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## SUMMARY KEYWORDS

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00:01

All of us at the switchboard are really, really looking forward to this because it's been a dream ever since I started with the switchboard to have a 24 hour service. We've just never had the the people to implement that. And I think you've got the people there at the counseling center to do it.

00:20

Yeah, we at the counseling center, very excited about that project. Taking that on and the opportunity to make the switchboard available. 24 hours. Yes. Very excited. Yeah, it

00:31

was getting to the point I think they were gonna resort to cloning.

00:35

Yes, no kidding. And

00:37

I don't know if you can write pray could handle 14 Jimmy Carter is going to illustrate but yeah, that little red phone

00:42

clone of a clone of Jimmy would be a scary thought.



00:48

Now the scary one is is the web address for the Montrose Counseling Center is [www.nirsoft.com/~de MCC](http://www.nirsoft.com/~de MCC). Or you can just email directly at MCC at [Neo soft.com](http://Neo soft.com). By the way, any of the phone numbers, email addresses or anything we give out here tonight, you can always email us at after hours [kptf@hotmail.com](mailto:kptf@hotmail.com) And we will get that list out to you. So we've talked about the Montrose Counseling Center is actually there's a couple other organizations that have recently formed in different veins that are out there and they were the ones we asked to be here. One of them is and I misquoted their name last week, it's Lea which is lesbian Island Association. It's a social and support group that is formed out in the Montrose Counseling Center. Don't have any they don't have a number or anything to contact them. But you can always get that through it the gay and lesbian community center at 803 Hawthorne, and I don't have their phone number. We'll get into another. Another group that's also just recently started is gaydar dream, affirm and restore. It's a wellness community for persons 22 to 32, who are interested in making healthy connections. This is another informal group meeting with topics. And it's held on Mondays at 7pm at bearing united and bearing Memorial United Methodist Church. And they won't be having one this Monday, but the following Monday they are having a having a meeting there. And bearing is at 1440 Harold Street. And you can get more information at 713-526-1017. Extension 211.



02:54

And we'll give those numbers a little bit later on in the show again, for those of you who didn't have your pen handy.



03:00

Oh, yeah, for a while. I was gonna say that later on. I had written up a script, but he unfortunately included didn't include us so it threw me all off. Jason is recovering from something that perforated his insides and we're not going there.



03:15

No. Well, you already went there, obviously. But it's not what you would the excuse



03:19

I could get nastier and disgusting.



03:23

But then we'd have FCC problems.



03:25

No, it's clean enough to go in there but dirty enough and sick enough for us Do you have music queued up

03:35

I always have music queued I know break we're gonna listen to Moby and I'll let you know the name of it after

03:45

it will also tell you the lawn straight will also tell you what song we played before we started our

03:51

didn't didn't introduce that. That was a saltwater of the Ministry of Sound 1999 2000 yearbook

04:01

and you're you're listening to after hours next generation on KPFT Houston and K US college station

04:13

Oh, that was lovely was that? I think the metal plate in your head started affecting with a microphone. We're back with that

04:20

was Moby off his play CD is called my weakness.

04:27

And what was the song you were intending to play?

04:31

You know, people wouldn't know about half our mistakes if it weren't for your big mouth. But oh well.

04:36



04:50

Hey, once I'm allowed to push the buttons and I screw up then we can stop discussing mistakes.



04:42

Well, you won't be allowed to push buttons for quite a while. So don't hold your breath. do hold your breath that way I can have a solo act.



04:51

Oh, this is the most I think I've spoken more in this show than I have on all the rest of our shows combined.



04:57

Yeah, I'm still like tired out of it. So Leave me alone.



05:01

Finally we find some drugs that do good, do good things for him. All right, I did make a mistake. The Lesbian Island association is at the Houston lesbian and gay community center, not the Counseling Center. We were discussing how many centers we have around here and too many things. I mean, we've got Montrose Counseling Center, we got Montrose clinic. And if you start going by initials, and you can also throw in MCC er and all these other groups. And so we're gonna try and get you the phone number to the community center.



05:32

But at least some people have somewhere to turn.



05:36

Yes. And that's, that's something, are we seeing a trend of more support groups? In general? Or just for this part? I mean, is it? Is there a need out there for it?



05:47

Oh, well, it's interesting, I've had these discussions with other people in the community about is there a need for that. And the consensus is that there definitely is a need for support services for gay and lesbian people in general, in all age groups. It seems though, that we have difficulty drawing people into the services to really get them involved in participating in these things. And so the consensus is, there seems to be difficulty in getting people interested in actually

participating in the community services. And these, these are groups that are driven by the group participants themselves. And they don't seem to take ownership of that to really kind of, you know, become involved. And I think that it's really important for us to find a place where we can become involved in the community, and start to really participate in the different groups that are available and actually supporting one another in the community. There may be people out in our community who have been out for years and don't feel a need for a support group. But I think it's really important for us to participate, those of us that are more out to participate in providing services, for those people who are just coming out and trying to find their way into the community,



07:14

in essence, a gay mentor in a lot of situations for those who are, who are out in the community and have been here for a while and who can, in a way kind of pass the history and pass the knowledge on. It's not something I mean, in our community, it's not something that I can go home to your dad and go, Well, I met this really good, good looking guy, and I don't know what's right. And all this. I mean, you can do that if you said, Hey, I met this great girl. But our fathers don't understand where we're coming from our mothers don't understand. We need we need that support base in, in our community. And part of I think we're some of this, we're not we're you may not be seeing a lot. But I think, basically, in our community, unless there's a two drink minimum, and someone in bicycle shorts, you have a hard time drawing the people in?



08:06

Well, unfortunately, I think, for most gay men, and most people in general, it takes something drastic occurring in their life before they decide to get involved with the group or to get involved, you know, with having helping themselves. I know, it took a suicide attempt for me to get involved with hatch. And it took severe depression for me to finally, you know, go to the counseling center and get some counseling. And even though I didn't really stick with for very long. So I think it usually takes something drastic to get somebody involved. I think it takes a pretty much life changing experience to make somebody realize there's a need to be involved.



08:46

Unfortunately, people wait to find support, when they wait for a crisis before they actually start looking for support. And maybe, you know, a lot of times, maybe that's what it takes for us to realize we need to find some sort of connection with someone. Denial and all kinds of, you know, getting caught up in behaviors that keep us distracted from the issues often will prevent us from actually looking for some real support.



09:11

We're kind of a reactionary community, it takes someone it takes us being slapped in the face. Before we go, Hey, and in a lot of instances, we see that in hate crimes. We see that in discrimination policies in companies and in trying to fight against those, that it's it's not enough

to just say, we're happy now. We want to we want to keep ourselves happy. We need we need that negative effect on their whatever they grew up together.



09:41

I don't think it's just the community. I think it's just we as a people, and you know, especially in the United States, we are very reactionary people. We know most people go by the if it ain't fit, if it ain't broke, don't fix it. No ideal and it Unfortunately, a lot of times, by the time, by the time it's broke, there ain't no fixing it.



10:07

I remember one, one comedian can't. Kate Clinton was making a joke about going into couples counseling with her partner. And she was said, she started kidding around going, we have to go in before we're in a crisis, because we need a baseline. And she said, she could look out in the audience. And she goes, I can tell which one of us are in counseling and have heard that statement, because it's something you you need to start off in a fresh mind. I mean, I, I have to agree with it. I was in kind of a crisis when I when I started with this reaching out. And another part, I think, also with this, is when you start going into counseling and all that, you start putting this psychiatric psychological label on it. And I think a lot of people are afraid of getting put into this. I'm crazy. For I have a mental problem. And there's something wrong with me, yeah, there's something wrong with me, and I'm going to a head person who works on people's heads to get it worked out? Well, I



11:11

think a big thing about counseling that makes it so hard for people, it just takes a lot of energy and a lot of effort and a lot of time to look within yourself and work on yourself period. And a lot of time, you know, most people either don't have the time or the energy to do that until they realize that there's something wrong. But I, it's a very, you know, for each person is different. But I know, for me, there's been several, you know, times when I've just been exhausted from going through counseling and trying to, you know, work my own issues out. And then I just get discouraged and let myself slip down into another crisis situation. But it's very difficult for some people to have to go in and look within themselves.



12:02

And I jump in there for just a second on that. I think a lot of the problem that we we face as individuals is we're not aware of the extensive support network that's available. I know, in my case, being transgendered, and so forth, like that. I am constantly bombarded with people who said, I didn't know that this network existed. And the same thing is available for the gay and lesbian community as well. People don't realize, and and it's it's hard to get the word out to people, that there is all of this help available, if they'll just ask for it.



12:49

Right and asking for help. As part of the problem, it's difficult for us to ask for help, because we're supposed to be strong and take care of ourselves and be independent and so forth. But you know, I think that part of the problem of informing people about what's available is that we haven't had a real kind of networking of all the different services that are available to the gay lesbian, bisexual transgender community here in Houston. And with the the, the phone line being open 24 hours, once the Counseling Center is collaborated with the hotline, perhaps we will be able to do to do that more successfully. And it's

13:30

one of the things we try and and advocate as much as we can here on a radio show is we've we've occasionally made the comment that at least in our essence, radio waves can break through a closet door, you may not allow light to come through, you may not be allowed. But when when we come in, we have our groups like hatch, who they, they like to have fun. They like to have their their little cat fights and vich fights and slap Fest in there. But there's a serious part to it as well. And that's what we want to try and do on here. At least occasionally throw in a little seriousness in there

14:05

is because folks, this is the serious show for the year.

14:09

Because we're talking, we're not talking to as much to Jason and I who are out and predominant part of my life in our lives. I just started a new job. So yeah, I'm a little little closeted when they asked me on Monday, what I did last weekend, I said I was I was outside a lot and help some friends with some building work. I didn't tell them I was building a float to walk right down Westheimer in the gay pride parade. Even though there is a non discrimination policy that covers sexual orientation, I'm not willing to risk it after three weeks of employment. I'm not that crazy. But what we try and do here is we were out trying to get the kids in Copperfield in Jersey village in The Woodlands and pass it tomorrow.

15:00

answering the lights out listening to the radio at the very low level. And we know that there's several of them out there because most of us were, in that stage at one point in time and after hours is always, you know,

15:15

I don't know about Jason, but I've talked about it several times. I'm one of those that Jimmy talks about of under the covers, I had a radio speaker, that was a radio pillow speaker, you get it for like three bucks. And it really electronics store. And I listened to the radio show, once I

found out that we were out that there was a show like this. started listening to the program. There was one time I called in with a comment. And I was still living at home, I was an adult. And to call the radio show, I had to sneak out of my parents apartment and go down into the payphone and called in a pledge. And I made a comment to big Roy. And then a couple of weeks later, I was out enjoying myself and stopped into the radio show. And the next thing I know I was dragged in here on air, drunk, put on a spot and they haven't been able to kick me out since.

16:09

So none of us none of the other people on this station have ever thrown up on the air drunk. Well,

16:14

the thing the thing about it is, is so many of us come from the situation where we think we're the only person that we know of. And as I explained to my daughter, when my ex wife, hostile Lee explained to her, you know, my situation. My daughter made the comment she said, I'm the only one that I know of that has this problem. That no, my, my father is transgendered I said, Yes, you are the only one you know of, because it's not something that you tell other people, even your good friends, you don't tell people. But I said, I'll guarantee you that if you lined up 20 of your classmates, there would be at least two of them who are either transgendered themselves, gay, lesbian, whatever. You know, you don't know this. And, and it's, it goes back to the situation, you know, people say, I don't know anybody that's gay, or lesbian or transgendered. Know, you don't know anyone who is trying to, you don't know that, you know, anyone who is transgendered, but I'll guarantee you there are out there.

17:35

And that's the important message to get out is that there are other people out there, there is a large community of support and help. And there's plenty of ears that are willing to listen. And you shouldn't, you know, you shouldn't feel alone out there. And that says you're not.

17:54

And this is why if you're if you're not sure about wanting to go to a professional agency, if you're if you don't want to look at getting into one of these support groups on first, do this. Okay, this is one of the great things about this. From 12. Midnight to 3am. We're on the air here. There is you may hear 1234 people on the air at one time, but I can guarantee there's another five or six out in the lobby. And there is not one of us out there that will turn away a phone call if you want to call into the radio station, get some advice. I mean, you can look at it look at it this way we have got in here in the in the studio here today. At least earlier we had three and a half four generations four age periods

18:47

do Jimmy alone.

18:50

We can we were able to expand from 20 to two late 40s

18:58

Would you would you like to revise that up to about 60

19:02

Oh that's right. I forgot. So we have just about every

19:07

decade Jackie for being here now I'm not the oldest

19:13

but you know you said speaking about calling in

19:14

and you can call in and then wasn't sure it is 713-526-5738 Jam KPFT and I did it without having to look at a cheat sheet

19:25

on it like I don't have a cheat sheet in here anymore either. So yeah,

19:28

unfortunately the only time they were put up with the the actual phone number is is when it's time is when we're trying to get money and so we've always remember

19:37

it's available that's the there's thing help is available, there's nothing to get you are not alone. You are not alone.



19:45

And like I said, call us here at the radio station during our say, if you can call in during another time frame you're probably not going to get the help you want. You may have to make a request for blues. But hey, depends when you call



19:59

depends Hang on your problem, we can refer you to the proper person or, or agency or whatever



20:08

if you just need someone to talk to. And once the switchboard part of it, that is really part of it.



20:13

Once the switchboard gets going with the Counseling Center, that'll be another number that can be called 24 hours.



20:21

Right. And also, you know, if it's not during the radio show Monday through Friday, between the hours of 8am and 7pm, you can call the Counseling Center. And we can make referrals we can tell you when the men's networks meeting when the Women's Network is meeting. And what's that number again? 713-529-0037.



20:42

Okay, well, since we were talking about the switchboard, if you want to get more information, you can contact them at 713-529-3211. And another another part that I want to touch on a little bit, I'm not going to go through the whole thing here. Since part of the topic of what we what we're starting with this, this show on was involving someone trying to work out their sexual orientation and their religious beliefs. I happen to come across just after that a new organization, I guess, called Hope, Houston organizations praying earnestly, and it's a guide to Houston churches and religious organizations reaching to the gay lesbian, bisexual and transgendered community. And it's, it's printed by a group called the Montrose clergy Association. And basically, what I was gonna do is I'm going to throw out the names of some of these churches, and some phone numbers. So if you, if you are trying to work this out, these are some some sources, you can at least find some help in here. And I don't have a listing, but if you email us, I will try and find you. Once they're specific for certain faiths, kind of like the because there



22:03

are one there is an organization out there for so many different religions.



22:09

They say, yeah, basically, there's two groups of parts here you have gay and gay friendly churches. And then you have organizations that deal with that, that are kind of separate in many instances from the main church. And as basically, we're helping working out like I being a Catholic would be going to dignity, which is gay Catholic organization that's not part of the Catholics, but at least helps you to work out between the two. One good source is bearing Memorial United Methodist Church, and they're at 713-526-1017. And this is a reconciling congregation program that has various support groups, various support organizations for gay lesbian, bisexual, transgendered HIV



23:05

bearing has been a very strong church in the community for a long time now,



23:10

and part and part of that you can tell is the fact that the honorary Grand Marshal individual was Don Sinclair, Don Sinclair, one of the original, the one who was the founding the driving force behind the bearing Memorial change, when he brought it in. It was a small congregation, he's built it up to what it is today, and especially it's the social mission, the



23:35

outreach to the gay and lesbian community as well as the age community. But let me let me jump in here for just a second on that. Because that's one of my hot buttons. I was raised in the Episcopal Church. I'm a licensed lay reader in the preschool church. Those of you that are familiar with that will know what I'm talking about. When I got married, I joined the Southern Baptist Church, basically, because I was a little bit upset with what I was seeing happening within the Episcopal Church here in North America. I'm an ordained Deacon, they can't take that away from me. I'm you know, that's, that's something that will always be. But people ask me, How do I reconcile my lifestyle with my religious aspect, and I respond to them, that God made me exactly the way he intended for me to be and God doesn't make any trail. He gave me the personality that I have. For a reason. I may not understand what it is, but I have to deal with it. And the one of the things that I've come to realize is is that, although I'm not a proselytizing type person, I am able to talk to people about what my faith means to me that would never darken the doorstep of a church. And this, I've got to believe this is part of the reason why I have the personality that I have. That you know that I'm able to share what I believe in with others. And it doesn't come down to denomination. It comes, you know, the old

cliche about God made religion, man made denominations. Yeah, this is this is a problem where you know, where somebody thinks that they've got all the answers, trust me, they don't. You are a you are a worthwhile, loving person, you have value.



26:04

Actually, religion is a hot, a hot button for a lot of us in the gay, lesbian, bisexual, transgender community. And it's very difficult for people to overcome all of the shame that they feel from having been abused from in their religion of origin, after religion of origin, condemns homosexuality. And coming through that and coming out of that healthy is very difficult. In the clinical counseling field, we often refer to it as religious abuse or spiritual abuse. And the result of that is a feeling of despair. And to imagine that, you know, God has condemned you because of the way that he made made, you can be very difficult. And so I can see, I'm sure that there are many people who have actually attempted suicide or succeeded at committing suicide because of that.



27:01

God, God doesn't condemn anyone. It's some of the people who judge that shouldn't be judging. That's where the problem lies.



27:13

And one thing I mean, I've this part part of this fine. I believe, my father feels that that part of my problem I have is dealing with my homosexuality. And I was raised Catholic. Before I came out, it was more understanding of who I was, I was very much in the Catholic Church. I was a I don't think we use the official, the fancier terms. Like the epistles, I was a reader. In our church, I was a part of the youth group, I did a lot of organizations. And what drove me away wasn't who I was, it was more of seeing what the political sides of the political lysing of the church that it wasn't this uplifting thing. In some areas, I was feeling really stepped upon by my own faith. And then later on, it actually wasn't homosexuality, it was another hot button item that in Waco, I, they started getting into and it was too much political, political sizing for me that I, I started to step out of the faith and that is a hard topic. And that's something that I like to cover some other time we can get in some of these organizations like MC CR and groups that that specially catered to our community and really see how they're, they're working through with some of the people on the spiritual end of trying to recover from from years of hearing the negatives.



28:56

I strongly recommend empty fiar rhetoric from noon.



29:03

As you can tell by the music, it's about time for us to start wrapping it up.



29:05

Why should we have 10 minutes so you have a 10 minute song in there?



29:10

Well, no, we have to start wrapping it up and then give the last minutes or less intro and then introduce the next segment



29:18

which hopefully remember what their name is. I'm just



29:20

pacing us I'm trying to help keep us paced so we don't step on anybody's toes



29:25

I'm still scared he he got here before I did and usually it's like we're in the middle of the news and views segments and he comes



29:31

so don't be surprised if you know staggering in if tomorrow like fire and brimstone is coming down from the skies Don't be surprised



29:40

don't don't call Pat immediately wasn't Pat hit calls the rain of fire it was Jason



29:47

will not happen.



29:49

But once again, let's let's give out the information for the Montrose Counseling Center. Men's network Women's Network we



29:57

meet on July 11 Next week Um, so that's next week, not this coming Tuesday but the following Tuesday, it'd be a little hard getting people down on the Fourth of July. Yeah, because anyway, Montrose Counseling Center at 701, Richmond, the phone number is 713-529-0037. And actually the topic for the next mens network on the 11th is about coming out.



30:23

And once again, we also had the groups that were supposed to hear Lea, check at the community center at 803 Hawthorne, you can get some information on their group, and another one for 20 Somethings gay dar, dar meaning coming from Dream affirm, restore, and that's open for persons 22 to 32, gay, lesbian, bisexual, transgendered at and that's Mondays at seven at bearing Memorial United Methodist Church. And with the holiday, they will not be having one this fall this Monday, but the 11th they will be having a session. And for more information you can call 713-526-1017 extension 211 where you can go to their website at www dot fairing UMC dot o RG.



31:20

And can I throw in a quick plug for the transgendered community for those of you know, this is one of the things that a lot of people don't realize is sexual orientation is totally a separate aspect of personality. But for those of you who are transgendered there is there are several groups here in the Houston area, one of which is the Houston crossdressers Association. And it meets every Tuesday night at seven o'clock, and I'm not sure whether they're going to have one on the Fourth of July, but I suspect they probably won't. It's at 239 and a half Westheimer behind Suzanne interference, real estate office there. And Brenda Thomas was the facilitator on that. It's a fabulous group.



32:17

Okay, once again, any of our organizations or groups, they want to get more information and you can't find the the numbers. Like I said, call us during the radio show 713526 KPFT, from midnight to three, or you can email us at after hours kpft@hotmail.com.



32:40

And until the hotline gets going, you can call the Counseling Center for referrals as well.



32:44

And they can also call the hotline during hotline hours. And now I can open up a private, open the book up and throw the number out there. Okay, the switchboard



32:52

number is 713-529-3211 There's lots of sources out there in the community. And fortunately, fortunately, we have these these resources. The next hope we can have is that we're gonna start stretching out further into the community to the suburbia scenario, where a lot more a lot more of the people who need the support and need the help. But basically, if you're feeling you need help, contact someone talk to someone. I mean, last last case scenario, come down the Lobo and just sit in the coffee shop and talk to somebody who's willing to talk to you.



33:34

Yeah, you don't have to give up. You do not give up.



33:37

As as long as you're out there. We're going to stay here and and try and at least help as many people as we can and entertain and amuse and probably confuse you as well.



33:49

And if you're not someone who needs support, look for a way that you can be support for people that are trying to find a way into community.



33:56

Don't let anybody tell you that you don't. You're not worthwhile. You are each and every person has worth.



34:08

As Jimmy busily scrolls thing coming up at the top of the hour, it's early morning groove. Is that right?



34:15

I didn't hear what you said. Yes,



34:16

it's the early morning with DJ Good grief



34:19

and Rob love. And if you ever saw DJ Good grief, that's exactly what you'd say.



34:28

I was discussing Jimmy's reaction



34:31

to no it's good music man. It's, it's like it's becoming my favorite music show here at KPFT. You're gonna you're gonna find a mix from the 60s on up through it's great.



34:42

That's that's coming up here at the top of the hour then followed after that the blues a THON, which which we jokingly always say that if you're not depressed wait till after the blues Athan and you'll probably will be



34:55

and you've been listening to after hours the next generation KPFT Houston pay us College Station and we will see you next month.



35:09

And once again, they once again one last time information or if you have even if you have a topic for us to cover, or if you're a support organization out there that we didn't mention that we weren't able to mention or may not, you may not get enough coverage, emails after hours kpft@hotmail.com and we'll be glad to promote and plug any support group out there for the community. And we'll see y'all later on