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## SUMMARY KEYWORDS

aids, sex, gay, houston, safe, calling, person, contact, disease, montrose, virus, people, sexual, program, talk, woman, stein, play, unsafe, written

## SPEAKERS

Mike Miesch, Jack Valinski

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00:00

The way that the guy



Jack Valinski 00:12

name of the show is Wilde 'n' Stein, named after Oscar Wilde and Gertrude Stein. Our aim is to bring a better understanding within the gay and lesbian community. This is Jack Valinski, along with Mike Miesch asking you to join us for the next 90 minutes.



Mike Miesch 00:52

Well, good evening to track if not with us tonight, but he'll be back next week. And next week we have a special gash council person George Grannis will be on in the last third of the program. And we'll also be having someone come on to talk about cleaning up Westheimer or gay people get involved in actually cleaning up Westheimer I think sounds like a wonderful project. And in a few moments, I'll be back with announcements and we have news and the special feature of today's program. Dale Scott of the Montrose counseling center will be doing his play safe workshop. Quiet usually is an hour and a half presentation that will be trying to do and somewhat a time period of like 45 minutes or so. And I hope you'll stay tuned for the whole show and we'll be having a chance to play a little bit of music. financement breath are brief tonight, but I'll be giving us phone numbers within the community. And I'll be reading through current rubber duck schedule of some films of interest. And then we'll go directly into the news. For those of you who want information on a national level of what's going on within the gay movement, there's National Gay taskforce crisis line which is 1-800-221-7044 and that's outside New York State. Okay Asians and friends can be contacted through think a switchboard or they can be written at 2615 wall drive. Number 298 Okay fathers, which means that 3217 Fanon can be contacted by calling 5280111 telephone number for the gay Hispanic Caucus is 8685 to five to the gay Political Caucus can be written by addressing them, PO Box 66664 Houston, Texas 77266 Or you can call 521 1000. Again Political Caucus meets at 3217 Fannin first and third Wednesday's of the month. coming up September 14, a 10th anniversary dinner

hosted by the President's Club to gay switchboard can be reached by calling 5293211 And I need to make the correction there. It's the gay and lesbian switchboard of Houston. 5293211. For those of you interested in the new theatre group, the group Theater Workshop, which I watch, you can call 522223 or four, they meet at 737 Excuse me on Thursdays at the dignity center 5217 And Houston, gay health advocates beats the first Saturday of the month at 730. And they can be contacted by calling 7909448. The KSA gates foundation can be contacted by calling 5243427 and they meet Saturdays between 11am and 12:15pm. They can be read and written by being addressed at 3317 Montrose box 1155 That's Houston Texas 77006. Montrose art Alliance, which meets the second Monday of the month can be reached by calling 8689314. The Montrose clinic, which is at 803. Hawthorne, can be contacted by calling five to 85531. And they're open Monday, Tuesdays and Thursdays between six and 9pm. The Montrose Counseling Center which is on 900 Lovett Suite 203 can be contacted by calling 5290037. If you're interested in softball, there's the Montrose softball league, which can be reached by calling 5243144. And the end of August August 26, or September 1 Is the gay World Series in Milwaukee. Coming up there is a meeting by parents and friends some lesbians and gays parents flag that can be reached by calling 4646663 and they meet at Presbyterian Senator 41 Oakdale at 2pm Third Sunday of the month and those of you who are interested in women's softball they can be contacted by writing 6431 Pine shade, Houston, Texas 77008 are calling 8686256 on the River Oaks schedule for August 6, and X Ray did double feature of three days pass and boys of Venice showings between 530 and 9pm of these films August 28 and 29th show Wayne's films on Jack Kerouac car whack, at six and 9:15pm and William Burroughs at 7:30pm August 30, the movie The hunger, an interesting sort of sci fi horror film, kind of film with David Bowie, Catherine dinner, and Susan Sarandon, some interesting music and beautiful photography, and some subtle homoerotic scenes as well. And then September 1, law college a full one and two was shines between 330 and 930. The Alley theatre will be presenting Emily man's execution of justice between October 10 and November 10 1985. And this is about the Dan White trials. For those of you who are interested in more information on the River Oaks can call 5242147 Messer River Oaks on West gray. And those of you who are who are interested in execution of justice Valley theaters, October presentation can call the alley at 228507 A. Next we'll get into the news. And I'd like to read a couple of letters, one from Robert nuskin Phillips, and another one from Tom Wilson. And what's going on with those musicians? And then we'll be having those caught on. So stay tuned throughout the program. If you have any comments about why Wilde 'N' Stein, please do write us here at 419 Lovett Boulevard, Houston, Texas and those are 27706 We'd really like to see any comments you have in letter form. It's always helpful to us and helpful to the station as well. So right now I'll get into the news. But Jack,

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Jack Valinski 12:22

good evening. This is Jack Valinski with news of interest to all the Wilde 'N' Stein listeners for August 1 1985. This week we will be featuring a little bit of an extended coverage of the recent aid stories used in city council on Tuesday, delayed for at least a week the adoption of an ordinance to regulate peep shows and video arcades. Councilman George greenies requested delay to give the city administration time to determine where it would find the approximate \$125,000 to fund a beefed up enforcement of the ordinance. Police Chief Lee Brown said the funds are necessary for equipment and additional space for the six spice officers who will be assigned to enforce the peep show ordinance and another ordinance regulated sexually orientated businesses from Paul Harrison's common column. Once in a while, someone comes up with an argument so incredible that you just have to marvel at how he can spill it out from his human brain homosexual activist Ray Hill, working hard to defeat a proposed city ordinance that would eliminate boots in adult bookstores, where sexual activities regularly performed

according to Paul Harrison says that if boots are taken down, you can expect homosexuals to invade men's rooms all over town for illicit sexual activity. After making that argument in speech recently before city council, Hill invited the press corps last Friday to go on a tour of bathrooms that would be expected to have as much activity should the ordinance go into effect most declined. The Dallas Independent School District banned the local gay organization from participating in the district's adopt a school program citing adverse publicity and opposition from parents. Superintendent Linus right on Tuesday rejected a request by the Dallas Gay Alliance to join the program to adopt a school promotion is out of the question because of the publicity attracted and the concern right said we have received more letters from parents protesting that than on any other issue. Right met Monday with Gay Alliance President Bill Nelson to discuss the group's goals, which also include increasing Dallas Independent School Districts awareness of gay students problems. He said he has received about 74 letters opposing the Alliance request and one supporting it. Nelson called a decision disappointing but said he will not protest it. We agreed that because of the nature of the publicity surrounding that proposal, that it is not a good idea. He said if there are no standards outlined who can participate and the district is just acting on its own. They are like that and they don't like that it would be an unlawful act. Wright said that he was open to other suggestions made by the Gay Alliance including counseling for gay students initiating an outreach program with PTA and disseminating literature about the gay lifestyle through school counselors and libraries. And East German doctor says parents might one day be able to make their children's homosexual or heterosexual by tinkering with the hormones of embryos. Dr. gouttes, her director, director of the Institute of experimental ectodomain ology at East Berlin's charter hospital, said his experiments with castrated rats have raised the possibility of altering sex hormones of human embryos to determine whether the baby will be masculine or feminine in nature. Turner's comments which came on an East German radio interview sparked a storm of criticism from West German newspapers, which reported that West German scientists in general reject owners theory that conservative die rate newspaper Tuesday color theory I heard horrible vision of the future, and said that is being embraced by the people who believe homosexuality is caused by physiological rather than sociological factors. In his radio interview, which went unnoticed until reports on it were printed in West German press. Turner says whether a person will have a masculine or feminine nature is determined early in pregnancy. The doctor says a person's nature is determined by androgens, or male sex hormones. Houston aid victims now include a three year old girl and a woman who contracted the deadly disease from her boyfriend health officials said last Friday, the child who received numerous blood transfusion marks the city's first pediatric case of AIDS. The woman is the first City's first reported of disease being spread through heterosexual contact, said Dr. Gordon Reeve, Chief epidemiologist and the Houston Health Department. We've also noticed that the youngster is considered the city's second case where AIDS was transmitted through blood transfusion. Three other people develop AIDS after receiving blood transfusion in Houston. However, they live outside the area and were not included in the city's official tally. More than half of the city's 314 AIDS patients have died and health officials are looking at another 147 suspected AIDS cases in houston and harris county, Reeve said, Reeves said the girl who was not identified was born prematurely in September 1981 and underwent intensive treatment of blood disorder. She received 26 units of blood between October 1981 and march 1983. In the fall of 1982, she started to develop symptoms of AIDS and doctors eventually found that she had antibody to HTLV three virus that causes AIDS. Reset health officials interviewed the family and decided that the youngster probably was exposed to the virus in front of blood transfusions. both read and Bill TIG president of the Gulf Coast Regional blood center, so the cases and other blood transfusion aid cases occurred before the blood bank instituted a rigorous screening and testing program to prevent the spread of AIDS. The city's other new case, a 32 year old woman apparently contracted the disease from a boyfriend who was a heroin user. For other Houston

women were stricken with AIDS, but they are believed to have gotten the disease from intravenous drug users, as is growing in the Houston area have a rate of 40 to 45 new cases each quarter, but the number has remained fairly steady for the past year and a half according to Dr. Eve. It is not doubling or tripling so the rate of increase is slowing. The rate may be startling to a plague, but you'll still be getting new cases for some time. Nationally 2% of the 11,871 AIDS cases are attributed to transfusions and heterosexual contact. According to the Centers of Disease Control in Atlanta, half of all aids victims have died. The total number of pediatric cases are 147. Those attributed to heterosexual contact of AIDS patients or someone at risk for AIDS is 114 including 13 males



19:52

you.



Jack Valinski 19:52

Well Sydney, Australia, a hospital said it is very highly likely for women have infected by AIDS virus after being artificially inseminated. Experts said it would be the first time that the virus was transmitted into this matter. The four Australians were infected in 1982, almost certainly from the sperm of the same bisexual donor immediately. ologists Dr. Graeme Stewart said Thursday at Western Hospital, one of Sydney's top teaching hospitals. He said that the case has raised concern about the possible problems in the United States, where he said that more than 100,000 Women have undergone the procedure since 1980. But experts says improve screening procedures mean it is almost impossible for a woman to contract AIDS through artificial insemination. Stewart emphasized that for women were unlikely to develop full blown form and all of the often fatal disease and said that he would probably live perfectly healthy lives. He said one woman had developed enlarged lymph glands, a secondary stage of the disease. Doctor said that although women themselves are not sick with the disease, their bodies have developed antibodies to fight it. They could however, pass it on through sexual contact or donating blood or organs. But Stewart says none of the women had passed the disease onto their husbands cancer victims treated at the Bahamas clinic, where as many as 1000 people might have been exposed to the AIDS virus said Tuesday in Washington that the clinic was their only hope and must be reopened despite the potential risk. We know the risk. There is always a risk, says Susan Caliburn of Manhattan who has breast cancer. Their appeal came to the owner of the clinic denied blood drive drugs in the clinic are contaminated with AIDS and defer the effectiveness of his cancer treatment. A group of about 40 patients from New York City area who were treated at the embryology research sharing limited Freeport grand Bahamas Island appealed to members of Congress to try to get the clinic reopen carrying signs reading freedom of choice for cancer patients. Some patriots said they have only weeks of the drugs left and they might die if they could not get any more. Representative guy Maury area Republican of New York met with a group on the steps of the Capitol and said he would ask the Centers for Disease Control in Atlanta to determine what it would take to reopen the clinic with guidelines that would satisfy the health authorities to discovery of the possibility of AIDS contamination led the Bahamas government on July 17. To close the clinic down. initials test for the Centers of Disease Control and other agencies showed evidence of AIDS virus may be sampled in bloods derivative drugs dispensed by the clinic. Former Governor Lester Maddox at Tuesday, he fears that he may get AIDS from the drugs he received in the clinic and quoting I'd rather go with a straight cancer than with AIDS. Dr. Lee in the US government's battle

against aid said enough tax money is being spent to fight the deadly disease but congressional leader charge the administration has shortchanged the effort. The revelation last week that actor rod Hudson is a victim focus new attention on AIDS Acquired Immune Deficiency Syndrome. Nearly half of the 12,000 Americans are diagnosed with having AIDS have died. Dr. James Matson, Assistant Secretary of Health and head of the Federal Centers of Disease Control, defended the Reagan's administration's response to the disease and cited progress against it during an interview on CBS TV's Face the Nation. AIDS is a disaster fighting disease and it is our first priority mats and said money has not been in the way of incapacitating or slowed us down in moving ahead. But representative Henry Waxman Democrat of California, Chairman of the House Health subcommittee, said the Reagan administration has shortchanged research cut corners and refused to put money into the deal with the crisis. We had all the public health officials in the Administration last year plead with health and human Secretary service Margaret Heckler for more money and she turned them down. The administration has refused to deal with the disease with the urgency in which it should be treated Waxman said but Madison's head heckler has been absolutely supportive of the anti aids effort and we have taken funds and put it to where it's needed to be done to get the job done. The government set aside about \$75 million for research on AIDS this budget year Waksman, while noting that the administration last week asked for a 50% increase in AIDS funding for fiscal 1986 a boost of 37 point 8 million said there's has to be more money. Following is a column that appeared in the San Francisco Examiner by Bill Mandel. Almost anything goes in Hollywood these days, almost anything. Stars scrambled to be coke kicker of the month, they rush to Congress to confess it. It's a badge of courage to admit alcoholism. Actresses go on TV talk shows to reveal the most intimate details of their therapy or of their violent form marriages. Producers admit embezzling money from their studios and go on to produce hit movies. There is at least one Hollywood Tebow though homosexuality, unlike drug dealing, and embezzlement, being gay is not a crime. It's only treated that way. During the moral trials of gay right or Oscar Wilde a century ago, British poor Lord Alfred Douglas called homosexuality, the love that dare not speak its name. Not much has changed, especially in Hollywood. It may be wrong, but entertainers have justified fears that going public with being gay will hurt their careers, said Marlon Baek a veteran Hollywood columnist. It's so ironic because gay people are such prominent important parts of showbusiness that the industry would probably collapse without them. When it was announced that actor Rock Hudson was suffering from AIDS, the gay plague, decades of rumors about his homosexuality came to an end. Hudson is the first big star whose aids have been publicized, but he won't be the only one. Persistence rumors about other matinee idols and their sexual routines titillate showbusiness cocktail parties. The list of celebrities around whom these rumors have swirled is long, illustrious, and seemingly all inclusive. The question is, why just rumors in the media crazy world where almost nothing else is secret? Why does the vial of silence still lie across the issue of homosexuality? Executives and show business believed that the audience will be turned off if they hear that an actor or actress is gay, says Ken Madeley, a San Francisco based media consultants and a friend of Hudson who played host for him for many occasions in the city. They believe that the audience will lose their fantasy celebrity of a performer once he gets out. The studios are frantic about projecting a heterosexual image. I have a gay friend who was a fairly prominent actor. When he goes to business connected parties. The studio sends a limo and a woman as his date. Let's say a Midwestern couple is in a movie house watching Rock Hudson and Doris Day kiss. If Hudson is gay, the man is threatened because he knows Hudson probably kissing another man off screen. And a woman for whom Doris Day is fantasy projecting figure will be turned off because she knows Rock Hudson would never kiss her in real life. The following are some letters that appeared in the Houston Post on Wednesday. It is unfortunate that it took celebrity like rod Hudson, getting AIDS to get people finally realizing that aids have this disease that can strike anyone, regardless of sexual orientation. Now, maybe Washington will spare some money, preferably spent instead of

spending it on defense and use it to fund AIDS research. Maybe then we will see an end to this epidemic. Another letter appalled. That's the only word that describes my response to the front page article on AIDS. The disease that affected less than 12,000 people hardly deserves that kind of attention. What about the same treatment coverages for Parkinson's etc. Jewish and Christian alike believe in ludicrous 2013 Rock Huttunen and the other 11,000 Plus are only fulfilling a scripture. Another letter, the post dated July 26, that concern people were calling the Kansas AIDS Foundation for information because a real person named Rock Hudson has AIDS. It is unfortunate that my friend Frankie could not have waited a few more months before he died. He might have had hopes for a cure. Now that AIDS has a new Spotlight because of its client tell another letter. I read that Rock Hudson is a real person since the diagnosed of having AIDS may feel that the US government will finally take notice and get serious about finding a cure. Does this mean that the other 6000 people who have already suffered and died are not real people from the Houston Post yesterday and sound off. And finally, pop singer Boy George Sunday criticize an anti gay demonstrators who pelted him and his group Culture Club at an Athens concert. They have not any sense of humor. He told reporters after landing at London's Heathrow Airport. We just a bunch of anarchists racist and scum they hated everybody, Jews black you name it. But before George replaced his blue dress he was on stage Saturday with a Sabra gray suit. Follow the innocent incident at the Rock extract Venza would not deter him from returning to perform in a great capital again. And that's the news for August 1 1985. Sources include gay community news, the advocate used in post Houston Chronicle, and the San Francisco Examiner, and for KPFT Pacific are used to news and the Wilde 'N' Stein collective. I'm Jack Valinski, Hi.

M

Mike Miesch 30:23

All right, and that was the news for this evening. And thank you, Jack for putting that together. And right now we'll go into the main feature of the program. And that will be a safe sex workshop with Bill Scott on the Montrose Counseling Center. And to start off, we're going to talk about what is say six. When playing safe,

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30:49

playing safe, the concept came as a measure to prevent the spread of AIDS. The Kshs Foundation, which I'm on the board have started looking into this issue over three years ago. Basically what we started with, before we knew much about AIDS with basic mother's advice, which is, you know, cut down to fewer partners, get your rest, make sure there's less stress in your life, eat well get your eight hours of uninterrupted sleep, or let's not shut down some of your partying if you're overextending it. And, of course, don't use any needles. And at that time, there was lots of things like even cut down on any type of alcohol or drug to can take, while we're either getting high if any of us do when the alcohol or drug intake or impairment is not as good and we may not be actually having safe sex at that time. But it's evolved since then to actually playing safe has three different areas there's being absolutely safe, and also the possibly playing safe areas which are still a little questionable. And then there's basically playing unsafe, and I'd like to go through them for just the audience here.

M

Mike Miesch 32:05

I think especially between the difference between absolutely and possibly, I think there should

be

32:14

the really playing safe sex is definitely we have to realize it's not having success, we still should be considered as very healthy and it's a needed element within the human life. We need intimacy and we need to be sharing that with people to be fully functional people. As Maslow's hierarchy needs states and I really believe as a person, but the basic hugging and holding and cuddling and body to body rubbing. Kissing dry is very safe, mutual masturbation or massages along that line. Safe sex is not exchanging the high risk body fluids. And the high risk body fluids are defined in the medical arena by not exchanging urine, semen, blood or feces. They're the four major high risk fluids because they're very dense fluids, okay, that have a high element of the virus in it the AIDS virus in it. And it's most easily contracted through those forms but for responding fluids, eliminating that the body within body to body contact, or your body digesting these fluids is really safe sex.

M Mike Miesch 33:27

Alright, so how does saliva fit in their

33:31

saliva is considered a it does contain some of the virus but not have a high quantity of the virus. If saliva was unsafe, you'd have millions American with AIDS right now. Obviously, that's not the case. So it's pretty obvious it's that saliva is considered safe. Deep French kissing is in a sort of medium risk. And it really has a look at the anatomy of our mouth. Actually kissing someone and if your body if your mouth has its natural membrane built up, it has a natural system to protect yourself from viruses. If you just brushed your teeth and then you just use dental floss and then you're having some maracas thing I think it would be a little more higher risk. But again, we're looking at this as what's absolute high risk and to lower risk. Remember, I don't want to repeat this all to this program. The object here is us to have safer sex we can't expect to go out tonight and have sex right away if you've been doing behavior 15 years you can't expect yourself to change right away I hopefully I wish it could happen that we could all change right away overnight. We can't and I don't want people to be beating themselves up feeling guilty that they're not having sex the object here is to change change slowly or geopolitical but that's very good to hear. Yeah. So really going into the next category the possibly safe sex which we've talked about saliva, on possibly on Safe sex is deep French kissing, okay. intercourse with possibly pulling out is okay, we consider that, you know, there's some risk there but not as much. Using a condom is recommended if you do have intercourse at all having oral sex, basically if the person comes in the person's mouth and swallowing it is considered a higher risk. Oral sex we do consider to be in the medium risk or safer side. So

M Mike Miesch 35:34

just about Dash is one question I have is about pulling out before ejaculation What about a preset? Yeah,



35:47

right? Yeah, pre cinema fluids always the question. And again, that is not a high risk body fluid. Okay, it is of a lower risk of lower density. And it is safer than actually allowing the sperm to enter. It's safer if you're going to be into intercourse to use the condom, which we'll be getting a lot more into later on in this program. But it is safer, but it is again, it's safer to it's unsafe to actually allow yourself to come while in intercourse that is definitely unsafe. So something to start to avoid. Hopefully, if you're involved you will start to try safer by either using the condom or by pulling out before you actually climax. going on in the possible possibly being safe areas is that we also look at what there's a nickname of watersports. But which has been some people have been involved in that is a high risk body fluid. But as long as water or the urine is not again ingested into the body, but we have to look at that because it can enter the body through cuts or sores. And that has to be looked at very carefully. Okay. The next area we go into is really playing unsafe and there was a very high risk of getting AIDS through these particular ways. Having interest of course, as I said without a condom is the first actually swelling your partner's semen in your mouth is an unsafe act. Watersports, as I just said, in someone's mouth, urine in someone's mouth or in skin or Qatar was sore. actually sharing toys, a lot of people into fantasy sharing toys is sort of unsafe, and oral anal contact. Okay, as well as almost any. You can also look at your hand and anal contact because often our cuticles on our fingertips have little openings under our fingernails and if it's feces can also enter through that area. So really anal contact with either fingers or through oral anal contact is definitely unsafe.



M Mike Miesch 38:05

One question for me. Is that with? Let's say the toys are well done is I kind of wondered, I wondered about that in that there's no exchange of body fluids. So how, what is I guess the trauma to the body that those might entail?



38:39

Well, again, if you have used a toy and if it has been inside your body in any way and it connected with any of those particular body fluids and then have the person use it uses it I guess if we are talking about dildos and all those itself, if you share that you have probably some kind of feces contact sharing from one person to another directly and anal canal, we have to really look at the anal area. The tissues within our anal area are very delicate, they can be bruised very easily. They it does give an opportunity for viruses to enter directly into the body much easier than any other part. A toy for speculation a big toy will spread the cells in the anal area, allowing any type of virus or foreign body to enter our system much more directly. You see and just a little bit left on a toy from someone else and it's being used on the person could spread the cells and anal area and allow it to enter directly into the system. All right.



M Mike Miesch 39:45

So we've talked about what is say what is possibly say and what is definitely unsafe. Before we go on I'd like to ask you a little bit about this, I believe current campaign and tell me where it's

come from the mother's advice I believe they hired, the actress who was in poltergeists play mother, and in the ads and mother's handy sex guide that we're referring to is one part of that campaign.



40:30

Yeah. That's la cares. They're doing a really very interesting program out there. Basically saying that, like a mother la wants us to start taking good care of herself. And it is to the first devices mother says is play safely. You can still be intimate, have fun, be creative with your sex life. You know, you can still fantasize and you can still dress up as a cowboy or whatever your favorite fantasy is. But when it comes down to actually having sex play safe, she She also says out there to say no to unsafe sex be sort of assertive. Now you have a right to say no, don't be afraid to say no, and to say no to unsafe sex. Don't play with strangers, she says Know who you love. Which is interesting. You know, it used to be sort of chic to be a slot. Now it's sort of it was actually during the sexual revolution, through all the population, straight and gay. But now it's very chic to be dating someone you know, to maybe even have sex on the third or fourth date. So she says, No, who loves you, and don't play with strangers. Her fourth advice is drugs and alcohol really can affect your judgment in playing safe, and it also weakens your body's defense systems. There's many things that really weaken our body's defense mechanisms, systems. Stress, particularly one she wants us to avoid stress, which is basically lots of change in your life as stress. She wants us to exercise. Eat, right, have fun, it's important to have fun to keep your immune system it's the closet and stay home and knit and worry about age got. Fear is one of the biggest. sitting home being fearful is one of our biggest enemies right now, that alone could make such dishonest with yourself that you start producing diseases in your body. And if you wear down your body, your immune system goes down. And if you do get in contact with a virus, the virus will kick in. Okay. She basically says stay healthy. I think I want to quote here with Dr. Mann sell really says to us often for MD Anderson was a wonderful man and very helpful with us. And he basically says if if you're, if you will, all in a canoe 80% of gay men have been probably have the virus in their body, and we're all on a canoe rolling down this river. And if the virus hits us and kicks in, if we're strong enough to row that canoe to the side of the river and get out of it, we will beat it, we will get healthy again. If we don't aren't strong enough, if we've been drinking or sleeping, not getting our sleep, we haven't been keeping up a good healthy lifestyle and using mother's advice, we're not going to have the strength to get to the side of this river. And we're going to end up going down the river and over the dam. And once we're over the dam, right now there's a death sentence. And that's scary. And hopefully that scariness is enough motivation for us to really start to take care of ourselves, to have the strength continuously if something hits us to be able to go to the side. I think that's very important for us as a community now. We as game in all of us. Gay men are facing an issue which we should be facing in later on in life, the issue of people dying around us, usually in 50s and 60s, it's very natural stage to really look at your mortality directly in the eyes. We are doing that in our 20s and 30s. Yes, that's right. Amen. Look at mortality. But that issue is a great motivator for us to start to change. And as we change, we feel better about ourselves. And part of the changing is taking mother's advice and being getting healthier, eating better eating your, your vegetables, all the little prime otherwise.



Mike Miesch 44:15

And well, just a common on the sideline. I know that I enjoy eating just as much as eggs and butter. But when the substitute for now, you briefly before the program started, told me

something that education knows sort of campaign that KPFT is going to be involved with.



44:41

Well, yeah, I'm on the board with KPFT and I'm also chairing the community outreach program. And KPFT is tonight stated that we will engage on a campaign to start to publicize the general public about safe sex on their getting to know what as defensive sex is the different word that the strike community is using, but it is entering the straight community very quickly, it's moving much faster and you'll see woman be more subjected to it in the future, their rate of increase would be much higher than even gay men. And there's a great big bisexual population, the bisexual population is actually larger than the straight populations, according to Kinsey to partners, and the three or four years, and that's a very, that's more like 20% of the population. They're the ones are going to be scared. Next one, we have to start educating. So the KPFT is going to get herself in a campaign over the radio and through our programming newspaper when they have articles in there so we can get it out to the community, how to have safer defensive sex for the whole population, because then there's probably be the sex of the 80s until the diseases are eliminated as a sex will also eliminate all venereal diseases if done, right. Yes. Interesting. Well,



M Mike Miesch 45:57

one thing I found really interesting was the term defensive sex, I'd much rather use safe sex. It's a much more positive term.



46:05

I heard that with the Dr. Johnson on Nightline and a few of the doctors don't judge them as right or wrong. Okay, let's not judge each other, what's we've done or what someone's doing, that only perpetuates fear and guilt. We don't need fear or guilt right now. Okay. So the sentence is that your feelings are empirical facts, don't judge them or judge other people's feelings. Just try to understand them. And I think we'll get through this and can support each other and are changing our behavior much quicker. Okay, and save a lot of lives. The other sort of mini lectures I get is sort of, it's a big one that has a lot of little ones underneath it. But it is, let's talk about the word sex and gay men in general. And these are only sort of theories they aren't sort of facts, but it is what we bring up. Gay men have been labeled as sexual beings. Okay, for a lot of reasons only to get into and maybe we incorporated this into our some of our attitudes too, because of our culture. But we've been labeled that basically the word homosexual is just they see a sexual sexual beings, okay, that came even before that was in for hundreds of years, we have been called that which really, sort of never ever has led us to be identified as people that have feelings, emotions, all the other parts of our personality. They just pick up this little part, sexual identification. We had to come out as homosexuals for our rights, okay, and fight for our sexual rights. When did that really come into full bloom? It was happening for you 50 years, and probably more than that, but really, it came about just 10 years ago at Stonewall. And what was happening 10 years ago was the sexual revolution. Okay, of the 70s, which was big, and throughout society, throughout Europe, a Western civilization was going through a sexual revolution, gave us permission to really come out of the closet. And when people come out of the closet, any minority woman, you know, demand more rights, blacks. Hispanics, they

become very assertive. It's a sociological trait that you can even have been written about when people come out of the closet become assertive. So we came out on the writing the title sexual revolution, asking for rights, being very assertive about our sexual rights. Okay, so let's see sex as a lot of sex coming back. Also, men loving men are taught roles, and I'm very much a feminist, but still, the roles that predominate in our society are sexist. And there's TV where we're constantly taught that men are sexual first and emotional second, and that women are emotional first and sexual second. Well, it is true probably in our playgrounds, we did learn that the guys in eighth grade were talking about genital language and the girls were talking about more emotional languages, you know, in the playoffs. And so we were taught that some men loving man became much more sexual acting out. Okay, more sexual emphasis on the gay man. Okay, keep on going down the road and looking at our sex. You have a baby boomer generation that was coming out of the closet at that time riding on this a large group of men who were going to make up for last time they were tired of being in the closet. So you had a lot of men coming out having a lot going through almost their adolescence. As I said on this program, before we do go through adolescence, adolescence is a great fun time, we should go through that. We had to make up for things but we weren't allowed to go through with intimacy from 13 to 18. We were making it up whatever age we're at from 2012. And all of us doing it together really got us into a party mood. Okay, and the emphasis on sex was around a lot. I'd like to, for us to realize that that all of this is very, very healthy stage for our development. I don't think we should feel guilty at all about what we've done or how we have actually expressed our love to each other through these years, or how we've gone through a fun In adolescence, I don't think we should ever feel guilty about that. And I think that's a psychosocial issue that we need to remember, what we have gone through has been something we have needed to go through and look at it as a good development for ourselves. I really saw a lot of people, I'm 36 years old, and I saw a lot of people in my age group already sort of finishing their adolescence, we had two or three lovers, okay? We crashed out, we partied all night, we went to bath, a lot of us were going into dating anyway, I really believe a is just boosted us along into the period of our adulthood, you know, as a group, as well as individuals that we want more intimacy, and we're lessening the sexual emphasis. I think that was happening anyway. But aids came along and has sort of helped us along into going into adult or basically, intimacy as in exploring a more intimate self Instead of our sexual selves. The reason why I said that, it's because I'm hearing a lot of people either and I'm a therapist, in private practice was a counselor and feeling a lot of guilt about their sexual selves. And I don't believe we have anything to feel guilty about what we've done, or what we've done. Sex in every school or sex, ideology or thought in America or Western civilization, sex is okay, as long as you don't hurt yourself or anyone else. And the council's Counseling Center, we used to have workshops on annual health, anal pleasure, you know, to show how to have that sex and not hurt yourself or anyone else. Times have changed, the virus has come along, and it actually is limited us as far as what type of sex we can have before we hurt ourselves or anyone else. In fact, it's so predominant right now that we could die from it. So we have that is the motivation, why we have to change our sexual behavior. It's not to judge what we have done. It's that the simple value if we hurt ourselves or someone else, we've got to change that behavior. It becomes unhealthy. The virus and what we know about the virus now makes unsafe sex behavior unhealthy?

M

Mike Miesch 52:03

Well, one thing that you mentioned earlier about dating with sex, quite often the word excitement comes. And I know that as 22 When I came out, I'm 31. Now is the most exciting time times was when I actually had quote, unquote, a date. Cuz that was a much newer and

even foreign experience to me. And now, that sort well, with AIDS, the excitement of the day, just coming back, you know, and that's something at least gay men are starting to experience, you know, going out to a movie, I don't know, if I've ever you know, getting to know someone and being close in that fashion.



52:56

Exactly. I am finding that definitely is. It's much, much. I peer pressure even says it's much safer and more mature to actually get into having dates. It's hard, though, for some men who've been practicing only dating or meeting men through a sexual encounter first. And then they get to know the person while they're reversing that sort of attitude right now. And that's really important to look at, we're actually going to expand this workshop to include the issue of dating because still, a lot of men find that it's very scary to date or become very judgmental on a date, or even feel rejected, if they don't have sex on the first date. Okay, and a lot of clients that I have, want to continue dating this person, but don't want to go home on the first date, they want to make sure the person they do an interview, they want to make sure the person doesn't go to bookstores and doesn't hasn't been to the bath. They want to get to know the person well more before they actually invest in having a sexual act.



Mike Miesch 54:00

Well, I know at least for my south, I encounter a problem. I am a very tactile person ordinarily, and I like to touch and when I do that out in public, you know, you know people almost jump back sometimes you know, and not go you know, and with people sometimes I have to, you know, pull them over the side and go hey, I like to touch I'm not out to make you you know, and you know, more and more men are experiencing that now.



54:36

We as men in our roles have been taught not to be very touchy our fathers were taught not to touch other men we saw in men if you did touch you almost were giving yourself away. As a young your you may have been vulnerable to be teased as being a feminine if you touch and hug. That's a very deep rooted in our culture in Western culture, so it hasn't been a very tight element until we came out into our gay community. He's met people are willing to be touched, have we been able to exercise this? So it's really understandable for me to see why guys would jump if you're being touched immediately because that's a lot. They've been taught that for 20 years, you can't undo it so quickly,



Mike Miesch 55:12

especially when you're just having a friendly conversation, you know, and all of a sudden, you know, you put your hand on their leg or on their shoulder or the arm, you know, and you get that reaction.



55:25

Or they'll feel like it's ticklish or something. Yeah, yeah.

M

Mike Miesch 55:30

The reaction you get from fingers. Saito we'll be back in just a moment but we'll have a short break for some new SIG. Rahman askin Phillips to Amok ever it says you well know. And I had announced that I was trying to get romanovski and Phillips here in Houston in September, well, that didn't come off. And I'll read a part of the letter. Dear Mike, I'm truly sorry to taking so long to get back to decided that rotten letter might just be as efficient as calling since we've had so much problem. Connecting by phone doesn't look like we'll make it to Houston at September. I can't get enough gigs to make it worthwhile. And traveling costs are expensive, and all that costs would be put on me and friends and other people putting on a production, a concert of romanovski and Phillips. Austin in happening in my context, and Dallas can't do anything with Foley either. So I wonder if we can put it on hold, perhaps till spring and most likely we'll do that and maybe I can get some funds together and some folk together to help me out so I didn't one person production. I would really like to see a mill production company get together much along the lines of Heysel, which and Houston, which is doing really wonderful work. And so I'll keep in contact with Ron Paul and I will certainly give Wilde 'N' Stein first notice of anything that's going on with that. And another musician that I've been riding, along with Charlie Murphy and Elliott killshot is, Tom Wilson probably know him from his first album gay name game and his second album, All American boy. He's doing a show called 10% review a musical review about what it means to be gay. And along with them are Michael polar cough. Laurie Bushman, Elliot pills Shaw. He's got the wonderful voice of Elliot pill Shaw joining in with him and Ruth Lovell, and right now he's currently in San Francisco with the West Coast premiere 10% review, which is coming out on recording very soon through Midwest music. And according to solid el Wilde 'N' Stein will be the probably the first one in the southwest to play 10% review. And also, I've recently ordered Charlie Murphy's new album so there's a lot of really fine and politically conscious gay male music coming up right now while here another short song and this is from Tom Wilson, from his album All American boy, and talking about something that's very dear to him records called tons of fun All right, Tom Wilson, tons of vinyl from all American boy. And we're back with Bill Scott. And now we're gonna get into third part. Changing behavior, readjusting bolt, attitudes and guess habits to play say,

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59:33

which is very, very hard. First of all, I like to say it, the longer you've been actually behaving in a certain way, the harder it is to change so someone's been having a certain unsafe sexual act has been really enjoying it and a lot of pleasure from it, which has been very healthy for 1520 years. It's gonna take a lot longer for that individual to change than someone who was just coming to identify his or her sexual self. That's something we have to really consider all through the rest of this part of the program. Also, changing behavior like sex, sex is considered very, very deeply rooted in our minds a part of our whatever they want to consider our small reptile mind, which we have in common with all animals, or just our age, as Freud would say, it's way down there in the very core may influence us a lot, which would probably be one of the stronger behaviors to change at the University of Houston. I've consulted the Department of Psychology, there, Dean and some professors told me it would take a whole generation to really change sexual behavior with and I've had other behaviors say, well, it can change possibly, within a couple of years, if by trying this I have also seen myself and my peer group people

change to total sex behavior, and really enjoy it in a matter of months. So we have that whole spectrum to look at how long it will take an individual to change. The only research we have so far with considering age has been out of San Francisco by a guy named Steve Moore, who actually said what in his study of baths and people who went to ordaining and people who just were, or these were a gay male population, the across the board, those who did change actually had to observe someone who was dying, a friend who was dying was the major influence for them to change their sexual behavior. We are in Houston, have been advocating safe sex for almost three years now. We are self publishing our own paper, which is now jam out of the Journal of American Medical. So she will publish it and now it hasn't accepted. We have three years of researching are in Houston now in The behavior of the gay men in Houston. And we find they are changing. Okay, in the last three, four months of the statistics in Houston, we are not going up with AIDS. We are leveling off on the amount per month 45 cases per month we shouldn't be rising or not. We want we our research says that the gay men in Houston are changing they are aware of safe sex, they are changing their lifestyles along the area of being healthier and taking care of the grannies advice. They are having safer sex not we don't have really the researchers say they're having total safe sex. They are having safer sex and are aware of it. And there is some change going on. Now, changing our behavior of eating and sleeping is probably a little easier than changing actually a pleasure during sex. How do we change it, we have to look at certain factors by changing and was anything you go through a loss process. The last process that most therapists in my field psychotherapist look at, is using the Kubler Ross loss process. And we have many books written about this or no wishes. First of all, we deny that we're trying to we're losing something, then when you get confused, and we go into sort of an anger, depression stage about getting it losing something before we can accept what we lost. And if you see us and as a as a group of people sociologically, we reacted and originally when AIDS came, we heard about it we said, well, that's in New York disease, we denied it as a group. Okay, individually, a lot of us and we'll never get it because I don't use poppers. It's all those people use poppers. We all had our own excuse to deny it and denials, the healthy stages, the important stage should be Sunday, sex acts to right and some people are still in that denial stage. But I think they will move along. The second stage is confusion. When we start getting some information and misinformation or we actually start something some of us get very good when the class and start knitting, you know, don't want to go out maybe stop sex altogether until we get some information. Very common, we see a lot of people in that stage, but at least it's a stage of going ahead, the listen to what's safe sex is about before they wouldn't listen to it. They're very opinionated. And as a group, we got through a confusion stage as a whole user community, then we hit our anger depression stage. And that stage basically, some of us drink a little more, some of us one of the nest desires or feelings or eat more some of us take action. A good way of dealing with a stage is taking some action giving money to helping some person with AIDS volunteering one of the organization's cast AIDS Foundation, changing your own behaviors, that action, we deal with anger and depression as healthy human beings to action, doing something to make us get away from that. It's a snowball effect. When we're when we're sad, or when we're angry that we turn that into assertive behavior, demanding our rights, I'm not going to lose that again. Or I'm not going to lose another friend, I'm not going to lose my life. That is the real stimulus for change, before you can accept the change. So we have to allow ourselves to go through this behavior. We have to allow our friends to go through this behavior. So the funny thing about it is once we go through one full circle of the cycle, we start again going through the same cycle, not as intense. But again, we may go back to some denial and say, well, at least I gave up oral anal sex or At least I gave up this. And I'm not having safe sex, but at least I've gave up a little bit. And then you go through some guts, a little bit of denial, then you go through again a whole nother stage, well, maybe I better give that up as something else up. We go through the stage over and over until we fully integrate safe sex. Now, people are trying this. I know a lot of

people are trying I know a lot people who have been able to do it, there's slips, people have a lot of slips, I myself have had slips. One of the phone calls I just had one man said there was a study the United States Army trying to teach them to avoid syphilis and all these diseases. It didn't work. You know, no matter what they tried to do behaviorally, we couldn't they couldn't change their behavior. All I'm saying is don't beat ourselves for not, if it didn't work for you to keep trying. That's all we can possibly do. Right now, we don't know that much about science. As far as the behavior and how to change sexual behavior, it's never ever been a question like this. As far as death, you know, that is the issue for us to change, we have our mortality here. And that is basically the cycle we go through to change now how to change, there's some awkward things going on there. First, you do have to be assertive in the safe sex workshops, we actually have role playing going on, of a guy going up, you know, in a social party, or situation or a bar of a man going to approach another man, the man who is approaching one, so say sex, the other guy thinks it's silly. We actually live out the scenario of this guy saying, hey, let's just go home. And let's go do this. And that and this. And the other guy says, Well, wait a minute, who are you? Do you play safe? You know, and it gets to be awkward, we have to realize in order to be to have safe sex, we have to be able to say, we want to have it. And when you are most of our situations in the past, we're very, very afraid of rejection anyway, are afraid of a no. And this is just an added thing to have to ask somebody. They may say no to that, and you may be rejected, we all have the fear of rejection. It's one of the big things about getting over that initial period is to communicate to the person that you want to have this or can we try it. And that can be tough to get over. But you have to realize you have to risk to do that and being assertive. And you having to say yes, this is what I want is something you have to go out and try. And it's awkward. It's like riding a bicycle for the first time, you're going to fall off and you're going to be afraid who sees you sees you. It's like, basically, the first time you drive a stick shift, you want to drive that car, but you're afraid to go out there and pop the clutch in front of your brother and your mother, you got to get through that stage, there's an awkward stage to all of this in order to change. That's very, very important to look at. Moving on along the line of change, we have to have role models. We ourselves need to know that people out there are doing it. That's why there's a whole calendar out now to the play safe committee and Houston as part of Kshs Foundation has role models, lots of good looking men who are in, you know, sexual poses that are role models for us, they're all having safe sex. And they are they have you know, they tell about it, they will come to your party and and until you have safe stations, we need role models, as well as you need to be a role model for other people. That's very, very important that you may be telling your friend you tried, say sex last night, it's not to be embarrassed because that person sooner or later is going to come up behind you. Even if the person may reject you and put you made some comments that they thought that was silly, I'm not going to do that. Your self esteem and self worth will rise in their eyes, as well as your own in the long run, because you're trying and you can be their role model. So we all need to be role models for each other. And for everyone else. Look for your role models. And be one is very, very important.

M

Mike Miesch 1:08:35

Well, funny thing that has really brought home the point to me about safe sex was a couple of times I was expecting not to and turned out to and it was just as exciting.

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1:08:52

There's two ways of looking at approaching Statistics One is actually announced that while

you're are at lunch or dinner on a date or so this is what I do, and let it process or in lust. If you are a person who ends up having some anonymous sex, when you're down there less you're pretty powerful. Someone's you writing something, you say, Well, this is what we're going to do with the person and they're going to leave and say goodbye. And that's the way to look at it. There's lots of other things we got to look at and say sex in the workshop, we actually go through six therapy techniques you can use. So we do this every last Thursday of every month at the Montrose Counseling Center. And there's also going to be some numbers and a lot more next coming months. In the workshops itself. We go through safe sex, their therapy techniques, we actually divide you into areas where you're at having no sex, safer sex or not having safe sex, to work on your particular issues. We get involved very much on how to use condoms, condoms, you gotta realize people say well, I'm gonna use condoms tonight. It's you just don't bring it out in the middle of sex. They're awkward to open people putting them on backwards, you know, they rolled them out and they realize it should have rolled them over your penis. I mean, all the things that can go wrong that can turn you off. Familiarize yourself with a condom if you're going to be using it. Practice with it yourself because if you're going to get embarrassin have a bad experience, it's going to be harder to change. I mean, we get involved with those particular things in the workshop in detail in detail how to really be assertive if you're going to meet someone, and to tailor make that for your personality. And one of the interesting questions lately says, Well, I'm trying to have safe sex, but everybody says that I'm home with it, they can't come that way we go in as sex, I come, but they can't do it. That way, they get frustrated, you know, so we deal with those issues, too. You know, it's very, very exciting, safe sex techniques that we bring into there that, hopefully will do some of the people listening to come. This workshop was originally two and a half hours, and I'm trying to do in 45 minutes. So come see come to the workshop, it's going to be twice a month, I think starting in August, we've got a grant for it to actually video it from the mayor's Conference on AIDS, which is a national organization. And in all our publications, TWIT, Montrose Voice, all those are going to have it listed exactly where the location will be. So get out to the workshop if you want to work on this a little more.



Mike Miesch 1:11:07

And the phone number for Montrose Counseling Center



1:11:10

is 529037. And more. For this type of information, I want you to call to Kshs Foundation, who I'm really doing this in conjunction with, which is five to four AIDS. And they were the ones who will tell you where the next workshop is, if you want to cry work on your



Mike Miesch 1:11:26

for AIDS, remember that number. Since we've more or less basically gone through your workshop on SysEx. So touch for a minute or two. Actually, I know a few friends, including myself, that would like some advice, and that is helping those with AIDS. I've noticed with the few people I do know that do have AIDS, a couple of them not taking care of themselves. I have one friend in particular who spends a lot of time with the person with AIDS and has gotten to the point where he has stopped seeing this person because this person is not eating right. Not

sleeping at all not taking whatever medications he's on and is really frustrated. And how can we tell people, even those who don't have AIDS, hey, you might drink or drink a little bit less. You need to be at home asleep. I mean, you've been here eight hours, things like that,

1:12:41

I think you need to the most constructive approach to that is to when you're friends with the person say I am your friend, I'm here to talk to you or support you and any things you need to do. And here's how I feel I would to handle this situation, maybe you need to consider this telling the person they must do this will only produce more anger will only push them away from you. A person who is acting out like that sounds to me, a little self destructive anyway. However, wherever they are in dealing with that issue, they may be dying. They know they're dying, a lot of them. I really have to say respect their feelings and trying to understand their feelings. You can't push them or pull them, you can only walk with them. You being a role model, or you being to offer them advice or saying well there is some support you can get somewhere maybe to help you live the quality of your life better. And maybe I often speak to people Oh, if you have AIDS, we don't know how long you're gonna live. How about let's make sure the quality of the rest of your life is what we talked about, make sure that is what you want to be dealing with. And I think that approach is much more healthier, and people tend to listen there. But don't put the person on the defensive. Because they're very angry, probably they got the disease and they have to go through that stage of anger. The fact that they're losing the quality of their life, sometimes pretty rapidly and how they deal with that anger we have as a culture we haven't been taught to deal with anger constructively and sometimes when we're that angry Oh, yeah, okay. And if you can teach the person maybe work that anger out by fighting for AIDS instead of fighting against people that that he's got it or fight acting out or putting your anger or displacing anger so let's place your anger appropriately and fight for AIDS let's fight for he could counsel another eighth person when he's going through if he can just get through. Um, he can really bring some quality to his life and his friends right now. Using that approach, I think a positive don't push or pull. Let's walk with it's very, it's the best one. All right.

M Mike Miesch 1:14:45

Bill, thanks for coming by and we'll be hearing a lot this is really a fine time and lots of really good information, you know, clearly said and wonderful positive attitude that I think we all need to take until like this,

1:15:01

it is and you feel your self esteem and self worth goes up a lot once you start becoming safer sex and stop beating yourself. If you're not get on with life and let's enjoy it. We deserve it.

M Mike Miesch 1:15:13

Right. And I want to mention right now since we're in the last five minutes of the program that next week at 830 around 830 we'll be having George Grinia zone city council person and we'll

NEXT WEEK at 8:00, around 8:00, we'll be having George Orma Zane City Council person, and we'll be having I believe. Yes. Later in the month, I believe the 22nd. We have Deborah Dannenberg scheduled, and it's always wonderful to talk with Deborah's keeps us informed about what's going on in Austin. And this coming up election season, which should be quite having you'll be hearing a lot about it on Wilde 'N' Stein. There's a lot of new music coming out, which is exciting as well. And we hope you'll stay tuned and talking about safe sex also. Hopefully, in the next two weeks, I'll have an inner view together with John Preston. And some of you may be aware of some of his erotic writings or pornography which have redefined his writing on a book just out from Allison press called Hot living, which is short stories about safe sex and a lot of hot liveliness the title and be talking with him and later I hope to interview Sasha Allison Allison press. This is Mike Miesch with Wilde 'N' Stein Jack. We'll be back next week and take care of yourself.



1:17:10

Believe in my



Jack Valinski 1:17:13

in for this week. That's the Wilde 'N' Stein show. Please join Mike Miesch, myself, Jack Valinski next Thursday at 7:30pm for another edition of the Wilde 'N' Stein program. This program's aim is to discuss the issues of Houston's gay community. Comments can be sent to the Wilde 'N' Stein collective care of KPFT radio 419 Lovett, Houston 77006. For more information on the aspects of the gay community, call the gay switchboard at five to 930 to 11.



1:17:45

Some black and white, some you see and some in the shadows of the night up gaze to be finding all of this and live demos to me running scared and lonely.



Jack Valinski 1:18:05

Wilde 'N' Stein is brought to you through the facilities of community radio station KPFT Pacifica Houston