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SPEAKERS

Howard McHale, Scott Lewis

 Howard McHale 00:03

Okay,

 Scott Lewis 00:05

let's talk just for a little bit I want to talk about depression. It's something we haven't talked about on my show in a long time because you to listen to as you think we never get depressed. And it's something that we all face we all go through, I was depressed last weekend, I was incredibly depressed, just look in the mirror and naked. And I mean, it happens, it happens. And that's what I want to share on down here to kind of talk a little bit about depression and, and suicide and addiction and that whole aspect because it's something we haven't talked about in a long time. What is it like chemicals in our body? What is it that makes us depressed?

 Howard McHale 00:55

Waking up to you pressing me?

 00:59

Well, I think it just depends, there's a lot of different kinds of depression, there's situational depression, just like if somebody has had some real major job situation or something like that happened to them, they got fired or something like that, that can be or buying a house by a lover leaving him or, or something that the tap and that sends him into a real downer. And then there, of course, is a clinical depression, where you're, you're talking about chemical imbalances in the brain, that kind of thing. So,

 Scott Lewis 01:30

so now, is that is that the chemical imbalances? Or is that something caused by drugs? They're altered? Or is that just an internal?



01:42

Well, I'm not a psychiatrist, but an awful lot of the clinical depression is treated with another drug that is specifically for that. And monitored by the Doctor, can



Howard McHale 01:55

people become undepressed? Does it does it go as fast as it comes?



02:01

Well, sure, people can. But you know, people have to, I think it's kind of interesting, because I'm a licensed Chemical Dependency Counselor. And of course, when you're talking about depression, you're any kind of alcohol or some of your down or drugs, the central nervous system depressants, and people will take these when they feel a little bit low sometimes and they it'll pick them up for a little bit, and then it'll barely plunge them. And so then when that happens, they don't realize that they're just adding to the depression that they already have, even if it's just something that just happened, like, like I say, the firing of a job or something like that, and then they go out and get drunk. And then they're twice as depressed as they were before. And then their brain is put to sleep practically with alcohol. And then a lot of times they'll do things that are kind of stupid when they're feeling sorry for themselves that they don't really intend to do and would not do when they were awake. Okay, that's something



s Scott Lewis 02:57

I want to talk about. Because I, two days, three days ago, I was confronted with a situation where I, a very close friend of mine attempted suicide, and it affected me dramatically. And I don't know how to describe the fit the best way I know how to describe how I felt when I looked at this person and saw all these slash marks across their wrist was like when you when your room is cold, and you have like that chill, you have like a shiver. I was shivering like that, literally for about six hours. I was just I didn't know what to do. I did. I don't know how to react. I don't know what to do for the person. I don't know what to tell the person. I don't know what what gets a person to that point where they're so low that they think that that's the only option.



03:48

Don't think about suicide is is in my years of pastoral ministry and a few other things is that the whole two keywords are helpless, hopeless. And I think when somebody tries a more passive form of suicide, like slashing wrists, that's usually a major cry for some sort of help. And, you know, you're talking about depressions and levels of depression. It can be an organic depression that are genetic and things that maybe we have a propensity to be depressed or whatever, but you can also, you know, drink yourself to an organic brain dysfunction. And then

you have that and then you've got to deal with that for quite some time. But somebody like your friend, you know, it usually when they search the wrists or attempt in that way, it's a real cry for some sort of help.

H

Howard McHale 04:37

I mean, isn't it true that if someone wants to kill themselves, they will. Correct?

👤

04:42

Yes, you're really gonna do you're gonna do it, you're really gonna do it. It's gonna be very violent. That's why I think one of the statistics that we've all heard and read about the what is it women have more camps, because they choose more nonviolent means. And men usually get the job done more because sometimes they choose more violent means violent means. So the statistics are higher in some ways. i It's been a long time since I've studied all that. But it was. That's it. And it does. And I think what you're trying to focus on is really important, Scott is that, you know, what about everybody that standing around? Now what, you know, what about us? What about us that are standing there going, what do you want me to do? Or other people that are going What's the I wouldn't notice this? How come I didn't you know, and people that that have lost someone to suicide. In fact, I was just talking to someone today. A gal I know, who we'd been friends for some time and finding men did lunch, and she was telling me about her about two of her brothers. One of them had committed suicide and drug situations, and another one had shot himself. And it was very difficult for her to like, deal and understand all the whys and wherefores that went with that, and, and what a horrible long term effect it's had with her, you know, and her mother, it, she put off her whole college education because her mother just lost it at that point.

H

Howard McHale 06:10

Wasn't it sure that people who are affected with suicide, they tend to blame themselves? It's their fault.

👤

06:18

Oh, yeah. You know, I had a distant distant relative one time come to town that was actually my stepfather's niece or something that I hadn't seen in years and years and years. And she, she had said that she was going to call me in Houston when she came here. And it was right after I arrived in Houston about 1619 years ago, I can't remember anyway. She didn't come to my house, she wound up not coming in about three weeks later, she I found out that she her daughter had found her in the garage, that she had hosed herself with the carbon monoxide. And I went around with this for about three or four weeks thinking, Oh, my God, if she'd only come to my house, I probably could have somehow saved her from that. And I mean, this moment I hadn't seen in years and years and years and the effect that I had it, I thought that I was powerful enough to maybe have done something that would have saved this woman. And I

think that's what happens with so many of us in those kinds of situations. It's, we get into that if only maybe I could have done some. And really, and truly, there really isn't anything that any one of us can do. But it's a natural reaction,

 **Howard McHale 07:24**

once again, till we might be looking at this the wrong perspective, a who's to say that suicide is wrong? And who's to say that's not their time to leave? And who's to say that's not their destiny? You don't I mean, yeah,

 **Scott Lewis 07:36**

but I think you have to look at the circumstances. I mean, if you looked at I mean, if this was a person who, for some reason, you know, if they had a terminal illness, if it was a Jack Kevorkian situation that I think is acceptable. I think that's natural. If they make the decision that it's time for them to go, then they that's their right in there. But when you look at somebody who's intelligent, who's in college, who healthy, is healthy, has a lot going for him. I don't understand.

 08:14

It's interesting. I used to be a high school guidance counselor in in Detroit, Michigan. And I was Howard and I go back a long way. Go all the way to Detroit.

 **Scott Lewis 08:26**

If you were Howard's guidance counselor in school, you were you were one room log cabin.

 **Howard McHale 08:33**

That's it when I was in high school, there are only 13 states leave me alone.

 08:37

Anyway, this gig into my office one day, and it's amazing how adolescents, their thought process, it's a little different, that this guy was going on about how awful his parents were in everybody in adolescence, go, you know, my parents, and he said, you know, they're gonna really, he was talking about suicide, and I had this really distinct impression that was really what he was getting to. And he went on to talk about it. And he said, You know, when I count myself, and I lay in that coffin, and they come up and look at me, and say, what are what are what are what are you know, oh, golly, I should have did this and something else and whatever. And then I can say, Boy, yeah, you are. I said, Wait a minute, Baba, you ain't gonna be saying nothing. In fact, you're not going to even be knowing who's looking at you, or whatever, maybe, who knows. I mean, they have this idea. Like it's not there's no permanency because they have this impenetrable kind of life thing. So they talk about suicide, and they do kind of because

they're very reactive to things and they do things faster than maybe some of the rest of us where they don't think as long sometimes and they have this idea they have this whole scenario all written out that when everybody came up and looked at him like they were gonna get up and say something back and I said, Excuse me, you know, at that point, it's over baby. You know, you can think about this. It's amazing and

 Scott Lewis 09:49

some don't think long term and they think it seems like almost sometimes you think that they're doing it to get at some but it will this will say that's it

 09:57

well, and then this if they were going to be able to come back and say see Well, I did use a fine.

 Howard McHale 10:01

was Scott, your friend hot? I know you were upset by it. But did you feel that he was trying to send you a message? What do you think actually, he was trying to say to you by telling you that he tried to commit suicide?

 Scott Lewis 10:14

Well, he didn't. He didn't tell me he tried to commit it was I mean, it was, it was a situation where I got a phone call. And it was very morbid conversation. And I went over and found him with these, like, seven slashes across his arm. And, and I think, I think maybe it was a cry for help. I don't know exactly what. I don't know that it was to me. But and I don't know who it was to.

 Howard McHale 10:41

But did you ask him if it was too? Did you say, you

 Scott Lewis 10:45

know, I don't? I wouldn't really that comfortable discussing it? I mean, I did. I told him, why do you do this? You have friends, you have people that care about you? I would do anything for you. You have a lot, you know, I named off a lot of his other friends and said there these are, these people are here for you. Why would you? You know, why would you do something like this? When you know that there are people who love and care about you and, and would miss you? I don't know, you know, this is something I've never faced before. And I'm just really, I don't know, flabbergasted by the whole thing, I don't really know how



11:20

to react. I think you're right, though, that there are, you know, definite, definite patterns. And some of these, sometimes it is the category where, you know, it's someone who's feeling very hurt themselves. And they see this as a way to, like transfer that hurt to the people around to get even even so to speak. And, and there's also, you know, some people that just, you know, don't see that they're connected to other people and see it as like a final solution to the pain that they're feeling, you know, a way out. And, you know, that that may be the, you know, the way that a lot of people with chronic disease, you know, are seeing it, and they need to see that there are people out there that they are connected to, and that it does have other repercussions, you know, that other people are going to be affected. And, you know, there's an obvious a lot of interplay, that that you know, connectedness is going to play in there.



12:10

Well, I think there are very few people that haven't had some sort of passive type of suicidal thoughts at one time or another in their lives. Like, even if it's just as light is something like, Well, God, I don't even think I want to wake up tomorrow. Right? You know, something like that before? Yeah, right. Something like that. I mean, those are real passive, but they're, they're kind of those hopeless things you were talking about when when people aren't seeing anything but kind of black holes in the, in the sky, you know, and in? There are very few people I think that I've talked with that haven't at some time or another, I've had that.



Howard McHale 12:51

So, is that normal? That it's got to be normal? I would think so. Yes. I never do an adolescent stage. I wanted to commit suicide. I kept telling my father I was going to stick my finger in a light sockets.



Scott Lewis 13:03

And look, and he did and look what happened. He has no hair left. He



Howard McHale 13:06

kept he kept turning on the light. But But seriously, I think we go through that, those stages where I just need attention. Something something in me is not being fulfilled. I'm not communicating with all you outside people. I'm, I need something right now a quick fix on some kind of innermost thought or feeling me right.



13:29

I think it's really important to, to remember that, um, you know, you said a minute ago, like, I didn't know what to say, I didn't know what to do. I don't know, if somebody even basically hints at the fact or you feel that there's even don't be afraid to discuss it, because they're

certainly not exactly they're, they're opening some kind of, I mean, but people you know, dance around. There's two things in the in this country, we don't talk about sex and death. And, you know, obviously, we've just touched on both of them tonight, you know, we have this massive epidemic going on in our life. And plus, and it deals with it deals with death as well. And we don't talk about either one of those. So when somebody does that, or we talk about the Kevorkian things and people really thinking is the option of you know, I, I'm just not going to do this forever. How long do I want to be sitting, making those kinds of decisions at all? He can't talk about things like oh my god, we're a young person just being totally, you know, frustrated with life and but not having a real great perspective. But if anybody if you ever have a clue that somebody is doing it, I think she'd probably back me up on the share. Go ahead and confront it head on. Exactly. What's the deal here? He didn't talk to you. Because obviously they will talk to you. That's what they really want to say. Oh, yeah. Well, and jump right on it. People skirt it and dance and do whatever and don't do it. Hit it straight on and ask right flat out

H

Howard McHale 14:48

exactly. Because like Scott, you said why didn't feel comfortable. Obviously he was sending you some kind of message that he wanted to communicate about this. And and it sounds like you almost had the problem. And you stopped and you didn't feel comfortable. But obviously what he obviously needed was someone to talk to.

S

Scott Lewis 15:04

Oh, yeah, because we did dance I danced around, I was like, trying to, you know, nurses waiters while talking about other things. And it took me, it took me a few minutes before I said, Why did you do this? You know, before I, you know, and I sit, you think in your mind, you're like, I'm thinking about my, I've got to say something I've got, why is this, you know, but then at the same time, it's like,

o

15:29

well, even before you find somebody laying there with slash wrists, and you get this sort of hint, that maybe they're talking about this, it's best to hit him straight on. If we think Well, geez, if I say something like that, maybe I'll plan it in their head. Oh, baby, the ideas already there. Right? If it is, and if it isn't, you're not gonna give him anything they don't already know. And it's best to like, jump on, say, you know, I get the impression, you know, that you're hitting around about some really wild things. Am I hearing you right? Or what? You know, because that's, we need to talk about this, you know, when you feel that shitty,

S

Scott Lewis 15:58

you know, let's look to have it. And it's not where I've said that it's not

o

16:01

...to have somebody that will talk to



16:03

well, and it sounds to me, Scott, like, like there was a real need, and you right at that moment to try to fix it? Oh, sure. I'm a nurturer. And that that's really awkward at that particular stage, because probably just sitting down and putting your arms around him and saying nothing might have been just as just as easy for you at that point. Oh, it'd



s Scott Lewis 16:21

been a lot easier for me.



H Howard McHale 16:23

Even getting back to the point that I had a good friend of mine who was in his final stages of AIDS. And what had happened was that people would come up to him and see him and talk to him. And they would skirt the whole issue. You don't I mean, like as trying to protect this, this young man. And he obviously knew that he was in the final stages will file it. I just sat him down. And I said, How long is the doctor given you? You know, and it was like such a relief for him to finally hear someone say that. It was finally like, cheese. Don't give me this false stuff. Don't talk to me crap. But he actually looked at me and just said, Thank you. I'm so glad you remember skip chip, right?



17:01

He just mentioned to talk about exactly. He



H Howard McHale 17:03

just said, I, you know, I don't have any time left. And I'm tired of people talking about what we're going to do next Christmas, and what we're gonna do my next birthday, and I just took this honest approach is like, Hey, girl, what you doing? You know, what's going on in your head? I was just talking about today. Exactly, exactly. And he appreciated it. And I hope I hope he's up there floating around somewhere, thinking that well, it's about time someone finally did talk about it. Whenever in the same thing was suicide, we need to approach these issues a little bit more, because I'm the warning signs are out there. You know,



17:38

I think one of the most important things with Sharon said a while ago that, you know, there really isn't anything that you can really do. I mean, you can't fix it, make it all better. Sometimes the best thing is a hug. Sometimes it is really letting him know that you're open to

talk about the situation, you're not all freaked out. It doesn't bother you, you don't have a ton of religious overtones about it or whatever else that you're just open to talk. And you really you don't have the power to stop, start do anything about that.



18:06

Let's see, suicide is another thing. Just like before aids came along. Most of us had never discussed death or talked about death or anything in our entire lives. I know I hadn't, I had never had nobody died in my family. And all of a sudden I'm bombarded with this. And so now I can sit down and talk with somebody who's dying very comfortably. But if it hadn't been for this experience, our culture in general does not prepare us for this and does not prepare us for the suicidal type person either.



s Scott Lewis 18:38

Right? You're listening to 90.1 FM KPFT Houston and 89.1 fm KEOS College Station Bryan nothing. You I don't think anything can prepare, prepare you for it. And there is no quick fix. And there's I mean, you just it's like it's almost like parenthood you're not you're not really there's no book that teaches you you know manual. There's no VAT you can't take you have to have four years of college to try and market you know potato chips to America yet you can you know, have kids and good God. Do you think that any wants anybody makes this kind of a cry? Don't you think they really need therapy? Counseling? Oh, absolutely.



19:30

Sure. I think so. Because like I said, I think the two words which I think we all kind of agreed on China, especially this helpless, hopeless. You need to find out you know, God's earth is so damn wrong with his life. It's supposed to be happy. It's supposed to be good.



H Howard McHale 19:45

Especially if you think about there's always someone worse off than you. There's just got to be Yeah, but you know



19:51

that really a kid that doesn't? That doesn't ever make it you know, when you try and help somebody by saying well, you know, I mean my mom He says that God loves God. Anyway, they are little. No she does. And I would God. God forbid, I think she wants me to come home. Anyway, think about you know, she'd always say like, think about the portals starving kids hear this, or think, you know, there's always somebody worse off and blah blah all that stuff that doesn't make a person who feels like shit and who's really really depressed feel any better to compare him to somebody that's got a whole lot of worse baggage. That is one tip that we all learn it early on.



20:33

Like you don't have any arms and legs like I can relate to that. Yeah,



20:37

think about that portal found that suffering from a hospital or fill. Well that doesn't mean shit to him. They feel bad enough the way it is. They want to talk about why they better individual, right? They personally feel bad or what's on their mind. You're right. They could care less about the arm was wondering. Yeah.



Scott Lewis 20:55

Let's do a let's do another song. We'll come back and zaniness and insanity will set in will prevail and you're listening to Scott Lewis Howard Big Daddy McHale on after hours a continuing tradition on 90.1 FM KPFT Houston and 89.1 fm KEOS College Station Bryan Queer radio with an attitude 526-573-8526 KPFT will take your phone calls after this. It's brand new from Boy George. Nobody has it yet. It's not released in the United States yet. You can get it on import at a couple of stores. And it's from his forthcoming album cheapness and beauty Boy George will have a new album out this summer it's called Fun time those Boy George now and here's a little boy George back when I left him this Boy George back then. Oh,



Howard McHale 21:57

what a different sound. I



Scott Lewis 21:58

know. I mean, he's gone. Like Rakesh sounds like a straight man. I know. You know during the break, Howard. Somebody somebody was here to see you. Oh, well, it was somebody that you dated. We all show him in



Howard McHale 22:14

a backyard and it took off a cow cam with him. I hate when those old tricks pop up. Get out of here. Go home. No, you're not getting any tonight. Get away get away.



Scott Lewis 22:33

See that's what happens when you keep that water bowl by your feet



Howard McHale 22:40



HOWARD MCHALE 22.40

no cow can for you. I hit the head when you told me you got the clap. And I want that that dog collar. I gave it our first anniversary he dumped me for some dogs and down the street. Can you blame him? Oh it did like Germans.



Scott Lewis 23:12

Oh, anyway.



Howard McHale 23:18

I hate when old tracks honcho don't yet. Release mine speak English.



Scott Lewis 23:25

Hey, watch it. So there were a couple of final points we wanted to touch on before we moved on about depression. And suicide. Let me turn your mics on



Howard McHale 23:37

that old boyfriend depress me



Scott Lewis 23:38

because you know we got it. We got a phone call from a guy who called in and said he's tried to suicide twice. But he's in therapy now. Do it feels good. It's doing fine. And just called to let I guess let us know that you can survive it that you can make it through.



23:53

One of the things that I wanted to point out to was that don't forget to have a complete physical exam because not necessarily is is depression always just from what's going on in your life. It could be hormones, it could be exactly something and what's going on physically so I



Howard McHale 24:12

mean, I get up every morning I'm alone and I'm depressed. Believe it when I roll over, there's no one next to me to that big ol MTB



24:22

Well now go home. Well now that I'm now that I'm single again, I'm practicing as I open up the

door I see y'all Honey, I'm home and I hope that that will make me feel better when I get there.



24:37

We were we were talking here during the break and we we were deciding that you know after that guy called and said how important therapy really is and then like Sharon was saying, how important you know checking out yourself physically would be to make sure that you know there isn't anything else going on. And Sharon will tell us how to get ahold of you or how to you know your I know you. A lot of people turn to drugs now. Call instead. And we do that for awhile and that doesn't work. And then and that's really important part of getting addicted and back into, you know, especially in teenagers when it's that's the time there's more attempts made it. That's the time when it gets the easy way out.



25:17

Anyone can get in touch with me if they call 6236081.



Scott Lewis 25:23

And you know, I was odd. I have enjoyed talking to Sharon on many occasions when I've been a little just depressed. In a blue mood. I've been wearing a saggy diaper that didn't fit in and I've called Sharon a few times and it has helped a lot



25:43

as Scott like wandering to the clubs and the first thing out of his mouth is God I need to call Sharon just give him a hug all right.



Scott Lewis 25:53

Hi. No,



Howard McHale 25:55

no when you stand with a white boy you know it's time God departed. At least I got a date for the prom.



26:12

I can't believe it hard left you know classic a weenie dog.



Scott Lewis 26:16

Oh, great. The HPD helicopter.



Howard McHale 26:19

They address again, that they're coming to pick up your friend and take him back to Mexico Oh, it's a wild night. Around



Scott Lewis 26:31

Yeah. It could be worse. Howard it could right after this song. Oops. Yeah, there's somebody on that. Let's finish up the search. Is there any there anything else share? We can call share. And if we're depressed 62262360816236081 Let's take this phone call from Q patrol.



Howard McHale 26:58

Okay. We're not we're not going over there.



27:03

Hey, hey, hey, how are you? Pretty good. Pretty good.



Howard McHale 27:08

How the streets out tonight on a busy when I was coming in,



27:11

and it's quiet so far tonight. And then, basically, it's just a few of us out on our own. And I just kind of keep an eye while we're out at the clubs or so. This is not a test. This is an actual panic. We need you.



Scott Lewis 27:28

And now Yeah, q patrol is real short. A volunteer.



27:31

Summer is coming. We are short on volunteers. We did not we were not able to put out an actual patrol tonight. What? Because we can if we do not have enough people to do it safely, we will not do it. What? How many people does it take? It takes a minimum of six people in

WE WILL NOT DO IT. WHICH HOW MANY PEOPLE DOES IT TAKE? IT TAKES A MINIMUM OF SIX PEOPLE IN ORDER TO DO A PATROL. WE ASKED FOR ONE NIGHT A MONTH

 Howard McHale 27:54

you can't get six people. Tonight,

 27:58

we did not get six people. So there's two or three of us that said okay, we basically said okay, we're gonna we're gonna go ahead and go out to the club. And then we just basically we're keeping an eye on it on our own.

 Scott Lewis 28:13

What, where do they call the volunteer? call

 28:17

area code 713 for you four Oh Niners

 Scott Lewis 28:22

a 871 80 519-871-8519. And you're asking for one hour, excuse me one night a month. And it's like a four hour four hour shift

 28:38

for four to five hours depending on if it's a busy night. One night a month is all we ask. And that for you all that don't go to the bars. This is a and now our AAA members, this is an alternative to the bars. And that for you that we listen to KPFT so you won't miss it. If you come out and play with us for a night.

 Scott Lewis 29:04

Oh, you'd love them to come out and play with them. Play with you when you

 29:08

were on the air on that one.

S

Scott Lewis 29:12

What do you what do y'all do on those patrols after it's all over?

Ω

29:16

I've heard stories, man that's restricted information. You had to join the find

S

Scott Lewis 29:20

out give the number again.

Ω

29:23

Number is 871 8519.

S

Scott Lewis 29:27

Thanks for calling in no problem. There's I mean, one night a month, four hours.

H

Howard McHale 29:33

I mean, that's a week do do people go out five nights a week. They can't get one night a week. But q patrol. You're going to be at Pride fest also and someone spoke to me last week and about donated a tent at the first aid station or pride fest get back with me. Okay, five, what's my phone number at home 6915999 I still need that tent and I still need the q patrol.

S

Scott Lewis 29:57

I wouldn't have given my phone number over the air. I Ain't no one no one can write that fast but let me tell you the way Howard SEC's life's been going I mean he needs some help I mean it's just real bad hit needs

H

Howard McHale 30:10

a startup anybody

Ω

30:15

just wants an answer machine light to blank

H

Howard McHale 30:20

there we go. Oh this old chassis model this model T isn't

♀

30:28

that's Howard sex life

H

Howard McHale 30:31

crash and burn That's me trying to get out of Kroger.

S

Scott Lewis 30:39

When you run into Sharon in the produce section

♀

30:43

she's feeling melons he's feeling banana

H

Howard McHale 30:46

now Q Patrol you've got it you've got that tent that you're get a hold of me sometime because I can't remember who I spoke to when I lost his phone number.

♀

30:55

Well why would anybody go

H

Howard McHale 30:58

live George Can I hear I'm not going out tomorrow they hotshot just back bang back down boy down to take about their own tab

S

Scott Lewis 31:40

Howard had a debit because we needed a shop like me

♀

31:46

you didn't tell me at live performances?

you didn't tell me about performances!

 Scott Lewis 31:50

Is performance art? Oh do

 31:56

to dog trainer for

 Howard McHale 32:00

Jeff I've seen some of the boys you walked out of the mining company with

 32:03

I've never gone home with anybody ugly in my life. I have woke up on occasionally wondering that ugly man is next to me. But I've never

 Howard McHale 32:13

in my life we never do it too in the morning it just that 1030 in the morning. It turned out to be ugly

 32:21

friend of mine once told me that he's that I've never ever left the bar with anybody I've hooked up with smugly made my bed I don't know how they got there

 Howard McHale 32:31

anyway you know we haven't done the love connection with Dr. Rob

 32:35

Yes helping you forget about all that why?

 Howard McHale 32:37

Talk to rob you know I'm gonna go I'm gonna go out in the lobby and Colin and see if you can give me a date tonight.



32:45

My schedule is trying to help Scott up with someone



32:53

and back to this hour



Howard McHale 32:56

the whole gang is out fraud



33:00

it's like that commercial the guy blows that little whistle you know and he keeps blowing and blowing his dog and coming all sudden a billion dogs come from all over



Scott Lewis 33:08

TV. Now. I miss it but I'm laughing I'm laughing to make the guests feel comfortable.



Howard McHale 33:14

It's the after hours fan club



33:23

by the House



Howard McHale 33:24

story of my sex life



Scott Lewis 33:30

just 1-526-573-8526 KPFT if you're not asleep, if you're snoring, give us a call 526-573-8526
KPFT It's a wild night in the house tonight.

 Howard McHale 33:44

We want to talk about a wild phone calls. No straight people have called it and bothered us in a long time. Who cares about straight

 33:51

people? Howard still looking for a date

 Howard McHale 33:58

that that loud Mexican Chihuahua was in here drinking earlier and I

 34:02

left the same in the dark

 34:07

and that's from Dr. Rock.

 Scott Lewis 34:14

I tell you, what do you think 5735 to six KPFT It's a jungle in here tonight. It's

 Howard McHale 34:19

a jungle. We need some gorillas. Some big ol hairy men. Well, you've got Jim Dr. Rob the love connection or whatever. The jungle where we're going for vacation this year.

 Scott Lewis 34:38

We haven't decided if it's going to be east coast or west coast.

 Howard McHale 34:41

I talked to my sister today. Not the blue platter one. But the other one. She said she wants to go east coast. Well, hey, we're East Coast and I'd love to go to Boston and P town Do you think?

 Scott Lewis 34:51

What do you think you're gonna find there? What do you think you're gonna find there?

 Howard McHale 34:54

The Atlantic Ocean. It's real cold though. What do you what do you

 34:59

Alaska? Clap so

 Scott Lewis 35:07

another one of your tricks.

 Howard McHale 35:09

Go home. Oh my god my life God, they're gone. I can't take any more of these men coming to try to hit on me. I tell you, I tell you. Oh, let's take this call what call we taken?

 Scott Lewis 35:32

Um, this guy has a friend that he loves and he needs advice. Now let me tell you if this guy is straight and he shoot should we accept no responsibility called Jenny Jones?

 Howard McHale 35:41

That's right. He wants to go out with Scott we accept no, no penalty.

 Scott Lewis 35:45

That's right, if you will.

 Howard McHale 35:49

What lines Yan

 Scott Lewis 35:51

well, I need Sarah



35:54

to come save the day. This isn't a lotto you know pick three. Yeah, exactly see, helps to know which line



36:00

to see for blinking lights in front of my face, which



Scott Lewis 36:03

was line eight, but I don't know which one to push on the controller thing. And so we need to get in here. Oh, good luck.



36:13

Okay, I'll marry you. Always wanted to get into that wedding dress. Sarah, we



Scott Lewis 36:19

want to take line eight. We want to talk to Charlie. line eight. It's the one with the



36:28

press the blinking button. We're gonna be the third



Scott Lewis 36:31

one, shall we? Okay, the third one.



36:33

No, maybe we'll try this one and see who it is be the second word. The second word Joker.



Scott Lewis 36:38

That wasn't it that hung up. That was that wouldn't go the second one. That's it. Charlie. Are you there? Yeah, I'm here. Hey, Charlie, how are you doing? Oh,



36:40

50.40

no, really that much? Just depressed.

S

Scott Lewis 36:50

How come Charlie, what's the matter?

♂

36:52

Well, there's someone that I really liked for that nine months already. In the school years already over and I think he's in the closet. I mean, I don't know. I mean, just the way he acts I can kind of relate to because he's only 15 years old. How old are you? I'm 17.

S

Scott Lewis 37:10

Oh, you like you go home after chicken.

♂

37:15

But, I mean, because I remember when I was 15. I can. I used to just be really scared. And I used to do a lot of things like code so nobody could find out about me or anything like that. But now I'm out to like a lot of my friends. Almost all my friends.

S

Scott Lewis 37:29

You're out to all your friends and they all know your Chickenhawk. Well, some

♂

37:33

of them tell me like oh, he's evil.

♂

37:41

You are totally

♂

37:43

sorry. I could resist. Tell us about this guy. What's he like?

♂

37:47

Well, he's a jock. He's on the football team. Hey, I

H

Howard McHale 37:50

didn't have the team once.

S

Scott Lewis 37:51

You did all the team wants under the bleachers.

♂

37:56

In baseball, he plays hockey

H

Howard McHale 38:01

What did you guys have sex? No.

S

Scott Lewis 38:03

Do you want to have fun even No, no,

H

Howard McHale 38:05

I don't. Oh, you just have a crush on this guy.

♂

38:07

Not a crush anymore. I mean, I really do care a lot about this. We were worried with friends but let me tell you about something. Towards the end of the school year, one of my friends will I thought she was my friend. She told this girl that likes him. And she told him that I liked him. But okay, I told Kathy the name No.