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## SUMMARY KEYWORDS

transgender, kids, people, transgendered, parents, gender, hours, daughter, therapist, transition, listening, called, transsexual, transgender issues, children, pinewood derby, proud, expected, years, work

## SPEAKERS

Michelle Meyers, Jimmy Carper, Sarah DePalma

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00:01

Okay, you know what the Bible says is we're all created in God's image male and female, right there in front of us and the book people are using against us, was the answer that we needed to move ahead. The next step says we're all male and female. All we have to really do them is sort out how much of each? Are we? 70%, male and 30% female? Are we 90%, female and 10% male? You know, what is the mix that's in within each one of us. And then just let society let us be who we are intended to be. Todd, what a concept.



00:46

This is my daughter, Laurie. My daughter, My daughter, Laurie is graduated from Hastings College. She's my little girl, but she's six foot two. She graduated from Hastings College three years ago, and she got the number one dream job on her dream job list. I am so proud of what she just done. I am so proud of what she's doing in the world today. She's She has a group that's called take cots, what she's doing is being there for kids of transgendered parents so that they can have someone else to talk to. She found out about me when she was 14, it was the worst possible time in her life to find out about me, but she can talk about that if she wants to. I'm just really, really proud of what she brings to the world and how many lives she's touched. Actually,



01:35

I wish she would talk about. Yeah, me too. I



Sarah DePalma 01:38

think it's fascinating.



01:39

Thanks. Yeah, I found out when I was 14, and I've been, as I've gotten older, I've gotten more accepting of this. And I'm doing a lot of education to people as to what, you know, the normal illness, normalcy of being in a transgendered family is, a lot of people still think I mean, you know, at work, I managed to, you know, help change some some major policies around how we handled transgender issues. And, you know, I really think it's, you know, we need to show people, it's not a fetish, it's just something normal, it's, you know, it happens. And, you know, it's kind of, it's kind of unusual, because usually, I don't wind up talking to people's children, as much as I talked to the parents, because the parents seemed to be, they want to keep the guard for the, you know, up for their kids. So, the message, I mean, I have to be very clear on what I say to the parents, so that they can relate clearly to their kids. Because, you know, so often I meet parents at, you know, at these big conferences or whatever. And in order to, you know, to talk to their kids, I have to talk through them, which is kind of unusual, but you know, I, I'm very proud of, of my Diana, and, you know, I joined I joined harmony this year, is to tell tell, the audience was said yes, harmony is gay, lesbian, bisexual, transgender friendly chorus, out in Denver, we had a, we had a concert with Holly near a few weeks



S Sarah DePalma 03:18

ago, I'm impressed. So.



03:22

But I did that out of out of respect for Diana, because I, you know, I love her. And, you know, I want, I want people to have a respect for family and see that, you know, families can stay together through this, there are a lot of therapists out there who will try to break families up. And I don't think that's necessary, you know, and I and I really think that it's, you know, when the family does break up there, you know, the parents tend to lose their kids, because their egos are so inflated, that they just kind of push their kids out of the way. And I think parents need to be very careful to say, you know, yes, I'm working through the gender thing, but I love you so much. And I'm so proud of what you do, and, and really make sure that their kids know that they're loved. And I think that's so important. And I and I think I think keeping a sense of humor about things is very important, too. Because I think if people get too serious and too bogged down about it, then you know, you have a tendency to go over the deep end, and you can lose your whole family that way. So, you know, I think those are the two big things that you have to keep a very strong love in the family, and do anything that you can to keep your kids with you. Make sure you know what's going on in their life. You know, don't just say oh, well, you know, how was school? Get involved with your kids. And, you know, go out here and I just think that's the most important thing, because I've seen far too many kids who are just willing to say, Dad's freak, blowing it off, and I'm out of here, and that's terrible.



S Sarah DePalma 04:58

Two songs that seemed extremely appropriate, first one by Ronnie Gilbert in all unionizing song about Mother Jones. And it seems so appropriate for her call agitator. Oh, yeah, she's just a

damned agitator. And the other piece was by the irritations called ought to be a woman. And it just seemed like a very appropriate song, come back and talk about the children of transgendered parents, which Laurie secretaria was talking about. Yeah, so a subject Beth knows something about? Well, I



05:32

haven't have a couple of those.



S Sarah DePalma 05:35

What she was saying about the pay about the parents sometimes having an ego and pushing the kids away. I think there's something to that.



05:42

Oh, absolutely. When the Sierra started to hit the fan back with our family, several years ago, now, I talked to our therapist about it. And our main concern was the welfare, the kids, how are they going to cope with life, you know, because this is going to be pretty rough on everybody. And you know, little kids aren't necessarily set up to handle things that are this rough. She basically came down and said, our therapist did said that what really is going to be a problem for the kids is dealing with you two fighting with each other, dealing with you to trying to use them as ammunition against each other. If that doesn't happen, the kids will do fine. When your kids appear to be you still absolutely wonderful. You know what, we've never used them as ammunition against each other. And you know, so none of them, you know, we didn't use them in bad ways. We didn't do bad things to them. They're coming out fine. My therapist was right.



S Sarah DePalma 06:37

D. McKellar, his daughter had written a wonderful piece about that was about about her dad, and about D. And about how hard it is. And I know with my own daughter, I've spoken to her once recently. But since then, she's not returning any my phone calls again. So I don't know where that stands. In like, like, like Diane's daughter, my daughter found out about me when she was 14, you wouldn't be a worse time.



07:04

Yeah, things are pretty harsh between you and your ex. Right.



S Sarah DePalma 07:09

Yeah, That's putting it mildly.



07:13

Yeah. See, it's it's like, that's really when things are harsh. They're harsh. And it doesn't matter over what, it has nothing to do with my daughter. Well, I know what I'm saying is that the kids are going to have a hard time dealing with things when life is hard, not because you're transgendered. Yeah. But because of the breakup, because of the difficulties involved in that. It's, you know, the fact that that you, your gender isn't what she expected it to have been. It's something that the kids get over. And especially the younger they are, the easier they get over it. But to throw in, you know, ugly situations, and on top of that just makes things stick around, turn into festering bad things.



S Sarah DePalma 07:57

The thing is that the hurt the hurts mount up and you have to be careful, you have to be careful not to use them. I mean, I was really hurt when my daughter graduated from high school and I wasn't invited, but I understood it. It's it's really hard, I think, especially when you're a teenager, I mean, you're at the most vulnerable time you're trying to understand your own sexuality. Yeah, peer pressure is at its absolute worst.



08:26

Oh, yeah, mine aren't that old yet. But I am sure we're gonna have fun when it hits



S Sarah DePalma 08:30

and then there's no security at home. You know, you've got a child that's trends, you've got to unveiled a transgender. Very, very difficult. Okay.



08:42

Dealing with notes, just dealing



S Sarah DePalma 08:44

with notes here it was looked at this and said, Okay, I just looked at this and said, Okay, I have no idea. What was this about? Go ahead. Sorry, go ahead.



08:53

Anyway, you were you were saying actually, about how the hurts add up. And



S Sarah DePalma 08:57

REDACTED

I think when the hurts really hit the hurts really add up. And it's really difficult not to use them as weapons. But you can't do it. You just can't. I remember Phyllis, not fair to the parents nor the kids. Phyllis Frye talks about the difficulty she had with her son. She didn't get to speak to her son for 15 years. It's um, it's really hard. It's one of the things I think most people are surprised. Yeah, I think they're surprised to find that the transgender people had children. They forget that many transgendered people were married.



09:32

Well, I guess they're too used to seeing you know, what was it Jerry Springer and all those other you know, the, where the transgendered folks are, are nothing but the streetwalker types and stuff and I'm sorry, life, transgendered people come from every facet of life, from every profession from every economic background. There is no you know, race creed, there is no patent on being



09:59

just lists. I think there's surprised to find that the gay and lesbian people who have children? Oh, yeah, I think they're very surprised to have us. And you know, that's always the first thing we say is well, you people, you know, what? Don't you care about your children? What do you think the effect in your children is? And then you heard Laurie secretario. Say, we but my mom has been married for for 30 something years. You know how many people can say that I learned Respect for Marriage, and what marriage ought to be.



10:27

I'll tell you what, what our children are seeing. They're seeing a family that loves each other a lot sticks together, and we're active with our children. That's what we think you really are. I never get to see you because you're always doing something. Yeah. Today I was, you know, my hands are still all rough from working with the kid on the pinewood derby cars for all you extra scouts out there. That's coming up next weekend. And oh, by the way, I happen to be chair of the pinewood derby committee for the pack this year. And that's just the one. You know, the Cub Scouts are just one activity out of at least six or seven, these two are into



Sarah DePalma 10:59

injuries. And Theresa, it doesn't just send the kids to school. She's active at the school.



11:04

She's employed at the school now, but she used to be a volunteer there. And her work was so good. Even though they all knew her background. She was a volunteer yet there. The year I transitioned. I mean, it's pretty clear. They know what's going on with us. But in spite of that, her her qualities, her ability to work overcame any of that and she was hired in.

S

Sarah DePalma 11:26

Yeah, I It's a subject that we've not really done a lot of in depth on the shell because it's hard to address the subject. I have, it's difficult for me to talk to transgender youth, but it's even more difficult for me to discuss the children, transgender parents, because frankly, I don't feel like I've done such a hot job of it. You know, I did my best, but obviously, it wasn't good,



11:49

just but what more can you do, Sarah? I mean, don't beat yourself up here.

S

Sarah DePalma 11:53

Well, I'm not it's just that. Well, you know, I mean, it's funny, when I went into transition, I came into transition with my eyes open. I knew what I was getting into. Before I started. I had met a lot of other transsexuals, I had sat down and had discussions with them. So I could never could say, I didn't know what it was, because it did. And I knew that it was very likely that I would end up losing relationships with parents. But the one thing I had always said was, I didn't want to lose the relationship with my daughter, that I thought that was a price that was too high. Ironically, things have worked out pretty much with my parents, and it's the daughter, the relationship that I don't have. Yeah, in I mean, there's nothing I can do about it. But it does make me a little nutty.



12:39

Well, yeah, I mean, I was talking earlier about how my transition was pretty much delayed, I'm pretty serious about it being delayed 10 years, literally, a decade and the price, and the reason for that was paying the price on doing what it took to keep the family together. And to keep those kids because losing the family losing the kids was just too high price for me too. As much of my identity is is centered around being apparent as it is around my gender. I mean, you know, it's a big part of who I am. And it always was, and it always will be. And it was that very issue that brought me and Teresa together in the first place. It was not, you know, somebody to party with or whatever. It's because we loved each other very much. We wanted to have a family together. Nowhere in there did I happen to mention that, you know, one of us happen to be male, and the other one happened to be female. And that that had anything to do with it. It was we loved each other for the people who we were not the packages we were in?

S

Sarah DePalma 13:39

Well, that's the healthy attitude about it. And someday, we're going to be able to get people like you on the television talk shows so that they can see what



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entirely to normal. They wouldn't they wouldn't I wouldn't bring in the ratings. They've never

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Sarah DePalma 13:54

Well, unfortunately, that's true. And the funny thing about it is I'm pretty much convinced that the children of transgender people tend to be healthier, because they've seen a more well rounded view of the world. There's a person that we've had on the show by the name of Jane Ellen Fairfax, and she has several kids. And I've met her kids. Once, you know, she happens to be a crossdresser. But a fairly public one, but she's an actual figure. Yeah. And her kids are just as well adjusted, and normal and happy as any kids that you'd ever say. And it's it's I think the kids respect her as much for her honesty, as anything else. They know their parents don't lie.

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14:36

Yeah, absolutely. I think I think really what happens is one of two things. I mean, you're going to throw a razor in here and people are going to fall off the razor's edge either to one side or another. They're either going to come down unhealthy or they're not. Well, that's true. And you know, if they're not well, they can work on those problems. Maybe they'll get it around. They should work on them, you know, but it is such a thing that you can't get by skin eatin. You gotta work on your life because it's just not going to be Oh, we'll just you know, get by day to day and just ignore all the issues because they will come and bite you.

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Sarah DePalma 15:10

One thing I can tell you and in the audience who's been listening to us for like any length of time already knows, I'm sure. There is no such thing is the easy way to transition. Yeah. It just if it exists, I've never seen it. I've never found it never heard it.

Ω

15:26

Well, I sure did my research, which was quite a bit, I went into it expecting the worst and hoping for the best. And for the most part, I got a lot closer to the best and the worst. Yeah, I

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Sarah DePalma 15:35

feel the same. I feel the same way. But mine, a lot of it is

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15:38

that we're a lot more scared of what we don't know. You know. So this this fear of what could happen and then when life actually comes up, and the facts actually appear. It's not anywhere near as scary as you think it might be.

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Sarah DePalma 15:50

I got into transgender politics originally is a way of handling the fear. I felt like if I could take some control over what was happening to me, it was less scary. Yeah. And then once I got in there, and then it became was like, Well, gee, this is fun. So I'm gonna keep doing it. But originally, it was as much reaction to fear as it was anything else. It was a way for me to say, I can take some control. I don't have to sit there and let things happen to me. Proactive. Voice proactive, not reactive. Yeah, um, that's always been my that's always been my style is not I'm not the type person sit around, say, well, let's wait and see what happens. I'm the kind of person says, Let's go make something happen. Yeah. But not everybody can or wants to do. So anyway, I just thought that would be something for the audience to consider is the children of transgendered parents, in my experience has been by and large, they tend to be healthy. They've had a much wider view of the world presented to them. If their parents can stay together through all of what's happened, they certainly have had a fabulous view of marriage. I agree with you. I think what really happens, what was really hard is when the wife says, I can't deal with this, I'm out of here. Now the kids are really quiet. Because now they got a mommy or daddy that's transitioning, they don't understand that. And now the parent is gone. So they start thinking, well, maybe the parent has abandoned me. It's tough stuff.



17:18

Well, it's got all the earmarks of an ugly divorce with a transition thrown into boot is not going to be fun. Yeah. And frankly, I don't know how they do it. People who get through that. Good luck, because it's a tough road to go down when



Sarah DePalma 17:32

a lot of kids have been lost in custody battles. Oh, I'm sure and and it's one of those things that we're talking about shame and guilt earlier, one of the things that I've noticed as a way shame and guilt manifests itself is I've known so many people who have gone into court and said, well, the x the soon to be ex can have everything custody, the kids custody the house, all the money. It's like they're doing some sort of penance. Yeah. And that's really scary. And kids don't understand that because they say, Well, you know, the transitioning parent doesn't want me in their life anymore. And they met and it may not be the case at all, but it's the way it seems presented.



18:10

Well, the logic is simple enough, you know, I'm the one that's transitioning, therefore, I'm the one that's causing the change to occur in this marriage. I shouldn't be the one that reaps the benefits. Well, it doesn't necessarily work that way. Sorry.



Sarah DePalma 18:22

No, it doesn't. It doesn't work that way at all. It just, I don't know, it's a strange way to seems to me, it's a very strange way to exhibit guilt and change my funny way to run a railroad. We had another piece that I wanted to get you before we leave tonight. And this is from the program

that Jimmy and I have been calling transgender 101. In my opinion, the best show that we've ever done on after hours,



18:48

I managed to tune into that one at about 230. I can't wait to hear some more of it. Let me do that. Again.



S Sarah DePalma 18:55

There is, as far as I'm concerned, that's probably the best show we've ever done. And one of the things I am so proud of about that show, is that that was the wisdom that was community wisdom. That was a panel of transgender people who had all sorts of experience many different ages, who sat down and just presented how to do it, and how to do it positively.



19:19

You know, something, Sarah, that show was awesome. But it skimmed the surface.



S Sarah DePalma 19:24

Oh, yeah. And we and we put an hour and a half until we could have easily gone another hour and a half and still not covered.



19:29

They probably make that an annual event and still not repeat from year to year.



S Sarah DePalma 19:33

And you know what we've heard so I've had so much feedback about that show. One of the things we're very proud of is that we've been contacted by therapists who wanted to use it because they've told us that was the most positive presentation of transgender they've ever received.



19:46

Well what comes over the airwaves whether it's TV radio or whatever, about transgendered this show, and everything else, which one's representative?



S Sarah DePalma 19:56

Well, this one is I think, I think so to what I was so proud of that but Because this show that show was community wisdom in there was so much packed into, I was listening to some of the things that were being said about the show about that during their childhood. I was listening, especially to Katrina talking about some of her experience in dealing with drugs and alcohol and, and how it tied into her transgender issues and listening to Danielle, talk about how to approach being transgendered in a healthy manner. I mean, we could have gone on for for, for hours and hours, weeks, and we then we must hit 30 different topics in a matter of an hour and a half. And you're right, we only did surface stuff, because that's all we have time for. Absolutely. In any case, I wanted to try and get in some of that before we went. So I'm gonna go to that right now. This is from the show that we did. This was in August, arch from our transgender 101 program, push



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the button, Sarah. Okay, so,



Sarah DePalma 20:57

so, first of all, there's this gender code society gives you okay, and the gender code, I think, is fairly simple. If you're a guy, you're expected to do guy things, I guess, you know, I mean, I'm not necessarily become an athlete. But, but I mean, there's a certain role you're expected to play and you're expected to become husband, father, you know, if you're the woman in the family carry on the family carry on the family name. Yeah.



21:29

Yeah. Am with



21:33

Yeah, and then there's, and, you know, if you're a female, well, you know, you know, you're supposed to be a mother and a wife. And, and you know, you it's in today's world course, lots of women have careers too. So now your mother, wife, and career person. The thing about all that is, none of that really has much to do with your own sense of who you are. A transgender person grows up knowing something is wrong. Something between the mind and the body, isn't there, it's not in sync. And I think that's what separates transgender people from the from the rest of society, I think it's darn near impossible for them to understand. Because I get this question. When I go to classes. What do you mean, your mind and body didn't go together? You know, they don't get it. And I don't I've never figured out exactly how to explain it other than say, just, they didn't feel like they weren't together? I don't know.



22:27

It's a very hard question to answer. It's just something that, you know, yeah, it's something that you innately feel it's like, this gender presentation that is being expected of me by everyone is

simply inappropriate, and does not accurately reflect who I am. Therefore, this other option is the one I want to go with. To explain that concept to people who really don't have a grasp of Well, the problem is, is that people don't really perceive their gender as being something distinct from their physical form, they don't really see their mind as being something that is, you know, I don't want to say unrelated, but distinct from their body. You know, it's like, their self absorption, trying to at least distinguish gender from sex. Too many people equate the both of those Exactly. It's like, they think, well, they look between their legs, and they see something and that tells them who they are. Well, sometimes it doesn't tell you who you are. Sometimes it



23:37

even from day one, when you're born, how does a doctor determine your sex, they look at what's between your legs. They look at the genitalia between



23:45

you. And what I don't understand is why Okay, people are born all the time. And they got, you know, birth defects of all manner of things, mental, physical, limbs missing, you know, Down syndrome, all manner of like autism, everything and yet, people refuse to accept the fact that a person can be born and have something just wrong with their I don't even want to say wrong but different about their gender identity as it relates to their physical



S Sarah DePalma 24:20

bone. Part of it's not physical. You know, if somebody's born minus a finger, they can see that their mind is the finger. Well, if you're if you're born feeling that your gender and your body and your sex don't match, people can't see that. It's hard to grasp an invisible thing.



24:35

Oh, thank you find yourself. When you're growing up, you find yourself feeling different. You you're, if you're a little boy who doesn't quite feel comfortable in the role that's been given you and how you've been trained and reinforced by peers. You know, if you want to go to the, to the side of the playground in elementary school, where the girls are your chance to asked by the other boys about that. So you're, this is all reinforced along the way. And even though you may be in that group, and acting the way you're supposed to you realize you're apart from them, you're isolated in the midst of them. And I, you know, and I know that I thought at the time, I was all alone, but I know now that I wouldn't alone, there were gotta be 1000s of people just like that kids are in that same position. Now,



25:30

there were times when I got into discussions with before transition with guys in the locker room, and he always tells me, you know, you're always taking the side of women in an argument and date. It wasn't something that I consciously set out to do. It was just that was

argument and data, it wasn't something that consciously set out to do. It was just, that was my opinion, it just happened to fall on that side of the fence and



25:54

Wonder Woman



J Jimmy Carper 25:57

maybe you were just incredibly enlightened. You know, it's funny listening to this because I growing up as a gay man, I had very similar experiences. It's just that it's, it's that I didn't fit the gender role that I was, I didn't like sports. I liked other things. And so I questioned the whole the whole gender thing of what, what, what does it mean to be a man? What does it mean to be a woman? It's why do we have to have roles at all.



26:35

So one of the things I tell the transgendered I tell transgendered kids is I over the years now I've met and a large number of transgendered sex workers. Almost all of them started, when they ended up either getting thrown out or left home, because they thought it'd be better if I leave, I can dress the way I want. And then they get out there and discovered there was no way to support themselves. And the only thing they had left to sell was their bodies. In I always try to tell, look, I'd love to see if that's an easy answer here. I don't, but the one thing I can tell you is don't do it. Don't do this. In



27:17

and if you happen during that happens a lot



27:20

with Danielle hit or hit on it, because in my own as a transgendered youth, if when I was growing up, what I did was I focused in on those things I could do. I mean, I would, I would go to my room, and I would do art, or I would write poetry, or I would write I use the talents that I had. And I would direct as those energies in those directions, because I could do that openly and still maintain this masculine mystique that I was trying to maintain once outside my bedroom. And today with with computers and internet, the kids have a wider field to work with. And I did. I mean, we didn't, you know, in my when I was growing up, we only had one telephone in the whole house. Yeah,



S Sarah DePalma 28:11

kind of made you gotta hit me too hard.



28:15

Well, no,



28:18

no, I did a lot of art and still do. One of the things I focused on was just the knowledge aspect of it. Last time I was on, Sara mentioned something. There's this wonderful thing called the library. And I'll



28:34

actually, pages actually



28:40

I've always read anything I get my hands on concerning this. The very first thing I ever saw regarding this was an article in the late limited Houston Post, in the early 70s, about transsexual. I won't mention her name, because I don't know if she's really gone back in the closet. But I mean, just seeing that. That was the first thing that said, Okay, there's someone else. Then along came Renee Richards. And then eventually, once I started being able to find some better, some more, I guess, clinical books on the subject. And I just, I just, I would just read up on it. And I realized, okay, in my my family situation and wanting to go to college, and probably having to pay for it myself. I think I'm able to do this for a couple of years. Now, of course, do some other things that happened I went to almost going off the deep end with booze and some other annoyances, but I pulled out of it. And it took me a couple of years longer than I'd originally planned. But here I am. And it's just about knowledge is one of the best things you can have that you're going



29:47

well in knowledge too. If you're if you're in that situation as a transgender one. I can remember reading some of the books I've read and read about women. I read about or read about me makeup and I read about etiquettes. And you know, in the etiquette book, it tells what a male should do, but also tells what a female should do. And granted, some of those things may be antiquated now. But back then it gave me a handle on where I was going. It was an outlet. That's fine. It was a place where I knew I was want to go there someday. But I better get the roadmap. Now,



S Sarah DePalma 30:23

one of the things that I liked that line Yeah. Exactly. Right. If you know, if you want to know how to get there, you better have a roadmap. I still think that was right now, at least in my mind, that's the best show that we've ever had on the air. And believe it or not, we've gone through

three hours already.



30:43

Time flies when you're having fun.



S Sarah DePalma 30:45

I'm telling you, I I'm telling you, I have a hard time believing that we that we have managed to go through this so quickly. But we have



30:53

Yeah, well, it's yet another Fallout multiple times.



S Sarah DePalma 30:56

Behind us. We have Chris Williamson and Trent fury, doing what I would like to make are going out song from now on, if possible to call lullaby. And before we go, Michelle, I think you want to give some phone numbers.



M Michelle Meyers 31:10

All right, yes, the next meeting of the Texas Association for transsexual support will be on the 24th of this month. The phone number is 713-827-5913 the Gulf Coast transgender community meeting on the 24th Area code 713780 GCTC. That's four to eight to the next Ultra meeting will be this Thursday, at chances at 7pm. Helping cross dressers anonymous will be this Tuesday and every Tuesday, choosing anything's properties 239 Westheimer between the hours of seven and nine in the evening.



S Sarah DePalma 31:50

And that ladies and gentlemen, is this edition of after hours. Coming up next we a new blues show starring Big Daddy J. And if you know anything about KPFT you know we do blues on Sunday morning, honey. I mean, Ladies, Gentlemen, thanks very much for listening to our program tonight and we leave you as we always do. When decorum becomes repression, the only dignity free people have is to speak out. Good night. Thanks for listening to after hours. This is KPFT in 90.1 in Houston and ke o s at 9.1 College Station and Brian Stay Stay tuned next where the blues program



32:47

Good morning. This is big, big daddy J and that you are that listening to KPFT 90.1 FM ustun K

EO s 89.1 Brian station