplined.

In the '90s, June and Ward both work. They both have very little time. And as their roles have changed in the heterosexual community, so have the roles in the gay and lesbian community. And to where maybe 40 years ago there was a masculine and a feminine. If there was, I don't necessarily know because I wasn't there. Roles just as they've changed in the straight community, have changed in our own community.

**BART LOESSER:** Right, and this is where it's important to get to know yourself because you may be living your whole life as a role that really isn't you or isn't something that you're happy with. So I think it's really important to understand, are you getting out of your life, out of whatever roles you're playing, are you getting what you feel you need, whether in a relationship or whatever's going on with your own life?

Some people find that being passive is not going to get them anywhere in the working world. We all have to understand what it is we are, who we are, why we are, and explore these issues. That's all a part of what maturing is. When people get to be the age of 60, 70, 80 and can say, well, now I'm happy with my life. They finally gotten some answers.

Well, you don't have to till you're that old to do that. Don't let work, and family, and relationships, and other things get in the way of what's really important in your life. And that is working on yourself. That means learning who you are, why you are, and getting to a point of wherever you want to go in life. Start moving in that direction, little by little.

**SCOTT LEWIS:** Go over again the basic goals or the basic guidelines of this workshop of Beyond Intimacy.

**BART LOESSER:** Well, the workshop is to help, first of all, identify who we are as gay men. There's a wonderful exercise we do about who are we looking for in a partner. What does society say men are like? What does society say gay men are like because this is the society we were raised in.

Then, what are the people, what are we looking for in a partner? And then, what is it that we want from a partner? What do we expect from a partner? And you begin to-- you look at what we're looking for, sometimes gorgeous, macho, all these physical things.

But then when you see what we want from a relationship are more emotional things-- support, love, all this stuff. And we say, are you really going to find something when you're only looking for the physical? Are you really going to find what you need emotionally from somebody?

And this is something that for a lot of men they're not used to. Men are used to focusing only on the physical. And they realize you're never really going to find what you want by looking just at the physical. That's not what it's all about. You've also got to look at, can this person meet my emotional needs? Do I even know what my emotional needs are?

Most people have no idea why they do what they do in a relationship. Why does their partner-- why are they able to push my buttons? Well, let's explore what those buttons are. Why do you react in that way? This is something we just don't understand ourselves well enough.

And we get into relationships and live our whole lives sometimes not even knowing who the hell we are. And this is what I want to encourage anyone, whether gay, straight, bisexual, I don't care, male, female, is learn what's really important in life. And it's not getting the best job, making the most money, accumulating the most material goods, having the perfect wife, or husband, or whatever.

That's not what it's all about. It's all about growth and becoming the person that you were intended to be, that you were born here to be. Achieving your fullest potential. And that means looking at yourself. The other things are external. You can be with a lover for 13, 20 years, 100 years and then they'll die. So they die on you. Now, what are you going to do? You have yourself here.

You don't have everything else in your life that's going to be guaranteed to be around forever. The only thing that's going to be around forever in your life is you, not your parents, not anyone else. So you've got to learn to build a strong Foundation that you can always fall back on because that's the only thing you can really ever count on, whether it's in terms of safer sex, relationships, or just coming to terms with yourself. It's the most important issue.

**SCOTT LEWIS:** Where can they find out more on how to get involved with Beyond Intimacy? Is this through the AIDS Foundation Houston?

**BART LOESSER:** Yeah, at this point it is. We've just-- we're in the midst of our first workshop. And I want to be doing more. And it's a matter of getting people involved, getting people committed to the workshop because it does-- it takes a bit of time to go through. It's-- what is it? Four, three hour sessions.

But for anybody who wants to make any move in a positive way in their life, I'd strongly recommend it. Not just in terms of safer sex and sometimes having unprotected situations, but also in terms of just finding out who the heck we are-- both physically, socially, sexually in all ways.

So then call me at the AIDS Foundation to find out more information certainly. And you can call me there. Of course, the AIDS hotline is listed in the phone book at 524-AIDS or our main number, which is my main office number is 623-6796. And you can look it up in the phone book-- AIDS Foundation Houston, or you can call the station here. Someone can just call the AIDS Foundation. If you don't remember my name, just ask for that safer sex guy.

[LAUGHTER]

**SCOTT LEWIS:** We're going to try and take another phone call if this is going to work. Caller are you there?

**HOWARD** Tommy? On line seven.

**MCHALE:**

**SCOTT LEWIS:** Didn't happen.

**BART LOESSER:** We're really trying though, I swear.

**SCOTT LEWIS:** We are trying. We're trying to be real good. So they just have to call up to the--

**BART LOESSER:** AIDS Foundation Office.

**SCOTT LEWIS:** --AIDS Foundation Office which is around what? Wherever. And I don't know if y'all-- a lot of places-- a lot of places are real-- different places are-- because I called a certain organization the other day on the phone. And I needed to get their address because I was writing them a letter in my business capacity. And I said, could I just get your mailing address. I'd been to their office. I knew where they were. Well, they were, who is this? So some places, I guess, are conservative.

**BART LOESSER:** We don't care. We're hard enough to find as it is. That doesn't mean you'll be able to find it just because we give you the address. It's tough.

**SCOTT LEWIS:** It is tough to find.

**BART LOESSER:** Yes.

**SCOTT LEWIS:** Thanks for coming out.

**BART LOESSER:** Sure.

**SCOTT LEWIS:** I'm eager to go through the Beyond Intimacy class.

**BART LOESSER:** Wonderful, I'd love to have you and anybody can join the class.

**SCOTT LEWIS:** And I know, Howard needs to go through it.

**HOWARD** I need to do a lot of things, do a lot of things, especially through adolescence and puberty again.

**MCHALE:**

[LAUGHTER]

Or maybe--

**SCOTT LEWIS:** Well, they have changed this century, haven't they?

**HOWARD** Maybe a little--

**MCHALE:**

**SCOTT LEWIS:** Hair club for men?

**HOWARD** Yeah, whatever.

**MCHALE:**

**SCOTT LEWIS:** We're not going to be here. Thanks so much, Bart for coming out.

**BART LOESSER:** Thank you guys.

**SCOTT LEWIS:** If you want more information on beyond intimacy or any of the programs that the AIDS Foundation can offer you, Bart Loesser is the education man when it comes to the AIDS Foundation Houston. And you can get in touch with him through the AIDS Foundation. He is the safer sex guy.

Do a little then and now. Allison Moyet has a new single out. And it's probably the best video that I've seen for a song in a very long time. It's quite a camp if you get a chance to see her new video. Here's an old song from, Yaz, one of her very first albums, "Upstairs at Eric's." it's called "Goodbye '70s." And we'll go from that to her new single called "Whispering your name" off her new CD called "Essex."

Don't forget, we will be taking your phone calls at 526-573-8526 KPFT through the rest of the evening until 3:00 AM. And we are in the middle of our May drive. \$35 for a KPFT mug. \$60 donation and you receive a t-shirt. \$90 for a mug and a t-shirt.

And if it's not already gone, \$90 on a credit card will get you that mug, that t-shirt, and an autographed poster from Fem2Fem exclusively for *After Hours* here on KPFT. If you have \$120, or if you can go in your mom's room and slip it out of her purse, \$120 we'll get you BBC bag.

\$250, it gets you day sponsorship, your name mentioned on the air as a sponsor of that day, plus a BBC bag, and subscription to the London-- to the London Calling. Who called me a role model? This is Yaz, Alison Moyet, "Goodbye '70s"