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00:14

The following program contains language or images of a frank or sensitive nature which may be considered objectionable by some listener discretion is advised.



00:51

Oh yes, you tuned into after hours of continuing tradition on KPFT Houston 90.1 FM. The crew of after hours is ready to bring you news, interviews and music geared for gay, lesbian, bisexual and transgendered people. Hear it after hours, we may be diverse, but we have one thing in common. We are all out of the closet and urge everyone to come out of their closets. That means standing up for yourself, taking responsibility for your own life and being proud of who you are. Realistically, we know not everyone can do that because of a wage job or frame of mind. That's okay. We're here for you too. So sit back, relax, and enjoy this week's edition of after hour.



02:09

Hello, Houston and welcome to after hours career radio with attitude her every Saturday night at midnight on KPFT Houston, and ke O 's College Station. I'm Jimmy Carter. And with me tonight is the one the only



02:26

Sara dipalma. And are you in for tonight? No, not really. We do have a very a a very interesting show tonight. We're going to cover a lot of different topics. Yeah, that's



02:38

what you were saying before?





02:40

Yeah, we've got. First of all, I'm going to talk about some hate mail that was received by Stephen Widdle in Great Britain. Oh, really. And then I'll talk about what the outcome of that was. And the outcome of the hate mail actually turned out to be a positive with this if such a thing as possible. And so what Steven Widodo has been on this show before, a beautiful man from Great Britain. And he was the object of hate mail that was started by some of his neighbors. Oh, and which, which is a little hard for me to imagine because having met Steven would I told Dean McKellar and I went for right and Laurie, we went for a ride to see bluebonnets last week. Now I was telling her that of all the people that I have met in the transgender community over the years, Steven would be the person who made the greatest impact on me more than any other person that I've interviewed more than Jessica Xavier or Ricky and Wilkins or anyone else. Steven Wattles, the guy who really made the impression on me, because his attitude was so damn good. I mean, it really was,



03:42

Well, do you think it has something to do with because of all the notoriety he's gone through? He's, he's pulling the spotlight?



03:51

No, I'm actually going to read the letter. This was a letter that was generated out of ignorance, and stupidity. And, of course, involve, we have to look out for the little children, brother, because he has three beautiful children. And he is the most proud father. He's one of those guys. He will whip out pictures of his kids in a heartbeat, and talk your ear off. So it means it really is. And so we're going to talk about some of that we're going to talk about a fascinating court case which is still on appeal in Missouri, of a transsexual, who originally one joint custody of her two kids. And then James Dobson's defense of the family got involved. The right wing began to pour in money in attorneys, and she lost custody of her kids, her children, and we're going to talk about that and she is going to be a guest. On our next show. I've already made arrangements to do the interview. And so think of this as laying some groundwork. She will fill in the details. But it is a fascinating, fascinating story. I'm also going to talk about some other things that have come up. In the news recently there has been, there's going to be a conference on fire service women in Austin. And the reason I'm pointing it out is because this person is also going to be a guest on her on the next show. Her name is Michelle Cameron Meyer. She is a fire captain in the city of Los Angeles, gender and lesbian rights advocate and transsexual woman. Oh, very interesting. I had a phone conversation with her view of the other day, very, very articulate. And so we're going to talk about that a little bit. We're also going to start a new segment. What happened was I had a phone conversation with a member of tats. And she said to me, you know, you pack a lot in three hours, and that's good. Okay, hold



05:49

on tats.



05:50



05:55

Oh, I'm sorry, can we narrow it Texas area, transsexual support, right, there we go. She said, but you never really cover any one subject in depth.



05:59

We're just gonna hop around. Yeah, I



06:01

thought, you know, she has a point. And so I thought about this a long time, how could I go about this? And I thought, we're gonna just start at the beginning. And we'll we'll take one subject each show and sort of follow a progression. Okay. And tonight, we're going to start with the subject that applies to anyone. I don't care whether you're gay, lesbian, bisexual, transgender. We're going to talk about guilt. In shame, though, yeah. And what that does to you. And it was pointing out that this is an extremely timely subject. As I was coming out of stop and go, I took a quick look at the the Sunday version of the paper that comes out on on late Saturday afternoons, and the front page headline says, a gay teenagers nightmare. And the story is about a 14 year old gay teenager, I forget where it was not in Texas, who committed suicide because of guilt and shame or being gay, 14 years old. And I thought, you know, when I picked this subject, I didn't know it was going to be his time, this time. Liam's in a way, I'm sorry, it is. Well, I'm way I'm sorry. I'm glad. I'm glad it's timely.



07:09

Actually, we did a show last week on coming out. So yes, incredibly timely.



07:14

Well, and it's one of those subjects. It's I was I spent about three hours on the internet today, going through the various transgender web pages. Not one single web page, has the word guilt or shame on it. Anywhere really, very, it's almost like there's a conspiracy to avoid discussing it. And yet, it is so pervasive. It's, it's yeah, it's a universal problem. Absolutely. That really is. That's the basis of most of the counseling calls at the gay and lesbian switchboard, guilt and shame. I would think that that's probably true. But I and I think it's one of the subjects it doesn't matter whether you're gay, or whether you're transgender. Guilt is guilt and shame machines true. And the reasons for it are pretty much going to be the same all the way around. How you to handle it is perhaps a little different, but not much, not much. And so I'm going to spend some time tonight talking about that subject. And also, I'm going to spend some time tonight talking about some personal things that have been happening to me over the last month. Because this brought some very interesting insights to me. Things that I had been debating for quite some time and finally been decided. And it's perhaps given me a new outlook on things. It woke me up a little. So this is going to be perhaps a slightly more personal Sheldon will have done in the past. But as usually the case we've got about four hours worth of material for a three hour show. I know. But I had promised the folks from tax that I would try and stick to, you know, a general theme. And so



08:47

we're gonna try throwing other things at, for example, since we talked had this coming out show last week, and now on everybody's lips is Ellen DeGeneres coming out. Yes. And I went and looked all over town because she was on the cover of Time Magazine. Yep, I'm gay. And of course, yes. And of course, in the Montrose, it was very hard to find I finally found that paid for it got it home. And it's like a one page article in half the half of it is her picture. So I was very disappointed about that. But she did come out.



09:22

Well, she did come out. The channel 13 is not going to carry the ad being sponsored by the Human Rights Campaign.



09:28

So no, because they don't do causes. Oh, give me a break.



09:33

Well, channel 13 is has long been known as one of the most homophobic stations in the city. Well, that was the excuse. Well, I know that it's excuse but it's bull. Of course. You know, I'm in the city long enough to remember when Marvin Ziggler was saying that people with age shouldn't be allowed to work in restaurants. You know, she'd have to carry workers cards, proving that they you know, yes, I remember that. So I'm not a real big fan of channel 13 to start with. However, the Human Rights Campaign was recently picked It is in in Philadelphia by some transgender activists, and HRC and transgenders are still not in to say that they're not getting along, it's probably putting it pretty mildly at this point. HRC is worried about their money. So transgenders are not popular all of a sudden. Thankfully, the Lesbian Gay taskforce is very transgender friendly. We could call the lesbian, gay transgender force, and it would be pretty truthful.



10:26

Well, it's just the fact that a primetime television program is going to have an openly gay character as the lead, not just a secondary person that comes on once a week or once every two. Well, isn't it like seriously about time? Yes, it is. But doesn't that really help us all?



10:49

Sure it does. You know, and it's very interesting because Lori's parents were here visiting. And so this was kind of a coming out process for us with with her parents. And we use Ellen, as a way of bringing up the whole subject. And it was very convenient. Yeah. So we used it as sort of a, you know, G, by the way, what do you think of LM in that sort of, and I suspect there may be

a lot of people around the country who are doing that saying, here's an app, here's a vehicle for coming out. And I hope that turns out to be the case. Yeah, I really do. I'm going to be watching Elon, I want to see how it gets handled. It's not the first time that they've had gay characters on television, of course. Last few episodes of Roseanne had interesting lesbian characters. What's fascinating to me, though, is that we still haven't gotten over the gay men. Bugaboo, you know, it's you lesbians. It's like, somehow society has said, well, lesbians, you know, we can tolerate them. But those damn faggot guys, we're not gonna have any of that, you know,



11:55

I know it. I know it. But the more every little bit helps. And long ago, I people came to me and said, Why do you scream about being gay? I said, I scream about being gay until I don't have to anymore until it becomes ordinary run of the mill, and everybody is accepted.



12:17

I have gave I've had many gay political leaders asked me, Why are you so insistent that we include transgender? You know, why are you because if you don't include us, verbally, we're invisible to you. That's why it's exactly right. And it's and the same thing is true of gays and lesbians. I am. Several years ago, on MTV, there was a beer company in San Francisco that did specifically gay oriented ad, it was the first gay ad I had ever seen in MTV got so much flack about it, they had to take them off the air. And I thought, What is did they think gays don't drink beer? Or you soap? I mean, come on boys and girls, let's come up here, shall we? You know, what's the big deal? Well, the big deal is James Dobson and focus on the theme. Well, you know, and look at you know, already General Motors is pulling out as a sponsor of Ellen Chrysler saga, today, Chrysler is pulling out, Johnson and Johnson is pulling out. That's what the big deal is. It's money, boys and girls, no matter what anybody else tells you. When in talking about the media, gay lesbian issues are about money, or specifically, the fear of loss of money. That's really it. Now, the the black community used to have the same problem until they were able to show the producers in p and the sponsors that you know, the black dollar counts, and if we decide to withhold it, we can make it hurt. That's right, you know, maybe it's time for gays and lesbians and transgenders to to say, you know, we're gonna do the same thing. Well,



13:54

I'll tell you what, I'm going to watch Ellen, just to see who the advertisers are. And I'm going to make sure I use those products, because they deserve our support.



14:05

And more than that, we need to make sure that we send letters to the sponsors, and thank them. Because on the internet, the last few days, there have been numerous stories about right wing groups, sending 10s of 1000s of letters to the network's and to the sponsors, saying we'll come after you if you do this. So we have got it has to be more than just buying the product. We need to be pro active. And we really do we need to be proactive. We need to get the addresses of the field in the folks who sponsor them, and send in letters and say, Thank you.

Thank you. We know that what you did took courage. And we appreciate it. Because they're not going to see very many of those. I promise you the right wing will send in letters by the hundreds of 1000s. You know, I mean, it's unfortunate for me, but it's but it's true. I I had an internet conversation with Diane Cech patello in in Denver, Colorado. And she was telling me about some of the right wing things that have been happening in Denver. Well, James Dobson has focused up there. I've just recently bought a little shortwave radio. Oh, and the most powerful shortwave stations, or the right wing Christian stations. One morning, I was listening by Claude shear by accident, some right wing screwballs explaining why hate was okay. And specifically targeting groups, and all that was going out on one of the Christian Broadcast Network. So it's not going I don't think I mean, yeah, lying about it. We need to be proactive. There are



15:43

so many gay and lesbian, bisexual, transgendered Christians. And it just gives the whole religion a bad name. Yeah, I know, in the past, the religion has not been our friend.



15:57

But the problem is that the supportive religions don't organize like the right wing does, yes. They don't organize letter writing, like the right wing does. They don't pour focused money in on specific issues, like the right wingers, they don't target because it's in typical to what they believe, is religious people. And so unfortunately, the right wing is able to say, we're, you know, they're like a laser beam, they pick a target, and they focus on them until they burn holes into it. I mean, that's the honest to God the truth. I told the story once, sir, I think, a couple of years, maybe a year ago, last time I went to the state legislature, there was a group from the right wing sitting next to us. And one of the places that we went to, they had a complete list of which bills were going in and which day, which legislator had put it in, who was going to be at the hearing what time they had to be here and what what they had intended to say. They were by far the most organized, the most professional, the most ready, and that ought to make you a lot more frightened. Yes. Because those folks are out there today in the state legislature. You know, they are the folks who are going to go after Elon, in even more importantly, after Ellen's sponsors. So, not not to preach too hard about the subject. My advice is, get the email addresses, get the get the addresses of the sponsors, send them thank you letters, even if it's just a card to say we saw it, thank you for being gutsy.



17:30

And along those lines, I have to say that this station is not immune to that, that. That meaning either and and it's to their credit that this show has been on the air for nine and a half years.



17:44

Well seems like every time I'm here, we get at least a few calls from people say what the hell of that transsexual person doing on the air. This is a queer should look gay and lesbian show these transsexuals don't belong here or get the you know, the square show do right? Yeah,

well, you know, what are the damn bisexuals doing on your program? They're not gay and lesbian. You know, like boys and girls, when we pay James Dobson in those folks, they're not making distinctions that he thinks are all queer. Just just pointed out, so. Okay, okay, enough preaching you.



18:16

Were talking about last week's show, which is coming out show.



18:21

I've got a song that came off of I don't usually do show tunes. Because unless you're watching the show, it's not all that interesting. You know, but there's a new one out called Howard Crabtree's when pigs fly. Say what Howard Crabtree wrote. He's no longer with us. But he wrote and did the costumes for this.



18:45

And we're costumes for this pigs.



18:48

Yes. Well, the whole premise is this kid is in school. And he's taken aptitude tests and his guidance counselor Miss round hole is telling him that that the only thing he's qualified for is gardening or plumbing. Okay, and he wants to put on shows. And she said, Yeah, sure. When pigs fly. Ah, okay. All right. Okay, the record on the show is his putting on shows. Okay. And at the end of Act One is what's called a patriotic finale. And it okay, and it shows why queers are, are, are very important to the US of A and how they can't do without us.



19:36

Well, you know, we all know you'll think queries can be or either florists are doing showtune this fits right in



19:43

Yeah. It's very cleverly written and I really enjoyed it when I first heard it, so and I think you'll enjoy it. Howard Crabtree's when pigs fly. I don't think it's going to be here anytime soon. As a show, it's a Very off Broadway. But here it is a patriotic finale.



20:09

in state after state, the legislature wants to regulate human nature, in short, from sea to

shining sea. They'd like to tell you who to be. They can pass all the statutes that they please. Acorns won't grow into maple trees. Besides those differences they hate or the strength that makes this country great. Only fools would write those laws. They simply can't succeed because you can't take the color out of Colorado. You can't take the Mary out of Mary land. As John Philip Sousa said, I can't march. If I can't hear the boys in the back. You can't take the sissy out of Mississippi. he's there and he's going to stay. And so Q E D, it's as plain as ABC you need us to make that U S.



21:25

You can kick our asses out of Massachusetts or subtract the 10% from Tennessee. Utah could never be the Beehive State.



21:37

If the hairdresser's



21:41

can't run the whole Lowe's home



21:44

it's their home and they won't



21:46

know in the land on the afraid diversities, okay, you need us to make that you



21:59

will always know what's new in New Orleans.



22:03

Chicago with no chic would be boring in and you can't have New York City without queens. You cannot be placed on Staten Island Ferry



22:15

and always gave brown to state we have made this country great you need to make that you



22:29

go on



22:29

take the Virgin out of West Virginia. Take the orangey out of Georgia if you Mom You can drive the evil out of with con in and leave Illinois. Ill in the dark you can try to take the KY from Jin taki though I doubt that you'll get there a



23:00

God you'll never Jake Rado Don't you realize me



23:15

with a friend named Taylor at your bank with a teacher at your Sunday school guy who fixed your water tank with a guard up with a nice young man who bought your car with a lady singing on the radio your favorite daytime TV star all kinds of people you already know



23:45

doctors lawyers, bankers friends and neighbors policy makers. Remember this about us?



24:05

San Francisco a lot more like fourth way



24:21

marching to Webmaster Please dad all the time is now.



24:45

Oh yeah,



24:47

queers of America. Unite. Isn't



24:49

that terrific?



24:50

Oh, I love that. I love it. You can take the K way out of



24:54

a patriotic finale and that is from Howard Crabtree's when pigs fly It may be a little hard to find it, you might be able to find it in the show tunes. I found this Lobo



25:05

it's funny. One of the reasons I've been laughing about this is because I one of my favorite things sayings at around the house is when pigs fly in, and ducks learn to quack. And chickens learn to quack. So I'm sitting here thinking, Well, boy, I think I've heard this thing before, but maybe not in this context.



25:24

I just thought that was incredibly cleverly written, I'd love to be able to see that that show,



25:29

you know, I'm really not big on show tunes as a general rule. I mean, I know in my knowledge, showtunes extends pretty much to singing in the rain. And after that gets real Effie cats, probably Oklahoma. And then after that. show tunes are not my strong point. I see. Okay, how I want to start out by let's start off by talking about some of the personal stuff. We'll do that first. Okay. About Oh, I guess about three or four weeks ago, I went to an eye doctor for a very simple thing. All I wanted to do was get a new pair of glasses. And the doctor said, How long have you had that in your right eye? And I said, How long have I had? What am I right eye? He said, well, that lesion as a lesion? I said, Yeah, excuse me what lesion? Well, he said, Well, I think you need to see a doctor. And that yeah, I'd say maybe so. So fine. We want to go in to see my medical doctor. And the medical doctor took a look at me and said, This isn't supposed to be there. You need to go see an ophthalmologist. Okay, so we're on our way to doctor number three, and it's only two weeks in here. The ophthalmologist says, Oh, this isn't good. And I'm thinking Oh, boy. So they put some dye in your arm. And what they do is they take these photographs of the inside of your eye. And I don't know if any of you folks out there have ever had this kind of a test. But it's as if somebody sticks a Polaroid camera behind your eye and sets off the flashbulb. Fun and they take about 20 of these things. You know, one time I walked out of there, I thought like, you know, I may never see again, it's just as a result of his test. Okay. And then as he said, The doctor says, By the way, I want you to go get a

mammogram, some blood work, and a chest X ray. Now I'm getting where it really now I'm getting a mammogram is only one thing. Yeah. And the nurse said to me, take this seriously. I've never heard the doctor ordered his test before. And I'm thinking to myself, anyway, I've got cancer. It has to be Yeah. And so they went I went, I went to the doctor's office, and we get all these tests. And they call me back and say, well, now Mr. Palmer, we found something on your right breast, we need to come back. And this time I'm climbing the wall. I mean, I'm leaving fingernails on my wall with hammer, because I'm thinking to myself this, this can't be good. You know, this, this, this is just not? Well, as it turns out, there was nothing. The fibrosis is just a fight to some kind of fiber or something. And yeah, but I still had the eye issue to go backwards. Yeah. So I'm back and they ran some more tests, and they took some more pictures. And then the doctor looked at it and said, Well, I don't think it's anything. But I want you to see retina specialist used to be sure. So finally, I see a retina specialist. And the retina specialist says, Well, I don't think it's anything either. But we're gonna keep an eye on it. We'll come back in six weeks. And that's where it says. So you're in limbo for six weeks? Yeah. The doctor to be to be fair about this. The doctor said that. It's like a probably 95% chance that thing is benign. said Well, that's good. Yeah, but that 5% Yeah. And obviously he's still concerned about or he wouldn't be coming back. We're talking about eyes here. Yeah. What was interesting to me about this was the first thought that I had as much as I was going home. My first thought was not Oh, crap, I have cancer in cancer means maybe my hair is gonna fall out. Or, Oh, geez. I may have cancer and you know, I might die. Sure. My first thought was, I don't want to die this way. Ah, I don't want to die this way. I didn't want to die without surgery. And I was amazed at how strong that feeling was.



29:24

I gotta get know you talked about that. You've been kind of vacillating over the last couple of years about surgery. No surgery. Yes.



29:31

It's been so it has been just about it's been? Well, there's no what that there's no doubt about it is been the toughest decision in my life. Because I've had because I have very strong views about gender. For a long time, I've said well, you know, this whole idea of surgery's kind of foolish, and yet the first thought I had was not Oh, I have to go home and tell Laurie this it was I don't want that. This way. Yeah. So I feel like for me, my decision has been made. Yes, I do want the surgery and when that's going to happen, of course, is an open subject because there's not \$4,000 laying around the house this month. During you know, there wasn't \$12 so for sure, there wasn't 12,000 But it long last that decision has been made. But I was I was really, I was shocked at how strong the feeling was. I actually pulled off to the side of the road and because it was just like, I couldn't even think. Yeah, I thought this is incredible. And so for all this time for two years now I have gone back and forth yes, no, maybe I don't know could be made it back and forth. When the specter of death hit, you hit me acid,



30:55

I don't want to die. I don't want to die this way. Okay. I know your listener who doesn't like us to go off on tangents won't like something else you mentioned about the breast cancer. Now I know that in lesbians, one out of three lesbians is going to be affected by breast cancer. It is

not a fun test. This was my first one with straight women and not a fun with straight women. It's one out of seven. And I can't I have no idea what the statistics might be for transgendered women. Or if you could, if there is any.



31:31

I actually I asked my endocrinologist about that, because it seems like I've known a disproportionate number of transgendered women who have had cancer of some kind, whether it's leukemia, or breast cancer, or I severe anemia, which is it's not a cancer, but it's very close to it extremely debilitating. In the endocrinologist tells me that there is no definitive study. So it may very well be that those of us who are transsexuals or taking these hormones may not really know what these effects are.



32:08

Maybe at a higher risk for breast cancer,



32:10

I think that's almost a given. But I knew that going in Jimmy I, I didn't feel sorry for myself about it. If I had if I had been diagnosed with cancer, I, you know, having gone through this now, I would not have felt sorry for myself, because I knew what the risks were before I started, they were explained very clearly to me. And I knew that I would be at a higher risk for cancer. And I knew what the side effects were, I knew what the mood effects would be. I know I know that a good deal of depression and even suicide and transsexuals has been linked to the certain certain types of hormone. So I knew going going in with my eyes open, I could never come back and said, Well, you should have warned me because I was warned. But at the same time, I was amazed that what the issue was for me, not all my hair may fall out, or, Oh, I could die. But oh, I don't want to die this way. And it was, you know, I felt kind of hypocritical all of a sudden, that the all this time, I've said all these terrible things about surgery, and this and that. And yet, deep down when it really came down to it. That was it. Now, and I was really shocked.



33:27

Now, is this was this revelation? Is this going to make you have the mammograms at least once a year?



33:39

Well, actually, I probably would not have gone for one for awhile. And the reason is, well, what this is gonna sound real silly here, folks. So so bear with this. But since I've only been on hormones a couple of years in essence, I basically hit the breast of about a 14 year old



33:56



33:56

however, I don't want to. This may be a little tactless but you are over 40



34:05

I'm pushing 40 I'm pushing 46 Pretty quick here. Yeah. Hey. But the I asked the I asked my the endocrinologist about that. And he said, Well, he would have ordered a mammogram for me if I hadn't already had one. So the answer is yes, I should go for one every year.



34:21

Okay, so maybe that's some advice we ought to impart to transgendered women that 4035 40 who are taking,



34:31

I would say, Jamie, that any woman out there that's 40 or above needs to have mammogram If you're between those the guidelines on mammograms are seem to change our they just changed



34:42

recently and that was a recommendation of women over 40



34:46

women over 40. They were saying she'd go for every other year in 15 over should go for it every year. Okay. That subject to change because next week, they may come out and say something different or what about transgender? I would say that trans transgendered women probably should go at least every other year. Because although their physical advantage, yeah, because although their physical age male, maybe 38 4050, whatever the case may be, it's true actually that their breasts are may only be, you know, three or four years old talking about the breast of a 15 year old. True, true. And that was actually part of the problem when they when they diagnosed my mammogram, and they were not used to seeing that kind of density, because there's still Yeah, I said, but yeah, according to my own endocrinologist, yes. transgendered women should get a mammogram once a year, no matter what. And I took that as pretty good advice, considering the scare that I had. Sure. But here's the trick. If you're going to do this, you have to be sure to tell the people who take mammograms that you're transsexual. Oh, yeah. Because when they looked at my breasts, the first time when they looked mammogram, she said to me, this can't be right. And I said to her, Well, you need to read what I put on this application. And I'd put on there that I'm a transsexual on hormones for two years. She said, Oh, that explains what we're seeing. Ah, so don't go out there and think you're going to be a closet case or something like that. Yeah. This is one of those times where being in the closet could kill you.



36:21

How could I be in the closet with your doctor anyway?



36:24

Jimmy, this sounds strange. And I'm going to try not to be too graphic about this. But one of the things that I hear from the women who have gone for their surgery is they say, I saw my gynecologist and he didn't know I was transsexual. Rather, excuse me. But if you're saying your gynecologist isn't that the most important doctor that ought to know. Yeah, missing something there. Yeah. What are you telling me? You're telling me you're hiding from your own gynecologist? That's really bright. What else are you going to not tell him? And I hear this, we I go to these meetings with Dr. Cole. And he's in the post operative transsexual women stand up and my doctor was my gynecologist looked and he didn't know, my surgery was so good. Oh, shut up. Tell them you idiot. They might know something that could cost you your life.



37:12

That's exactly right. Now, what if? What if I was going to my doctor's and he didn't know I had AIDS? I mean, how could he treat me?



37:21

You know, it was very interesting, because when I went for the blood test, they said to me, have you ever had Nate's test? And I said, Yes. They said how recently and I said, Well, within the past year, and they said, Was there any reason for it? And I said, No. Which was the honest to God truth. I looked her in the eye and said, No, there is no reason for it. I said, but the doctor asked if I wanted to have it done. It was gonna cost me nothing, not figured what the heck, I'll get it done. Sure. Sure. They said, Are you positive or negative? And I said, well, negative. So is anything changed since then? I said, No, you're older.



37:54

That's not what she was.



37:55

No. And she said to me, and that was last time. So I guess that must be standard procedure. And I guess, if I was a doctor,



38:04

you have to know you have to know what your doctor has to know.



38:11

Don't don't go to your gynecologist or your doctor and live. heaven sakes. My my MD I made sure that right from the start that my MD knew that I was transsexual, what hormone that was taking? Yes. And he and he was very glad to know it. Because as you pointed out, now he knows what he should be watching for. Exactly. Well, duh.



38:30

You know, there are things that he cannot prescribe, because they do not mix with the hormones. Exactly.



38:35

Yeah, you wanted to know specifically which type and you got on the phone with my endocrinologist? That is I mean, that's, that's crucial. And for those of you who out there who are taking street level hormones, if anything else you should learn from this discussion. That's the danger of taking street level hormones. And that because you don't know what you're getting, that's very dangerous. I know exactly what my prescription is. I know what the level is, every time. I know what time to take it. I'm getting blood work, they check my liver. You know, if your liver goes your throat, that's right. You know, you only have one, you only get one. And so yeah, if there's anything that I guess has been brought home to me from all this experience, it's the importance of getting good medical checkups, and the importance of telling your doctor,



39:19

the truth you got to be and you know, you talked about the street hormones, and I know it's prevalent in the community. Yes, it is. But the psychological as well as physical damage that can be done. I mean, you can end up not being able to function.



39:36

After all, after nearly two and a half years of taking hormones now I still fight mood swings. But at least now after two and a half years, I recognize them pretty much when they occur. And I know I've learned how to ride them out. I've developed the tools that it's going to take but I was warned in advance that this was going to happen. I was given tools in advance by the doctors and I had a good Support group of other transsexuals around me, that also gave me tips on what to look forward to so and how they handle it. And that's really crucial if you're going to do this is you better have a good support group around you. I don't you know, we've had people in our community that committed suicide, and there's no telling the extent to which the hormones had played a part in that it's right. So, yeah, it really is a big, big factor. But I thought, after all the time that I've talked about surgery with the audience that maybe it was, it was kind of an interesting revelation. So that's where it sits. Now, it's not going to happen anytime soon. I

don't have full \$1,000. And I'm going to have to lose 60 pounds before it could be a candidate. What? One of the print one, this is true of any surgery, your weight plays a big factor in the success of surgery, and the difficulty of the surgery. Consequently, since this is an elective surgery, and since they can require it surgeons for who do sex change operations require you to be within your insurance limits on your way. No, I never knew that. Yeah. So I have to I have to lose 60 pounds. And I don't know that at 46. I can lose 60 pounds. Wow. So there's a challenge. 60 Yeah. Yeah, I thought I you know, I haven't successfully lost 10 pounds in 10 years, you're gonna



41:23

lose 60 pounds. Yeah,



41:25

realistically, I don't know that. It's rare that that's really the case, but I'm going to have to lose probably a minimum of 50. Anyway. And I don't quite know how I'm going to do that either. So. So that's, we'll just pass that along. Okay, let's go to another topic, and then we'll go some music. We have had a Steven Liddell on the show in Steven would be the founder of press for change, which is the British version of a cross between transsexual medicine with transgender law conference and you get pressed for change. Well, Steven Whittle has three beautiful children. He is a professor at the university I went to University of Manchester and one day he came home and found this letter on his door, and I'm just going to read this verbatim, okay. It's called the Stockport family values society, which is, I guess, their version of some right wing group. Dear friends and neighbors, it has come to my attention that we have a group of transsexuals with children living in our community on this very road. Number 24. I wish to state that I have absolutely no prejudice against the gay community. But it is a well documented medical fact that transsexuals are suffering from a form of schizophrenia. What so while they're talking about the DSM V, and I'll explain that in a minute. So where is the wisdom in allowing these children to be brought up in a household boasting three transsexual women and two lesbians? But of course, this reader pointed out writer points out they're not bigoted about IT community. I certainly do not want relish the thought of my children attending the same school as the offspring of this commune where have I heard that crap? Oh boy, it is time to stop this moral degradation and return to decent family values, where a child is brought up with one mother and one father, you know the Adam and Eve not Adam and Steve Yangon. And how many couples would raise a family in these conditions? And what effect will it have on these innocent children in later life irrespective of how much love the parents give? What on earth are social services thinking of? I know many gay couples who lead a normal normal, decent hard working life, but transsexuals do not or cannot integrate into normal society because of the nature of their mental disease. I understand that they are obsessed with sex with men, women, and even with each other. Oh boy. I genuinely feel sorry for these people and I know that they have to live somewhere. But I know that I and my other neighbors do not want them to Rizal reside on multiple road. If you have any opinion either for or against them. Please attend our meeting at the Crown Inn, etc etc.