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 00:01

To see him alone, David followed him without saying a word. Bob didn't talk. He made a speech. As far as he was concerned, David could do what he wanted with his life. But don't expect me to be your friend, if you're a goddamn fairy. With that Bob turned and left. It took time, but Bob eventually came to regret his remarks. He missed talking with David and doing things together. Several weeks later, Bob called to apologize. It wasn't easy. But he was honest enough with himself and with David to say that he didn't understand what being gay was all about. The conversation was difficult for David to because he was just starting to think of himself as gay. They agreed to get together after school the next day, and really talk it all out. Friends are not easily made. Good friends don't part over small things. Bob couldn't believe his eyes when he saw David dancing with a bearded young man. This incident caused a crisis for Bob and his friendship with David, and in his own male identity. He felt shocking anxiety over David's homosexuality. However, he was even more upset because he feared their friendship with David would make others suspect that he was gay to reacting quickly and with little concern for what David might be feeling. Bob gave him an ultimatum. We can't be friends if you're gay. As long as Bob retained this attitude, he was unable to deal with this crisis. However, he gradually began to see David as the whole person who was his friend, not just as a homosexual. Bob did value their friendship, and knew he had to apologize for his harsh remarks. It may be some time for Bob to fully accept David's sexuality, but at least he's began communicating with him. These two stories show how two particular people handled crises, which were related to homosexuality, and the first one, Sara grew over a period of years to accept her lesbianism, and the second bomb almost ended a friendship which had been built over a long period. Perhaps eventually, we will be able to continue his friendship with David without worrying what people will think. One measure of the depth of a crisis is the time it takes for someone to resolve the problem successfully. Sarah took three years, it may take Bob an equal amount of time. If you feel overwhelmed by a crisis involving homosexuality, there are some important considerations to keep in mind. First, take time to get a handle on your feelings and emotions. Take your time to find out what's really bothering you. Sometimes it helps to organize your thoughts by writing them out. Don't stop at defining a problem. Ask yourself why the problem is presenting a crisis. by clarifying the source of your trouble, you may be better able to deal with it in a rational and creative fashion. Remember, you don't have to resolve your sexual feelings all at once, time and experience will help. Second information is important. sexuality in general, is a complex topic, and homosexuality is in addition, a controversial one. Seek out books and articles in your school or public library. Many books about gays are also easily available in bookstores. A number of books are described in chapter 12. magazine articles can be found by using the readers guide to periodical literature and your library. Look

under the subject headings like homosexuality, gay liberation movement, or lesbianism. Finding differing viewpoints on the subject will help you determine your own position. When looking for information, don't be afraid to ask a bookstore clerk or librarian to help you. After all, store stock books so that people can buy them. And libraries have books, magazines, and pamphlets on a wide range of topics so that the public can be informed about various sides of issues. If you are embarrassed to ask for help, you can always say you're working on a term paper. A third way to obtain help in a crisis is to turn to another person. Turning to someone else about something as personal as sex involves some risk. It is important to choose a counselor or confidant carefully. You may have a right to expect to help or to be someone who will treat you with respect and sensitive. Have a good helper simply helps you find yourself help yourself. If at any point you feel someone is attempting to manipulate you by encouraging feelings of guilt or shame or fear, be on guard. Likewise, if a helper is pushing you into something you're not ready to accept, back off, trust your feelings. Remember, the role of a counselor is to enable you to help yourself. If the person you've turned to isn't helping look for someone else. The way in which you seek help is important. You may want to talk to a trusted friend, teacher, religious leader, school counselor, or relative with whom you feel comfortable. However, you must remember that sex and especially homosexuality are difficult subjects for most adults to talk about freely, especially with adolescents.



05:58

It is best to first test their attitudes and willingness to address these areas. Rather than jump directly into your gay concerns about yourself, or about a friend or relative, ask someone questions about sex in general. Many young people worry or have guilt feelings about masturbation and sexual fantasies. This common experience could be brought up first. If your advisor is uncomfortable with this discussion or reacts negatively to it, talking about homosexuality may not be a good idea. Be aware of your own needs. Evaluate the helpfulness of a person to whom you have turned to in meeting these needs. There are gay counseling services in many cities. They provide in depth counseling or therapy with all kinds of problems, not just those related to sexuality. If you know or strongly suspect that you are gay, and are troubled about it, we recommend calling a gay switchboard or seeking a gay counselor. The person you talk with will probably be better informed about your specific worries than someone in a general services agency. A typical gay counseling organization is the Iranian center in our city. We talked with Tony Sylvester, the administrator director to learn about the active activities of this agency, which serves erotic minorities. He and his lover Doug are still in the process of adjusting to city life after living for many years in a rural part of Pennsylvania. Tony has worked on many gay community projects and recently served as chairman of the Pennsylvania's Governor's Council on sexual minorities. All kinds of people come to Iranian force for help about the same number of men as women does at the center. Many are from lower middle or working class backgrounds. Since Iran charges whatever clients can afford to pay almost a third, our black or Hispanic clients age range from 13 to 73. The center provides services for gays, transsexuals, bisexuals, married gays, lesbian mothers, and transvestites. Many people come for help in the midst of personal crisis of the sort or another and resolve their difficulties in a few sessions. Others get involved with larger aspects of their lives and receive help for periods of several months to over a year. Ramen helps people with a wide variety of problems. Not surprisingly, many troubles seen. There are pretty much like those in any counseling center. About half relate to depression or anxiety. A third concern relationships with lovers or parents, for example, and only about 10% are directly connected with sexuality. Young people are often referred to a ramen by their parents. 116 year old boy wanted to quit his suburban school, move into town and start living as a gay adult. But his parents wanted him

to at least finish high school. They hope that a gay counselor would be able to help him see the importance of continuing his education. On an occasion, adolescents having trouble coming to terms with their parents' sexuality. Also come to the center. Jill 19 felt deceived and confused when she found out that both her mother and father were bisexual. No one in the family quite knew how to handle the situation. A counselor at a ramen worked with all three and their basic strong loving relationship with one another was restored. Many young people who are gay and come to a ROM and do not really need therapy. Tony says Trying to come out. Even just to yourself in high school is difficult. It's normal to need the kind of personal support not usually found at home or school. We often refer young gay men and lesbians to places in other in the community where they can just be with and get to know other gays. When someone comes to Iran for help, the first person they talk with is Mary Cochran, the clinical director. Maria has two children and lives with her lover. She has a strong religious background and has worked in Community Mental Health Program for many years. It was through her Quaker meeting that she got involved with her ramen. The Quakers gave a small grant to establish, establish the center, one of the first in the country to provide reliable counseling services for gays and other erotic minorities. Mary trains all of the counselors who work with Rahman after interviewing new clients, she tries to match them with a therapist who will be able to help these volunteer counselors are a mixed group themselves. Men and women all ages races, psychiatrists, social workers, art therapists, and pastors. The overall policy of the center is to help people make their own decisions not to make decisions for them. This is particularly true with individuals who are not sure of their sexual orientation. Another key person at Rahman is the office manager, Alex Olson, a young woman who lives in a nearby lesbian collective. She handles all the day to day finances, scheduling and questions about the center and her spare time. Alex is an avid basketball player and photographer. She also works with Tony on one of their one of her Robins most important services, their speaker's bureau, and the past four years ihraam and staff members have spoken to over 20,000 people from hundreds of organizations, schools, colleges, and hospitals, and other community agencies. They have given general talks about homosexuality, as well as workshops on specific topics as they relate to gays for example, aging, alcoholism, or prejudice. Rahman has also participated in professional training programs so that human service agencies are more sensitive to gay concerns. To conclude this chapter on dealing with crisis situations, we want to emphasize some important things to remember. Be honest with yourself, take your time, with crises involving sexual orientation, there is no deadline to me. Get as much information as possible about whatever is upsetting you. The more you know about the subject, the better your final choices are likely to be. Don't be afraid to ask for help. If you are troubled about a gay problem, you should look carefully but there are many people who can help you. The last thing to remember is probably the most important trust yourself and your own feelings. It is your life. You're both responsible and able to take charge of it



13:20

request you don't see Michael to me.



13:33

Yes, pilot of airwaves and we've tried to play all your requests, we probably won't be able to get to them all or we don't have the music or, or anything like that. But we do have something that we've never played before. It's a Tom Robinson piece. And it's been recommended by the

Blum, blonde bombshell blonde with an E. It's Tom Robinson doing cabin boy

 14:10

Whoa, that's our hot number and that sound isn't bad either. Now, for all those boys out at the BRB and all those women out at the ranch, we want to play two back and back to back ones for the men ones for the women and see if you can guess which is which.

 14:37

Ooh, okay. Now, we're going to kind of slow it down a little bit. Matt called in Matt calls in quite a bit. In fact, I was listening to a copy of the show earlier today when Matt was talking to buddy talking about the work he does and and stuff and I know him too. Matt's recently had a boyfriend or two recently come out, back called in earlier and he wanted to play a certain song and dedicate it to all those straight people who have problems dealing with us. So for Matt, for all those stray people from a distance

 15:34

from a distance and of course, that's heartstrings heart song. Song heart song.

 15:40

Sponsor would kill you.

 15:41

Yeah. Tell us about heart song.

 15:44

It's wonderful. It's the women's chorus of Houston. They meet on Monday nights. And I've got lots of friends in the group. So I have to say lots of wonderful things about them. They do a concert every year. And they just told me they were doing a concert and I don't remember

 16:01

when to have a new tape coming out to new album. They

 16:05

record their annual concert every year. And so the new one, which was from last year's concert

should be out anytime now. Yeah,



16:13

we're looking for it. We sure are. This is after hours radio celebrating life from the heart of Montrose on KPFT. Now, let's say we're coming up to 10 of four. I can't believe it. We've almost made it. We've almost made it. It's not the same show without buddy. Of course. We follow through and we've had a good time. Now we want to play one of his faves. And this is Kim Wilde. Right? Doing it in the natural way.



17:07

Yeah, yes, that's for the Texas gay and lesbian community. And I hope you all are out there doing it in the natural way. Oh, this has been fun. Really fun. I guess I need to thank a few people here. Enjoy engineer first. Mr. Kevin Harrell. Yay. It's been it's really been great. And you can catch Kevin on his own show. Beatbox which is on that Thursday morning at 232. Five. If you can listen to after hours. You can listen to the box. And isn't that the truth for industrial funk? Ah, yeah. Oh, yeah. Body funk. It's a little different than you're gonna hear here. It's what kind of music? Industrial funk? Oh, you throw in some good stuff. Yeah. Sorry. Why don't you think everybody else you know you do you do Jimmy Somerville, you do Ray shirt. You do some Sylvester? I've heard it. You do haven't 17. I know it because I gave you that record. And we've had some co hosts also the blood on the bombshell with an A, and certainly not least, the dancing tongue. It's good to have have her back. Thank you all for stopping by and kind of sitting around and chatting and picking up some tunes and playing them for us.



18:52

You didn't need to go hang out with the cage was in the morning.



18:54

Oh, yeah, that's right. That's right. We have that gumbo cook off coming up in the morning. Also, we've got we've had some we've had Roger who did his reading. It was fabulous. Yeah. This is this a way of love a way of life as a textbook on being gay. Came out in the late 70s. And unfortunately, there weren't a million copies. And they're not in every high school, which is what it was intended for. But you can hear it here every week. We're going to read through the whole thing. He's also been handling phone lines as well as Linda and Richard. And we sure do thank them. And I think we're gonna close out with a kind of fun little song. It's kind of the way I look at life and it's a song about a neighborhood. First off, it reminds me of the Montrose the way people look at each other and say, you know, you do your thing through mine and we'll all have a good time together and I That's my wish for the world and for people to get together and that's the way we've gotten together tonight. It's been fun people who don't usually do the things they've been doing tonight have been doing them and doing them rather well. Not as well as a buddy show but we've enjoyed it. And you all take care out there we love you. Bye



20:30

drive into the 90s with KPFT Houston, you've been listening to after hours. Tune in again next week when buddy will be back with us bringing you what he does best at 12 o'clock Sunday morning to 4am Stay tuned for the blue show.



20:52

This is probably my buddy PT a KPFT 90.1 FM told me to tell you about KPFT six annual Cajun gumbo cook on Sunday. Galveston counties welding Hall Park and lead city off highway three south and NASA road one. Good time dancing Hoon gumbo.