

gcam_ah_19980516_t2_01_edit

Fri, Feb 24, 2023 9:30AM 37:04

SUMMARY KEYWORDS

hiv, people, drug, substance abuse, hatch, call, gay, counseling center, lesbian, club, gay community, hear, michael, bisexual, houston, community, weekend, addiction, cd, montrose

SPEAKERS

Jimmy Carper, Jason, Roy



Roy 00:02

According to Maryanne capric kept prion, she said that if poppers and Viagra are taken together, a precipitous drop in blood pressure could occur and poppers which is Emil nitrate, or butyl nitrite are inhaled by some people during sex and enhance the experience. Now using poppers for for skewing using poverty to get high is illegal Emiel nitrite and nitrate butyl nitrite and Emil nitrate are cleaning solids and you cannot use them. Don't use them for getting high because that is illegal. Just like sniffing paint or glue is illegal.



00:51

Yeah, but with fiber it can be deadly combination can



Roy 00:55

be a very deadly combination. So according to the manufacturers do not use poppers if you're using Viagra.



01:06

Okay, I just wanted to mention, since we're talking about health issues and stuff like that, there was a fundraiser tonight and a recognition dinner tonight. That was held by the Texas Human Rights Foundation. And they they recognized as a good during this awards celebration for its commitment, and its work to empowering the minority community. And that was held today. So and the folks from Annegret said that they were very proud to have its achievements and meeting the needs of the people with HIV and AIDS, especially those in Houston minority community and women. They've been here 11 years they do fantastic work. On Monday and Wednesday, they have free IKEA at 12 oaks towers. This is a great foundation. In addition, they they gave awards to other people too, which included such groups as well, they awarded a thing to a nice Parker, also to PFLAG to Suzanne Anderson, the Chamber of Greater Houston

game as being Chamber of Commerce, the black tie dinner. So there were a lot of people got awards, but the big one went to ovens and as really deserved a lot of a lot of kudos for the works work that they do for HIV, HIV testing and all kinds of things like that are particularly for the minority community. And you

R

Roy 02:50

know, I was seeing a news report on NBC this morning on television, in which they're mentioning that how in the minority community, especially in the Hispanic community, we're seeing a sharp increase in the number of HIV reported cases, and we need more education and advice is doing everything they possibly can to get the word out.

U

03:16

Yes, and in fact, the E N stands for education. Yes, it

R

Roy 03:21

does. Okay, now, I want to mention about a free legal clinic coming up on May 19. People with HIV AIDS can take part in a free legal clinic by the Houston Bar Association aids outreach committee to learn more about drafting important legal documents and other matters. On May 19. At the Montrose clinic, appointments are encouraged but Watkins will be accepted during the clinic at the clinic at 215 Westheimer from 3pm to 7pm. On that day, for more information, call them at 281-331-6101. Extension 1421. That's 281-331-6101 extension 1421.

U

04:11

Okay, I want to mention a few things about the second annual gay and lesbian Film Festival. It's occurring starting the weekend of May 22. So we'll have one weekend there that is going to take place at the landmark Greenway three theater. I'll explain a little bit more about that in a minute. The second weekend is between May 29 and may 31. And that's at diverse works. The next weekend will be June fifth through June 5 Through June 7. And that's going to occur at the Museum of Fine Arts and then find me on the weekend. I think it's the 12th through the 14th And that's all done at the base University Media Center. So it's running four weekends in a row. Let me just cover real quick the first two weekend 22nd. Friday to 24th. Sunday at Greenway theater five Greenway Plaza. I think I do. And that's going to run tickets are going around about 675 each. And it's about a little more than an hour movie. Great thing to go see. I think it's gonna run fairly continuously. The next weekend, Friday 29th. Through the 31st. There are going to be several things at diverse work on Friday. They're going to be two short videos, actually a couple short videos, Dark Sun, bright shade, thick lips, thin lips, and just another love story. So that's gonna run \$6 general admission on Saturday at the bush works is going to be quack. And some other surprises. And on Sunday, it's going to be pride divide, which is a movie about unity and disunity within the community. And then there's going to be a panel discussion. After following the film, the film runs for more than about an hour.

R

Roy 06:21

Okay, now we've got a new club opening up. And I want to ask you, do you think that a gay and lesbian club at 59? And well, Chris was extreme?



06:31

Well, maybe just a little. Well, guess what,

R

Roy 06:33

Jimmy, you ain't seen nothing yet. Because beginning Memorial Day, weekend, extreme opens. And it's a club for gay and lesbian folks together, located at 1670. Southwest Freeway, as we'll crest at highway 59. And I'm working some for those of us like, Jimmy, my swag. The original gay clubs were lesbian and gay.



06:58

Yes, absolutely. The original ones. Yes. And, and I missed that.

R

Roy 07:05

Yes. So I think we're gonna have and I tell you, we had a fantastic time, a gale time was had by all. And I do want to say that if you have not called in your pledge of support to after hours that KPFT, please take a moment out and do it now. Because nowhere else in the city, are you going to get local news and information that you get on the after hours news segment, nor are you going to hear the kind of music that you hear on the QFC that Jimmy plays, or are you going to hear the kind of interviews from people like hatch, and Sarah De Palma. And some of these other some of these other groups,



07:44

members of our community have representation. All right, try to get them right, try to get them.

R

Roy 07:50

And even though Sarah dipalma is a transgender transsexual person, she doesn't let that narrow her. For instance, just last week, she brought us Pat Cal, Columbia, Columbia, and for all of us gay guys who loved our advocate. She was our sex advisor for many years. And she had a great column. And she has a runaway bestseller on the New York Times bestseller list, she had just did a book. So you see, you get all the you know, we really bring you things that you're not going to hear on any other radio station here in Houston, I would like to urge every one of you to who have not done so yet. Take a moment out, call us at 52657385 to six KPFT. And give us

give us you know, your pledge of support. And if you think it's, you really can't afford it, let me encourage you to try our electronic funds transfer Yes, for \$5 a month to five bucks a month. That's hardly anything, really. I mean, you can't even get a decent lunch. You know, you can't go out anywhere and do anything with \$5 Just anymore. And this is going to put your \$5 to tremendous good use now. And you get all kinds of nice premiums to go with that. But

 Jimmy Carper 09:20

plus, Michelle is going to match that with your pledge with a \$25 pledge of her own and her company will match that with another 25.

 09:30

So 35 becomes 8565 68 Arms becomes 110

 09:36

It's incredible call in now, because we

 Roy 09:39

really need your support. And this will make you feel like a part of us and you are important to us. And when you call in your pledge of support. When you talk to Chris or to myself big Roy. Let us know what kind of program you'd also like to hear because we're always open to new ideas and you're the ones who keep us from getting Instead,

 10:00

you tell us that there's a piece of music you want to listen to. And within two or three minutes Jimmy has a piece of paper in front of them.

 10:09

That's right. And I try to get that on as fast as I can.

 Roy 10:12

Right and so I like to thank you. Thank you all for listening in tonight on KPFT after hours news, and listening again next week and sending that pledge

 10:22

an idol the night.



10:42

Do yourself a favor by supporting KPFT and its unique programming now. You depend on us every single week each and every day. So do yourself a favor and support KPFT Your support will ensure that we are here for you when you need us. Please call now 713-526-5738 That 71352 6k P F T



11:12

you're listening to after hours on KPFT Houston and ke o s College Station we are in the middle of our Summer Fest 98. And we'd like you to give us a call at 5265738 with your pledge of support for after hours and KPFT. coming up right after this musical break we'll be hatch. And the subject tonight is substance abuse. So listen up. But right now I've got a new one from our friend, Elton.



11:52

KPFT is a great station because it features local bands and gives them a chance to hear their music. Also, it's the only avenue for people in Houston and the surrounding areas to hear a wide variety of music. Also KPFT features a lot of different types of programming that appeals to large demographical groups, different groups of people, you have some excellent news shows, great music shows public affairs. It's staffed by people who are here because they care about the music and care about the community, not because they're paid to do so but they do it out of love. KPIT is a great station because we put our hearts into it. KPFT is a place where people can call up and make requests and hear the type of music that they want. That's unusual in radio nowadays. It's the only place where you get to hear a wide variety, some blues, rock, jazz country, just about any type of music you'd want to hear you'll find on this station,



12:56

support community radio and become a member called 713-526-5738 that 713526 OTFT



13:14


the sound of Texas KPFT Houston, have a silica radio network station 90.1 FM 89.1k e os college station





13:35


you're listening to hatch the Houston area teen coalition of homosexuals hatches a support group for gay lesbian, bisexual, transgendered and questioning youth between the ages of 13


and 20. For more information on hatch or to contact us call 713-942-7002. Again, that's 713-942-7002 This is a voicemail line and all calls are returned confidentially. Everybody knows this? I'll do that. No, you

 Jason 14:08
gotta love the music.


 14:11
I like that. GLORIA she fabulous.

 Jason 14:14
Tonight in our studio. We actually managed to get a facilitator to stay up named Milagro. And I'm so proud of you.

 14:25
It's quite an accomplishment.


 Jason 14:28
But we have Michael, a facilitator with hatch and me would be you. We have Jimmy you're with us, Tom staying


 14:39
on. Yep. Well, if I can bring in an elder opinion, I think to the to the discussion. We have Scott.


 Jason 14:49
And we have me en or Jason depending on whatever the heck you want to call me or the Laura's if you're in the mood. Or if you're up at crossroads. It's my LAN. It just depends on the evening.


 14:59
It is not malach Shelby?





 Jason 15:01
No, that would be Tigger. We've all decided to take her.


 15:04
I'm very confused. Let's just stick with Jason for


 Jason 15:08
one of these days, it will legally be changed. Now I definitely


 15:11
afford okay. I still don't understand this whole Ian thing.

 Jason 15:14
I like the name. Jason's way too common for me. So tonight we're having a discussion on substance abuse and addiction, and which is why I felt it would be good to have Michael come in. Because He's also worked with the Montrose Counseling Center. Oh,

 15:35
okay. Michael, I was just really curious, what exactly do you do at the counseling center?

 15:40
I do substance abuse counseling, and I do HIV education.

 15:43
Okay. What types of I guess what types of outreach and education do you do with the substance abuse?

 15:52
I do? Part of the intensive chemical dependency program at the counseling center. I do the group that meets on Friday night. It's a group for people who are new into recovery. I also do HIV education support groups, for people who are HIV positive and chemically dependent.



16:13

Because there a lot of that going on. Yeah, actually.



16:15

And there are not a lot of services specifically for people who are HIV positive and chemically dependent.



16:21

I would imagine that someone HIV positive and chemically dependent would have a much shorter lifespan if they don't change, change, ever changing lifestyles?



Jason 16:33

Most definitely. I would think,



16:36

theoretically, yeah, no, I don't have anything concrete because no one wants to do that kind of stuff.



16:40

Well, I am HIV positive. Actually, I am technically I'm a man who used to have AIDS, because my T cell count fell very, very low. But I've never had an opportunistic infection. And now I'm protease inhibitors. It's up in the 400 range. However, there's a lot of side effects with this stuff. And I cannot imagine being a substance abuser and living with the side effects.



17:07

Right. And we also had some questions about the interaction between recreational drugs, if you will, and the HIV medications don't have a lot of answers. There's not been a lot of studies.



17:20

I know when there should be because there's a whole lot of recreational drug use going on.



17:25

Right. I have offered a group at the Montrose Counseling Center for HIV positive men who do

use substances that might be concerned about their substance use and the effects on their health and possibly the interactions between medications and recreational drugs. Yeah. And so that's something that I've been receiving calls on, but I don't have enough people interested at the time to actually start the group.



17:50

What is what is the distinction you're making here? With recreational drugs? Yes.



17:56

recreational drugs would refer to alcohol and street drugs that are used for recreational purposes. Like ecstasy, cocaine, ecstasy.



18:08

Oh, my God, that's recreation, the things that people play with?



Jason 18:11

And also don't, most recreational drugs and alcohol and cigarettes also affected T cells? Don't a lot of the drugs lower the T cell count as well, at least temporarily.



18:22

Yeah, substance abuse does seem to weaken the immune system. And so there would be probably a reduction in T cell counts. Again, not a lot of studies have been done. I know of some studies that were done in the lab where they put T cells and alcohol and the T cells were weakened. But that was of course in the lab, right and not in a person's body. Also, in the lab when they put cocaine with HIV, HIV reproduce more quickly.



18:52

No kidding.



18:53

So well. Everything happens more quickly on coax. Wow. Well,



18:59

I'm not quite every now. Now that we've done



Jason 19:01

our introductions and yeah, wow, we are getting into it. Alright, let's go ahead and play song real quick. And we'll come right back onto the topic. Is there anything we need to say before we go into the song



19:11

that you're listening to after hours queer radio with attitude on KPFT Houston and ke O 's College Station and we are in the middle of our Summer Fest. We are looking for your pledge of support at 5265738.



Jason 19:28

And you're listening to the hat segment if you are. And if you didn't catch that number on our little cart that we made. It's 713-942-7002.



19:39

And when we come back, we'll be talking more about substance abuse and how it affects teen and elder population.



19:46

And now we're going to a song from the new Tory CD called from the choir girl hotel. It's a song. It's more sort of about emotional addiction. But it's got A nifty title with the topic it's called she's your cocaine.



Jason 20:04

And here it is okay, that was



20:11

there was Tori. Like I've never heard her. Oh, she is she is very electronic club on the CD and it is. It's pretty much an incredible break from everything she's done before.



Jason 20:25

I may get something thrown at me I may get sculpted, but I'm really not a big Tori fan. But I liked that song. I did like

liked that song. I did like



20:30

that song. I liked some of her stuff.



20:32

Well, the new I think the new CD is going to start converting a lot of people over to Tory because she's really started to go more alternative rather than just check sides, straddling the piano



20:44

and she has been an incredible friend to the gay community



20:47

she has



Jason 20:48

speaking of other friends of the gay community who have completely changed their sound Madonna has gone for a much more dancey clubs sound.



20:55

Yeah, well, ray of light is an incredible step for her because I think she's actually done kind of a catharsis on that CD. And Michael's



Jason 21:03

just grinning, thinking I stayed up to talk about Madonna and Tori. I could be sleeping in my bed. No, actually,



21:10

we are talking to you about substance abuse. Yes.



Jason 21:14

.

And it's a very serious topic. And many people have different opinions on it. And so I would like to invite you all out there in radio land, to call us at 713526 KPFT. And



21:30

inform us that's 5265738 and



Jason 21:34

inform us of your opinion. And also, you know, it takes public funding to keep this radio station. So call in and if you can, if you can spare anything, you know, we need it.



21:47

We need to show management that we should stay on the air.



Jason 21:51

How many years is after hours been on the air?



21:53

10 and a half and a half years?



Jason 21:55

Well, let's make it 11 and a half. So let's get back onto let's go back onto the topic. Okay. Okay.



22:02

Well, I guess I guess,



22:07

well, where can we go from here? I



22:09

was gonna kind of ask Michael, as well. Yeah, that's where he saw the drug problem or situation? Leading, I guess in in the gay community. Yeah, or someone. From what I've seen, there is a very big drug scene, depending on where you go as either obvious or under the table.

But from what I've seen, there is a very large, recreational and you know, heavy drug use community.

 Jason 22:39

Okay, real quick, before you comment on that I wanted to I just wanted to interject this, about the fact that the main reason I wanted to do this show is because Hatch's about gay youth, and this, the whole purpose of the show is to get to the gay youth. And especially recently, in my life, I've had a lot of experience, seeing a lot of drug use going on, whether it be just substance abuse, substance addiction, I've had a lot of experiences. Just seeing people, basically, I mean, I've seen people throw their lives away in gay youth, and it seems to me a lot more youth homosexual youth, as opposed to straight, you seem to do it seem to go for that escape with the drugs. And that's just my own opinion. And from my experiences, and I want to just, I want to try to keep this with the youth population, I want to try to, you know, see, I want to try to get the message out there to the youth mainly, because that's what hatch is all about. Right?

 23:47

I am not aware of anything that's been done looking at the problem of substance abuse within among gay and lesbian teens. Stuff that has been done as teens in general, and certainly is a problem in our society today. We'd have to identify all of the gay and lesbian youth and then interview all of them to find out what the substance abuse problem really is like. Yeah. I guess anecdotally, just from what we hear, we can say that, yeah, it does look like there's a problem. Studies have been done among gay and lesbian adults. And the numbers range anywhere from 20 to 35%. of gay men and women are chemically dependent or have substance abuse problems.

 24:36

How does that compare to the rest of the population? Michael?

 24:40

I'm not really certain on what the rest of the pot, you know, heterosexual is what the problem is like in terms of numbers there.

 24:48

What are you kind of sheltered?

 24:49

We do? Well, the Montrose counseling center. We do specialize in working with gay and gay men and lesbian, bisexual and transgender clients also. And so Oh, that's where our kind of

area of expertise says

 Jimmy Carper 25:03

that's still sounds like a very high number I know that predominantly we congregate in bars. And that's, that may lead to it. But gosh, that's, that's still hot well, and also

 25:17

the bars, the bars, you know, if you have the money in from my experience, when I was doing the whole underage, you know club kitting thing when I was in high school, if you have the money, you can buy just about anything in the bar, it's typically more expensive in the bar than it is on the street. But you know, you can get practically anything you want to put your hands on in the bars. To me, which I think is why it's, in my opinion, is why drugs may be so prevalent is because it's it's part of the bar culture. And for some reason, we seem to be a very bar and club oriented culture.

 Jason 26:00

To me, one thing that's really brought this subject into light is with, with the demise of one club and the rise of another, I'm not gonna name any names and plugging a clubs, but it just seems to me at at the most recent rising club in the younger age group, because we don't have a whole lot of places we can go to right, it seems to me at the most recent Hangout, drug use is a lot more not necessarily prevalent, but obvious at at the other bar. You had to kind of, if you knew people in it, then you knew about it, if you didn't know people in it, you didn't necessarily know about it, too. Whereas I just have some issues with the most recent club people, I've seen people snort coke on the deck. And I have issues with this. Gosh, you know, this, this brings up some serious issues with me, just because of things that have happened in my life, people, I've dated people in my family, seeing what it's done to people and realizing that this is to somebody who goes out here goes out to this club for their first time and sees this, this could be a message saying, Hey, this is okay. There's nothing wrong with this. And frankly, I personally think that there is something wrong with it.

 27:18

Why? Why do you do it?

 Jason 27:19

Why do I go to the club? No.

 27:22

Why did you do Why did you do drugs?



Jason 27:24

I didn't, I did. I saw people do drugs. And I will I will be the first to admit I'm a codependent person who has dated several users and abusers. And so that's what I'm talking about. I'm talking about people who I've dated, seeing them abuse substances like cocaine, crystal meth, all sorts of substances from A to Z. You know, is



27:50

it a matter of being part of the crowd belonging?



27:55

Well, it's part of that. And also, maybe I should be



27:59

asking Michael, this?



28:01

Well, I mean, have you ever been, I've been there and recovered from addiction. And a lot of it was it just felt really damn good. And it was an excellent escape from all the crap that I had to put up with. And the rest of my life, you know, I was dealing with a less than brilliant family situation and how I was still sort of floundering between gay and bisexual wasn't sure exactly where it was going to land. And looking back on it now, I realized that I wasn't necessarily happy. being bisexual, it was just sort of like the last stand, I guess. And there were just a lot of factors coming in plus, you know, I went to a High School for the Performing and Visual Arts. And it's, that's not a statement about the school itself. And especially not right now, I don't know how the school is now. But when I went there, I could go to a school dance. And I knew enough people who were involved with drugs or the drug community to where I could get my hands on just about anything.



Jason 29:09

Let me ask you a question is me being somebody who's not very familiar with the drug use and drug scene, asking you somebody who was at one point in time, right? Am I exaggerating? Am I just reading some extra into it? Or does it actually send out a message when somebody is doing coke on the deck? Does it is am I exaggerating? Am I seeing something that's not there? Or does it more or less send out a message it says, this is an escape this is like this is no worse than you know, this is just part of normal life.



29:43

It does. It says this is no big deal. It says that, you know this is like letting up a cigarette.



29:50

What's your opinion, Michael? Well, certainly substance abuse in the population in our culture in general is usually accepted to some degree. Alcohol of course is a drug. Again, it's readily acceptable use of alcohol is readily acceptable advertisements all the time, say it's time to have a drink, you know.



Jason 30:08

And at this point, it's almost more acceptable than smoking even it's



30:11

Miller time.



30:12

I wasn't going to plug anybody with it. Yeah, it is, within the gay community, though, the gay bars have historically been a safe place to be gay. And unfortunately, it was a bar that happened to be a safe place to be gay. So if you go somewhere where you finally feel safe, being who you are, and they happen to be serving a lot of cocktails there, then you're likely to drink several of the cocktails are serving. So I think that that, in a way, because the gay bars are like the portal into the gay community, if you will, that can set us up to become addicts and alcoholics. Also, the disease of addiction is a spiritual, emotional and physical disease. And a lot of times we as gay men, and lesbians, we are have a lot of things that we're having to deal with. And part of that is rejection from organized religion, which can result in what we refer to as spiritual bankruptcy. And basically feels like despair. So if people use alcohol and drugs to medicate their feelings, then they're really set up for addiction. F, they're coming from that kind of place. Right? Yeah, and for gay youth coming up today, and dealing with being gay, and my parents accept me, well, my friends reject me, you know, is the only life for me, a hairdresser, you know, what are all these questions that we have to deal with? And then, so to set up for addiction, they come in, they walk into the gay community through the gay bars, and they see this party scene and they see the way to be accepted as a jump right on the party wagon.



Jason 32:02

Honestly, for me, if it weren't for Hatch, I don't know that I wouldn't have jumped on the party wagon and just completely gotten exactly, completely into Coke, or completely, and crystal or whatever was, you know, the drag of the time now, it seems to be crystal meth. And if it weren't for Hatch, and hatch really has done a miracle for me, as far as helping me accept my

sexuality and accept, realize, you know, and it helped me answer a lot of spiritual questions, as well as you know, self intuitive questions. But without hats, I really don't think that I would have been able to go to the club scenes, and especially being as into the club scene as I am I've like, especially when having was open, I knew pretty much everybody there, you know. And so, for me, it was, it would have been very easy for me to just jump right into the drug scene, and completely immersed myself in the drug scene, and especially the most recent club that's taken off, it would be extremely easy for me to just dive headfirst into it and just completely get lost into that world.



33:10

Well, and it was something that I just got completely lost in for a while. I knew a lot of people who were in hatch when I was in high school, but hatch was still kind of floundering. When I first started high school, you know, and then along, came sophomore, junior year, and hatch really started becoming more stable. And I think he visited once or twice, but I guess for me, you know, I wasn't necessarily at a point where I guess I wanted a support group like that.



33:42

What, what did it take for you to break



33:45

out of it? I literally had to be scared to death. I, when I hit rock bottom, was when I was under the threat of HIV. That's what it took. And I'm lucky that I escaped. And I do mean escaped and survived. Without contracting HIV. I am incredibly lucky in that. I also wanted it It took the scare of unprotected sex and the threat of HIV to get me off of drugs.



Jason 34:21

I also want to bring up real quick that you did not do it completely on your own either. I don't want people Oh,



34:26

I didn't. I know I didn't do I have yet to meet anybody and I know a lot of people who are in AAA a lot of people who do some type of addiction program. I have yet to meet anybody who can do it by themselves. If you can do it by yourself. You know, maybe you didn't have a problem to begin with.



Jason 34:49

But realize there's a lot of help out there. There's a there's lambda there's Counseling Center, there's friends, you know, just if you do want if you do think You're out of control and you want

to do something about it. There's a lot of help out there. And if you have any questions about it, you can call 713526 KPFT or 7135 to 65738.

 Jimmy Carper 35:16

Michael, something that Scott just brought up about the HIV and we hear I read in the gay breast, how HIV statistics are rising in the the gay and lesbian teen category, and, frankly, it scares me. Right? And does that this drug related? Do you think could it be or there's so many questions you

 35:45

sounding awfully, awfully clinical, when I

 35:48

know you should be

 35:50

that. But it's true. The studies that we have done and it is kind of my speciality chemical dependence, yeah. And HIV. And it didn't, not by choice of you know, it's just, I saw a need, and that's kind of where I went as a chemical dependency professional. The studies indicate that reasons for not using condoms. The top four always include I was drunk or high. So substance abuse clearly is a problem in the HIV pandemic.

 Jason 36:24

Wow. Let's give people a second to reflect on that. I've got a song that really has a lot of meaning to me right now. And actually, I was talking to a friend of mine who likes the song a lot too. And he was explaining to me about how it's actually about coming down off of acid and x and everything. I'm not sure the artist because I don't have the CD cover with me, but it's actually on one night. It's the name of the CD is one nation under house. And this is song number 12 off of the CD. It has a different meaning to me, but that's what the songs about actually.

 36:57

Everybody gets their own meaning from everything right.

 36:59

So here it is.

