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SPEAKERS

Sarah DePalma, Glenn Holt, Jimmy Carper



00:02

The following program contains language or images of a frank or sensitive nature that may be considered objectionable by some listener discretion is advised.



J Jimmy Carper 00:36

Oh yes, you've tuned into after hours queer radio with attitude right here on KPFT Houston 90.1 FM. The crew of after hours is ready to bring you news interviews, dialogue and music geared for gay, lesbian, bisexual and transgendered people and their friends. Hear it after hours. We may be diverse, but we have one thing in common. We are all out of the closet and urge everyone to come out of their classes. That means standing up for yourself taking responsibility for your own life and being proud of who you are. Realistically, we know not everyone can do that because of age job or frame of mind. That's okay, we're here for you too. So sit back, relax, and enjoy this week's edition of after hours.



02:08

Hi, I'm Alexandra I work for Whole Foods Market. I want to encourage you to call 713-526-5738 Now to support KPFT Pacific radio. Whole Foods has been a longtime supporter of KPFT and we would like to continue that tradition by donating 5% of our day sales to KPFT on Thursday, October 23. All three Whole Foods stores will participate. Whole Foods is located at Woodway at boss Shepherd at West Alabama and Westheimer at Hillcrest Whole Foods 5% to KPFT day is Thursday October 23



02:49

Hello Houston and welcome to after hours queer radio with attitude heard every Saturday night at midnight right here on KPFT Houston and ke O 's College Station. I'm Jimmy Carper. And with me tonight is

S Sarah DePalma 03:05

Sarah Palmer Hardy young. Do you have webbed feet yet? No

J Jimmy Carper 03:10

kidding. We're turning back into the marshland from whence we can.

S Sarah DePalma 03:14

It's unbelievable. I came up to Southwest Freeway and there was a car that had spun out in the middle of the freeway. Amazingly, no one was hurt. I don't know how you do a complete 360 spin in the freeway. And nobody gets hurt. No one gets hurt. That's right. So if you're out there driving tonight, we know we have a lot of taxi drivers who listen to us and take it easy out there. It looks dry. Obviously it isn't. I had to go with Phyllis Frey to Pasadena today to take care of some business. And we ran into the thunderstorms from a hill. I'm sure we passed Noah on the way. Yeah, really. I'm not I'm like really sick of this. And for the audience. If we sound different tonight, Jimmy is fighting the flu or some kind of creepy. I've got the creeping crowd and you've got the night I'm fighting the allergy attacks from hell. I just took another anti histamine though. And you know it's having an interesting effect. It feels real good. I'm gonna be awake for this show. Now. I may be awake till next month. But at least I'm not sneezing and wheezing and coughing and doing all that nasty stuff. We have a real good show tonight. Okay, of course it is marathon and we'll be talking about marathon. But we have some last show that we did. We had some female to male transsexual show. We did. And they were very, very interesting. And because the show was so packed. We really were not able to give them the kind of time that they deserve. We did give him a half hour. Well, we can Yeah, we can cover a subject with two and a half hour. Well, no, I

J Jimmy Carper 04:52

mean, you know, we talked about not giving people enough time, but a half hour is a lot of time. wasn't an ad show, ya know, in radio, because you look at a show like lesbian and gay voices. You cannot devote a half hour to any one subject on that show, because it's only an hour long. And most shows are that way. And we're mature. We're used to being able to go for an hour and a half on one subject. And you know, you're talking about it fully. Oh, I think so when you're talking about, you know, Oh, we didn't have enough time. It just it just in the back of my mind, it just seems a little strange.

S Sarah DePalma 05:27

Well, because it's such a complicated set. Yeah, you know, anyway, they are going to they are sitting out in the lobby tonight. We'll be introducing them. And we'll be talking about that. And we're going to be taking you from a little different approach. I did a lot of research on the internet today. So I have some, some interesting questions. Okay. We have a lot of national

news to talk about tonight. The National lesbian gay Task Force kept its word Oh, and he has included transgenders in the mission statement of the ng l TF. And so we'll be talking about that. We're going to be talking about some other national news that has come up a roundtable conference of National Gay, Lesbian, Bisexual, and Transgender leaders, which took place in Washington DC, which Phyllis Frey in various members of the transgender community also attended. Very, very interesting stuff coming out of that very positive. We also have a tape that I brought with Nancy Bure Meyer, for the Human Rights Campaign. It No, we're not going to beat up on the HRC. What I've done is I've brought this because I want to use it as part of our talk tonight about coming out debt. And Jimmy may turn up and run even here now.

J

Jimmy Carper 06:41

Oh, no. Oh, no. This is National Coming Out Day. And that's kind of the way I wanted open it up by saying Hi, happy house coming out there. Yep.

S

Sarah DePalma 06:50

Well, we're gonna talk about that tonight. And what else is including Pat Robertson. Yeah, I did some internet surfing today. And we're gonna talk some about the Promise Keepers. Yeah. And they're big march in Washington, DC, they may say some send some very interesting in extremely homophobic things. Surprise,

J

Jimmy Carper 07:10

surprise. Yeah, we didn't surprise at all we talked about that on the last week. Oh,

S

Sarah DePalma 07:15

yeah. And so we'll be talking about that. In just as generally the case we just have a bunch of things to do. There's been a lot of national stuff coming down lately. And also, there's going to be a conference on hate crimes coming up in Houston, which is gonna be sponsored by the Houston gay lesbian Political Caucus. And It's Time Texas. Oh, strange bedfellows. But true. Because we're both breasts. We're both interested in the end glTF. And so we'll be talking about that. That's coming up November the fifth. I have taken D McKellar has placed teaching at the police academy on transgender issues. So we'll be discussing that. So you know, as is usually the case around here, we've got like four hours worth of stuff to do in a three hour show. And of course, it is a marathon.

08:04

It is indeed, this is the last time this year we're going to be coming to you and asking for your support your financial support for this radio station, because we are we are public publicly sponsored radio station community radio station, there are no commercials on the station. And you know,

J

Jimmy Carper 08:27

nine and a half years ago, I walked into the studio because somebody said, Hey, there's a gay radio on you should listen to it. And I had never heard of KPFT before walked into the station, and I kind of got hooked on radio without commercials. And I find myself now in my car I listened to like everyone does a varied amount of stations. Every time a station goes to a commercial I immediately push the button to another station. Yeah, I do too. And immediately because I just I just can't stand it. And then half the time I just push it to KPFT and leave it there because I never have to turn it on anything else. We really

S

Sarah DePalma 09:08

will save you money. Yeah, exactly.

J

Jimmy Carper 09:11

No commercials. Now we may have promos for other shows here. But that's that's entirely different.

S

Sarah DePalma 09:18

Yeah. And one of the things I think people forget is that there is no such thing as free radio anyway.

J

Jimmy Carper 09:23

You betcha. I was I was hearing listening to garland Ganter. This this week talking about that. And I was surprised to know that up to 20% of the things you buy 20% of the cost goes for advertising

S

Sarah DePalma 09:41

in some products is much higher. If you're talking about for example cosmetics, it's as much as 40% of the actual cost and that is for advertising.

J

Jimmy Carper 09:49

That is so so when you hear all this stuff on on other radio stations and TV, you're paying for it every time you buy that product. Yeah

S

Sarah DePalma 09:59

And let's face it, folks the tower has his gun has been raised. Yes, it has in it cost a lot of money across

J Jimmy Carper 10:07

the fortune and took a very long time. Yes, we've got the new tower, now we're up, the signal was much stronger. And as we go along, we'll be increasing the, the wattage because we had to lower the wattage, oh, I didn't know that we lowered the wattage, but it's reaching more people because it's higher. And as we go along, we'll be increasing that and we'll be we'll be reaching Austin, before we know it.

S Sarah DePalma 10:37

Your the number is 526-573-8526 KPFT. And I know you probably get tired of us coming on every three months and asking for the money and, and to be honest, sometimes we get kind of tired of doing it. The flip side of that is that I back up. One of the nice things about doing this show. And it's been very strange for me last month is I've had people coming up to me and say, you know you I've been listening to your show you gave me the courage to or I heard the show that you did and I transition because of this. There are very, very few opportunities that anyone ever gets in life to make a difference in the life of someone else. You're right. And that say that for this show. We have done that. And we're starting to hear from people have been on the air now what about three years. And I'm starting to hear from people who said I couldn't make up my mind couldn't make up my mind. And I heard your show one day and you were discussing this and this and this. And I got the courage to do it. Well, that's wonderful. But if we're going to stay on the air, if shows like this are going to stay on the air. Y'all have to support it. And sometimes you have to support monetarily. Right.

J Jimmy Carper 11:54

And we're not just talking about the transgender community. No, we're not. Because I've run into many people along the way in life, who have said, you know, I, you know, when I was a teenager I listened to after hours, I thought I was the only one. And it was like my gay world once a week. And now that you know, and so many of them now are have grown up there. They're in the in the world in society, and making a difference in the community. But by being members of like HDL PC, or their pride committee, or the game lesbian switchboard, right, and it really makes me feel proud. Well, and so

S Sarah DePalma 12:34

the point that we're trying to make here is that, yes, we're asking for your money. I mean, it's the only really way that we have to go to say, look, we need your help. We're doing a journal. And in the show, we've talked about it before. The equipment here is old. It's getting better. And notice that since it's in better repair than it has been, so your money is being put to use and unlike Pat Robertson, where you contribute money, and it makes him wealthy and you don't know where the money goes. We can tell you where the money goes here. It means we got a front door that locks it Yes, exactly. You know, that's where the money went. Yeah, that's

where the money went. It went into putting some sheetrock into our office. Yes, we have real walls now. It means the roof everywhere, it means the roof doesn't leak anymore through means we don't have a firewall, we're in the year. We have that. So it's not like we asked you for the money that we're saying to you, hey, look, kicking the money and you know, we you don't know where the money's gonna go. We'll tell you where it's going. It is for real, practical stuff. I mean, it really is all of this money is being used for the station to keep it on the air to make the conditions workable in here, Jimmy and I have done shows in here in which we've had no heat. We've done shows in which we had no air conditioning. We've had shows where we had an electrical fire. We had shows we get moved by an outgoing programmed credible stuff, different topic has nothing to do with raising money. But the point we're trying to make is to keep this station here we need your help. So it's 526-573-8526 KPFT. And

J Jimmy Carper 14:15

of course we're in the Montrose so that's the 713 area code. Now we have special premiums we have special premiums people are sitting by the can tell you about them. But we have I think Sarah wants to talk about a couple of things that we have a

S Sarah DePalma 14:29

little bit later in the show. We're going to do a review of a movie called different for girl What a great movie, which I thought was an absolutely terrific movie. Well, we have some posters we do from the movie different for girls, and let's make this affordable \$25 on plastic. We'll get you the poster. Okay, okay, we've got four of these. So the first four people would call in with \$25 on plastic, in addition to the other premiums that you would get when KPFT will We'll also get you the poster of different for girls very, very nice looking poster.

J Jimmy Carper 15:04

Oh, yeah. Rupert Everett.

S Sarah DePalma 15:06

Yep. Yeah, that's what I thought too. That's it. I thought too. So we do have premiums and but we realize you're not going to contribute to the station for bumper sticker. You know, I mean, you might, you might, you might, but doesn't

J Jimmy Carper 15:19

seem likely no, but. But if you're going to donate at all, you might want to donate a little bit more, because you might get like for \$60, a t shirt, or a mouse pad or a mug, or a KPFT CD entitled midnight funk Sampler. This KPFT CD is offered in conjunction with with other premium offers at \$90. You can get to Shi T shirts, that's a real deal. These

S

Sarah DePalma 15:47

T shirts are nice, I just saw these they look like a license plate on yes, they're really they're really good looking, I'm impressed with

J

Jimmy Carper 15:53

our CD case for \$150, you get a briefcase and for \$500, you are in the leadership circle. And the benefits for that includes newsletter and a yours gift certificate, or a subscription for a friend, Breakfast Club and tour KPFT studios special invites to events throughout the year KPFT, navy blue golf shirt, or a KPFT leadership circle watch. And many other benefits that come up throughout the year. We have a leadership circle member on after hours sitting out

S

Sarah DePalma 16:29

in the lobby waiting for your calls. In fact, as a matter of fact, that's right. One of the nice things I'll say about this station too, is is the diversity of the programming. This particular show is a good example that in addition to being the first program in the nation to have an openly transgendered co host, we've got shows involving hatch. Yes. And I think Jimmy's probably the first in the nation to do that, I think so I subscribe to a i internet newsletter for gay and lesbian programming. And I made a comment and one of the and one of the emails that I sent out that we had hatch on the program. And people will we heard back from all over the country saying that's a great idea. Maybe you ought to try that too.

J

Jimmy Carper 17:09

Well, yeah. We were also the first in the country to have bisexual co hosts,

S

Sarah DePalma 17:14

bisexuals first, I think one of the very few to have shows involving the other people in our community. Yeah. I mean, so I mean, this program is certainly worth is certainly worth supporting. But there are a lot of other shows too. So

J

Jimmy Carper 17:26

hashtags and dikes.

S

Sarah DePalma 17:29

Well, I know a few ads count. But I mean, it's you know, if you love if you listen to station, you've got the programs during the day. You've got the blue shows on Sunday. Hey, you were worth 25 bucks? I think so we are. So for the first folks first for people to call in with \$25 on

plastic. In addition to the other stuff. We'll give you the poster. Okay, from different for girls, that's cool. Well, we

J

Jimmy Carper 17:53

say you want to do some music. That number is 526-573-8526 KPFT. Now normally I play all queer music. That means music by openly gay, lesbian, bisexual or transgendered artists. Every now and then I like to play music by friends of queers. Oh, and pink is certainly a friend of queers. She is a local artist. She has always provided her music for us here. She has also done many benefits for the gay community, as many friends in the gay community. She's done a new single with Christian Andreas and who is a member of the gay community. And this is also a good song to play for Coming Out Day. It's called freak on in. It's a little on the different side, folks, but the message is there. Come out, come out. Wherever you are. You're listening to after hours on KPFT Houston and ke O 's College Station we got in by pink. Recon in Oh yeah, that's

S

Sarah DePalma 19:07

good stuff. I like that. Oh, yeah. I'm still trying to think of an even pink. You got to see that. I mean, we you know, we painted our house pink, but this is like seriously, she always wears pink.

J

Jimmy Carper 19:18

Always, always, always. And she is a big fan of Laurie Anderson. So hey, well, okay, that works. That works real well. And it works. In our studio.

S

Sarah DePalma 19:29

In our studio, we have a whole bunch of good looking guys staring at me. And I'm thinking boy, you know, this is not bad way to earn a living. No, I'm not talking about you, Roy. Well, Howdy, folks, I'm glad that we're able to get you back. Can y'all hear me okay? Yeah, yeah. Okay. Let's start by having everybody go around. And what I'd like to do is first of all, I guess we got to explain to the audience who we've got in the studio. Yes, we have a A group of very courageous guys here tonight and, and some family members as well. And we're going to be talking about female to male, trans transsexual. And as far as I can recall, Jimmy, this is the first time that we have had a group of men in studio that we can really think we can actually sit down and talk about. We've had some transgendered leaders on tape, we've had Gary Bowen on tape. We've had several other Pete guys on to James Green, James Green. That's right. But it's first time that we've been able to get people to come on and talk about it. So this is really kind of a nice thing for us. Very nice. Yeah, we've got to take advantage of this chance, what we've got it. And what I would like is for each of you to go around, give me your name. And tell us a little bit about yourself, how far along you are in the process, and just let the audience get to know who you are a little bit. And why don't we go ahead and start with you.



20:49

Hi, my name is Bob. And well, I've just begun. And the thing is, is that well, basically, I'm intersexual. And the thing is, is that I'm on hormones, and I'm just barely beginning. And and I don't know, I've just been getting a lot of hair and a lot of whatever. But pretty much I don't have much to say too much, because I'm just a beginner.



21:17

Well, you could have fooled me to fool me. Yeah.



S Sarah DePalma 21:19

Yeah, I'm sitting here thinking Darn, I thought he said he had nothing to say this is great.



21:28

Well, it's an interesting life. You know, it's very confusing, and it's interesting at the same time, but in a way, you get to see both sides of the road and you get to understand, you know, both sexes in a way, you know, you know, well, I think it makes a better person out of you, when you you know, complete your mission. You know, we have talked about ingestions done that. Yeah. Kristin, I think they probably pretty much understand what I'm talking about. Yeah,



J Jimmy Carper 21:54

we've talked about intersex people on the show before normally, well, we have with the bisexuals because the guy who heads up the bisexual. Contingent is believes himself to be intersex. He's very androgynous.



22:09

I mean, it's really all the same. I mean, if you look at we're all the same, you know, pretty much. I mean, obviously, I meet women that seem like men, and I see men that they they're straight. They seem like women. I mean, really want to be, you know, it's all in your head what you really want to be Yeah,



J Jimmy Carper 22:26

but you know, when it's in your head, then you project that, Ryan, that does make the difference, don't you think?



22:33

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...
...

I guess so.

 Sarah DePalma 22:34

Who do we have next here?

 22:36

We have Chris Chris crochet. I've been on hormones about seven years now. And I've seen Bobby I met him in my first group meeting and Galveston. Well, not my first but his first group meeting in Galveston. And he's this the first time I've seen him again since then. And he's just really like, good.

 22:57

Pretty, I pretty much looked, I look pretty much the same to me the sideburns

 23:00

maybe gain some way you can see that testosterone.

 23:08

Yeah. Okay, and who else? I'm Justin Alexander. I'm 12 years old.

 Sarah DePalma 23:17

Now you I know what you mean. But explain what you mean by that? Well,

 23:20

I'm 12 years that I've lived as Justin, and totally myself. And it's been a great journey. I've loved my life previous to this. But this has just been something more than I ever would have expected. You know, I think a lot, we all go into this knowing we've got to do something, and not really knowing exactly where that road is going to take us and how it's going to look. And then once we get going, and we're on that road, it's so much more beautiful. And fulfilling, then it said African imagine. So it's been wonderful.

 Sarah DePalma 23:54

I've said on the show before that I a transgendered man by the name of Steven Whittle from Great Britain probably had more influence on me than just about anyone that I've ever met in

the transgender community. And part of it is that His attitude was just exactly what you just said. He told us on the show, he said that he sort of felt sorry for his son in his in a way because his son would never have the great adventure that he had to get to where he was. And I just thought that was a stunning thing. And at the time, he said that, oh, that's a bunch of BS. You know, and then I started to think about it. And so you know, actually, if you look at it that way, that's a wonderful outlook on life.



24:34

Yeah, and actually, that goes to anybody. Transgender or whatnot. You know, if you can put your fears aside and just know that you need to go forth and live and try to reach for what you feel from the inside. Then it can be beautiful, you know, just need to let go of those



S Sarah DePalma 24:53

fears. Well, I'll take that philosophy and who else do we have here?



24:58

RJ?



J Jimmy Carper 24:59

Hey RJ RJ,



S Sarah DePalma 25:01

tell people a little bit about yourself? Well,



25:04

I'd say about three years into the process, but I'm about three months away from starting hormones. So, three weeks, yeah, gosh, three weeks now three months. Three weeks. It's very exciting time for me.



S Sarah DePalma 25:21

So so we have a mix of folks in there, some of whom are 12 years along, some of whom are just starting for the first time. That's interesting. Now, RJ



J Jimmy Carper 25:27

and Justin, were here last month.

S

Sarah DePalma 25:31

Okay, well, now I want to I went through the internet today. And I downloaded a whole bunch of stuff. And I had a couple of email conversations with James Green. it because I wanted to be sure that I didn't sound like a complete idiot talking. And one of the things that James Green talked about, was he talked about how hard it was, he thought it was much harder for him to say, I Yes, I'm female, but I want to become a man because he caught so much BS for it. And he caught it mostly from feminist community. Yes. So I guess that's probably a good place to start. And that is, let's start at the decision process in how people around you reacted once he started telling people,

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26:15

I think overall, it was positive. Now I was very much into the lesbian community, because at that time, it was most comfortable place to be. And I had two reactions. One was, wow, you know, I kind of feel the same way. You know, but I don't see where I want to go all the way. The other was, huh, I can date you now when you go, I'm hovering. But overall, it was more, I guess, supportive. But there were some I think that looked and went, you're selling out. So you just can't make it as a gay woman. That's what you think, you know, you need to go forth. And you know, I just believe, you know, that's about everybody. There's a spectrum of people on to me in life. And there are some that are very, you know, gay women, who maybe look as man, as a man pass as a man, but feel comfortable in their body and feel comfortable with where they're at. And they don't feel a need to take that extra step. And that's wonderful. If they feel that way, on our part, I think there's just that, that extra need to go forward. Even, you know, a little bit further. And, you know, it's just, it's just where we're at along the spectrum in life. And we have to be supportive. You know, what our decision means nothing towards someone else's. It's a very individual decision. Well,

S

Sarah DePalma 27:37

that's true, but one of the things he was talking about, and he said he caught a lot of stuff from the women who said, Well, you guys are just doing this because you want this male privilege stuff. And if y'all get that,

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27:50

who said that? James Green said that he

S

Sarah DePalma 27:53

caught a lot that he said that when he started out that he caught a lot of flack from the feminist community. And they were saying to you all you got you're just gonna become guys because you want the male privilege stuff.



28:04

Well, it had absolutely nothing to do with my decision.



S Sarah DePalma 28:09

What what did what did cause the decision then? What led to it?



28:12

My decision? Anybody's Yeah, well, well, I've always known when I've, when I was whatever, you know, and I guess I've just been having sexual desires. And, you know, noticing something down there pretty big. And I, you know, I wanted to get bigger so I kept up before and I just felt like, I needed.



S Sarah DePalma 28:40

Gotta say that was honest. Yeah.



28:47

Follow that.



S Sarah DePalma 28:50

I was just thinking, Where do we go from here?



28:54

I think on my point, when I finally made the decision, I was actually okay, even though I always felt like a guy and got to the point where, okay, you're not, I was actually okay, being a unique girl. But it got to the point of after 18 When there's in society even make a step to become a woman or a man. And I felt so much in limbo, I knew I couldn't become a woman. And at that point, it was like, well, it would spin Okay, up into this point. And now I need to make another step and go forward and had nothing to do about male privilege. Actually, that was just a surprise. I'm like, This is great.



S Sarah DePalma 29:34

One of the things James Green also pointed out he said that what happens is once guys get the new privileges, they often don't know what to do with it. Because they're not socialized as guys

and they don't understand the kind of games that guys are playing and I don't mean football stuff. I'm talking about the sort of little power games and in male masculine kind of stuff that goes on.



29:52

But who wants those anyway? Baba Yeah.



29:59

Hey, Yama. Butch man. And I'm gonna get big. They want to know.



Sarah DePalma 30:08

But he was very he was very open and talking about that he said that that was actually a real problem. He said that, especially when he first started socializing with the guys that he didn't understand a lot of what was going on, because he wasn't brought up with that kind of mentality, or a lot of times he couldn't follow what the social interaction really was.



30:24

Yeah, that's true, I found that to be something that I saw is very alien. And here again, coming from the other side, I didn't want to really be part of it. Because I felt as being a girl, having guys treat me a certain way that I did not appreciate. And as a guy, I by far was not going to treat a woman that way.



Sarah DePalma 30:51

You know that. That's, I'm glad to hear you say that, because it's something that I've set for a long time. And that is, I think that the non transgendered people have acted for lack of a better way to put it could learn a lot from us. One of the things that I discovered, when I made my transition is I began to understand what it was women were complaining about. You know, it sounds very strange. But, you know, I've often talked about how I was sitting to business meeting, and once my opinion counted, now, it was like, Oh, well, that's nice. Now let's talk to the guys and see what they think, you know, and that took some getting used to is that there was a loss of status kind of, and it took me awhile to figure that out. And I do think people could learn a lot from us about how to treat one another because having lived on the other side of the fence, we discovered a lot of what they do is just BS.



31:44

Yeah. And it's kind of like getting past that. Okay, now we don't have to play these games. Yeah, you know, so let's get to what's real really real. And get on with it. You know, instead of dancing around each other.



32:00

Your situation was very different from mine. You know, I guess you know more about the woman said to me, because you had like, but you know, you dated some guys are really, you know, ASOS. Okay, dating some guys. And pretty much. I was the so you know, it was pretty funny. Because they couldn't, you know, I understood what they were thinking, and how they were going to, you know, what was going through their head? And I'm like, I was like, yeah, right, you know, and I, you know, I treated them, like, crap. You know, I knew what they were thinking, what they wanted to say to me and all this other bullshit. But another thing is also, some of the guys that I did, they were nice, you know? And, you know, oh, sorry. They were nice. And, you know, it's kind of sad that, you know, too bad. I wasn't, you know, for them. But, you know, hey, you know, I bet some real women wish they had some guys like that. Met some guys like that.



J Jimmy Carper 33:07

Is this a phase that maybe everybody goes through? I



33:10

guess it was the



33:13

onset of the hormones and you start changing and changes the way you think, you know, which is a really interesting thing. Because no, seriously, because really, no, your thinking wasn't geared in such an aggressive direction, then all of a sudden it is and you've got to learn how to deal with that and, and find a balance there. You know, so it is again, it's just a



S Sarah DePalma 33:32

it's tougher for the guys, because testosterone is such a powerful, powerful hormone. Ya know what I mean? The the women will tell you that estrogen or the wherever hormones they take, have an effect on them, but it's the opposite of the guys. It tends to make us a lot less aggressive. And I know for a while I got real weepy. I mean, you could say good morning. To me, it was like



34:04

it might be a little bit aggressive here. I went up just a little bit. I'm really gotten a little bit aggressive. Before when she first met this beauty queen over here,

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Glenn Holt 34:21

I just got a good case of roid rage going there. Well, you know, something I'd like to know is, you know, every every guy when he goes through puberty, when he's 12 or 13, or these days, eight. Your body goes through changes from becoming androgynous to becoming a man. But now what is that experience? Like when you do it when you're in your 20s or 30s? Actually,

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34:47

it's me it was better that I'd gone through a puberty before because you understand more, you know, 1213 You don't know what's going on. You have adults telling you this is what's going on but you don't really He, at least this now we know, okay, I understand these feelings, and it's almost the way you can enjoy it more, you know, you can enjoy this new exciting feeling coming over you, you know and not be scared of it, you know not know what's you know where it's going and not

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Glenn Holt 35:16

be scared of losing the hair on top of your head and having a pop out all over everywhere?

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35:20

Well, that's where you know, I am. Well, that's, you know, you deal with that too. Like, I started losing my hair when I was 24. And, you know, I had a lot of people I even went to my class reunions and stuff, people in that how is that possible? Well, you know, takes out your genetic, you have a genetic makeup in the hormones, you know, you get it, the male characters come out, and they're like, Well, how do you deal with it? Now, my side of boys would rather be bald than have breasts. And it's a very manly thing. And it's you just deal with it, you know? But it's kind of fun to, you know, hear again, it's just our bodies, right? You know, and we're all going to age and things are going to change. But at least now it's going in the way that we

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Sarah DePalma 36:13

all manage Jimmy here.

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36:15

Well, the main thing is being happy, as long as you're happy within yourself. That's all that matters. But it is a good

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Sarah DePalma 36:21

question because I tell people that I'm 45 going on 16. And that's because I didn't get the socialization as a little girl growing up. And so I am still in many ways, still learning the ways of women's so to speak. And this is going to sound very strange but actually I've learned more

WOMEN'S SO TO SPEAK. AND THIS IS GOING TO SOUND VERY STRANGE, BUT ACTUALLY, I'VE LEARNED MORE about being a woman by listening in the restroom than I am anywhere else. Because women talk to one another in the restroom and they say things to one another guys, you guys don't talk and restrooms but women do. And some of the things they say I'm not going to repeat here on the air. But I but I have learned a lot actually, from listening to the way that they talk about one another. And the way they talk about other women and the way that they talk about guys. And I've actually learned a lot about their thinking processes and in some occasionally is probably saved me from saying something really stupid. Okay, but it is true that the socialization process is not there. And it's one of the reasons I think you see a lot of transsexuals especially the women are early in transition look overdone, you know, way too much makeup. Or or I mean, they're they're not passable at all. And it's because they don't know where they're supposed to be yet. They don't know. You know, it's an early it's like being 13. You know, you're playing with the makeup and you're trying to find, and sometimes you don't look as well as you should. And it is a learning process. And I get asked that question in classes sometimes about Well, I see some of these people and they look like they're stereotyped when is that going to stop? When they learn when they learn? Because but they really are until they're 30 going on 14? In many cases.



38:01

Yeah, they're like teenagers putting on a lot of makeup. It's just the beginning, you know, beginning process. My sister used to do that. She used to wear a lot of makeup. Now she's calmed down. I think it's just, you know, you're starting to use makeup and you just want to be, you know, wearing a lot of it and doing all different things. I think it's just the beginning. That's what about



Sarah DePalma 38:18

the beginning process for guys? I know what it's like going this way. Now. I mean, and I know what the experimental process of like learning how to dress and all this kind of stuff. But what about for the guys because it seems to me the socialization process must be must be a lot harder. Well,



38:35

well, actually, the the part that struck me there was learning how to dress I don't feel I've ever dressed any different. I think for women for female transgenders, it's, it's a bit different because you can't, as a man walk down the street wearing a dress without being really looked at a girl, you know, hey, wearing jeans and a T shirt, that's so much more accepted. You know, so there's really not that part. That's not as much of an issue. And, and going back to, as far as the makeup and the beginning. That's also just learning to find a balance, like with the onset of hormones and aggression and all those feelings. It's just learning to find a balance.



Sarah DePalma 39:13

Not an RJ you're you're at the start of the plot. You're at the start of the process. What sort of things do you what do you anticipate happening? I think he can only go up hill. Better.

G

Glenn Holt 39:27

Well, let me ask you a really stupid question, then do you anticipate standing at a urinal talking to the guys in the office?

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39:34

That'd be pretty amazing. If you can show me somebody who can do it, I'm willing

s

Sarah DePalma 39:42

to surgical problems but guys, oh, surgery for guys is really not very good. And we're going to talk about that in a little bit that a lot of the surgeries guys go through. I think it's just downright barbaric. But it's but it's the nature of the process, unfortunately.

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39:53

But it's not really that. I mean, it's not about being able to stand up and go to the bathroom. You know,

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Sarah DePalma 39:59

yeah. Yeah, it's about you, that's for sure.

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40:04

It's about being able to have people see me as I see myself, you know, not having to act a certain way because I feel like that's what people expect. That's what the whole that's what made me make my decision. I mean, I spend my whole life playing a role. You know, this is what this person wanted to see this person wanted to see this. So I did it and I could do it very well, I think. But now I've told everybody you know, I've got to be who I want to be. And this is it.

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Sarah DePalma 40:32

Okay, now you're gonna be starting with testosterone soon. What did they told what what are the doctors told you to expect? What kind of what? I'll let me really read backtrack a little bit before I started my hormones. I knew a lot of other transsexuals. So I was able to sit down with them and say, Okay, what did the hormones do to you? What should I expect? And so I was warned in advance about the weepy stuff and the leg cramps and all the other stuff that came with starting the hormones. What did they told you? What do you expect?



41:00

The doctor hasn't really told me anything and hanging around these two. I can already tell I'm gonna grow hair on my face and lose what's up here?



41:13

Um, my God, I'm not



41:17

I think mainly with our hormones. What they had told us is for one thing, you're gonna get frisky



41:31

and an acne. I know this the, the puberty this time was much more intense. You know, it was very heavy acne. You bloat a little bit. And then things start to shift. You know the shoulders why and a little bit the hips. It's almost like the layer. You have a layer of fabric women usually have a second layer. Second layer. Yeah, yeah. And that starts to go away. And so there's interesting things that come up, literally



Sarah DePalma 42:05

without the reason I'm asking, I'm asking you this is because I've talked to so I talked to some of the guys Dr. Cole's last time. And they were telling me some of the trouble they had adjusting to the testosterone and one of them was they found that they really had a tough time with a tempers for a while. They had a tough time pulling it in.



42:23

I think that might be why I don't know, I might be just totally different. But I think it's more individual. I personally felt actually more of an even keel. Because I wasn't going up. I wasn't having a period. You know, usually, you know you have that week or so where you feel more emotional. Yeah, I actually felt more even tempered. I also was working at the time, so any more aggression that I had, I had an outlet for it. I had a focus of putting this extra energy into something to me that was productive, you know, working in the same direction that the hormones were doing with my body everything. And that's what I would suggest to do really for the guys is to take that opportunity and really work towards that doesn't mean you have to go in the gym every day. But utilize it you can have this extra energy.



G Glenn Holt 43:16

Interesting. Your testosterone also promotes almost an unreal sense of well being, which is why teenage boys seem to feel like they're indestructible. Yeah, see now